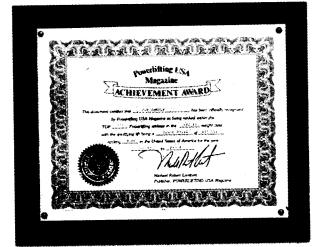


TOP 100

For 275 lb./125 kg. USA lifters competing in results received from March 1995 through February 1996.

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP SHWS

Corrections... Patrick Murphy's 600 SQ and 1530 Total were not reflected on the TOP 100 181 lb. class listing. Rachel Mathias' 308 BP at 132 was not on the All Time Men/Women TOP 25 listing. Dave Chevalier's 470 BP at 220 was not on the Masters TOP 20. Brad Johnson's (148) squat at the IPA Seniors was 550, rather than 500. Joe Marino's 661 DL at 220 was not indicated on the TOP 100 list. Elaine McClurg's 250 BP at SHW was not on the Women's TOP 20. Rickey Crain is a Master lifter, however, his recent lifting was not reflected on the Masters TOP 20 as he has not been competing in the Masters division. In our IPF Worlds write-up (Jan/96 PL USA) we referred to Peter Theuser as being from Czechoslovakia - he is from the Czech Republic. Jason Stuckey's 455 SQ and 1110 T at 148 were not included on the Teenage TOP 20 listing. Jamie Isbell's lifts of 639 347 556 1592 at 242 were not on the Teenage TOP 20 list. Ernest Paucillo's 606 squat at 198 was not noted on the Masters TOP 20 ranking. Aaron DiPrima's 400 bench at 275 was not on the Teenage TOP 20 list. Mark Hunsberger's 460 BP at 242 was not on the Masters TOP 20. R. Coyer's lifts should not have been reflected on the Women's TOP 20 SHW ranking. Sonny Szotak's 665 deadlift and 1710 total were not on the TOP 100 220 lb. list or the Masters TOP 20. Bernard Schwartz's 479 DL at 148 should have been on the Masters TOP 20. More corrections next month.

SQUAT

- 1 1003 Karwowski, K. 7/23/95
- 2 960 Lowe, G. 11/11/95
- 3 948 Warman, S. 10/29/95
- 4 859 Lutu, M. 4/28/95
- 5 854 Hatfield, P. 7/16/95
- 6 850 Reeves, M. 3/26/95
- 7 848 Kolberer, R. 2/4/96
- 8 837 Siegler, M. 7/16/95
- 9 832 Leaito, T. 7/16/95
- 10 832 Grove, 10/28/95
- 11 815 Reeves, J. 3/26/95
- 12 815 Bailey, D. 6/4/95
- 13 805 Cunningham, C. 7/8/95
- 14 804 Springer, P. 4/1/95
- 15 804 DeAnda, J. 6/4/95
- 16 804 Clark, G. 7/16/95
- 17 804 Meek, B. 10/28/95
- 18 800 Rodenburg, S. 2/24/96
- 19 800 Barkman, M. 3/25/95
- 20 800 Coates, R. 4/20/95
- 21 800 Baxter, C. 10/14/95
- 22 782 Gillespie, 7/16/95
- 23 782 Tewksbury, 10/22/95
- 24 775 Mount, S. 10/14/95
- 25 771 Guidish, G. 3/12/95
- 26 771 Surell, E. 6/24/95
- 27 760 Donohue, 12/2/95
- 28 759 Machin, C. 12/10/95
- 29 755 Calfo, A. 3/25/95
- 30 755 Lee, B. 3/25/95
- 31 755 Best, N. 3/26/95
- 32 755 Bonner, T. 7/16/95
- 33 755 Babb, M. 10/28/95
- 34 750 Wheatley, J. 2/11/96
- 35 750 Anderson, M. 2/18/96
- 36 750 Johnston, R. 3/25/95
- 37 750 Ortiz, K. 5/20/95
- 38 744 Gordon, G. 7/16/95
- 39 744 Sargent, H. 9/17/95
- 40 740 Ebner, R. 2/18/96
- 41 740 McKinstry, 3/11/95
- 42 740 Roberts, E. 9/30/95
- 43 740 Palermo, P. 9/30/95
- 44 738 Washington, B. 3/19/95
- 45 738 Pete, A. 8/27/95
- 46 737 Cochran, M. 12/10/95
- 47 735 Damron, D. 4/22/95
- 48 733 Labare, A. 7/16/95
- 49 733 Goldman, M. 2/4/96
- 50 730 Wagner, G. 3/18/95
- 51 727 Davis, W. 3/19/95
- 52 727 McCandless, D. 10/28/95
- 53 727 Radziwon, R. 11/5/95
- 54 725 Davis, 3/25/95
- 55 722 Silverstein, B. 2/4/96
- 56 722 Coener, E. 4/1/95
- 57 722 Raynor, J. 4/9/95
- 58 720 Callahan, G. 12/2/95
- 59 716 Goodson, R. 3/26/95
- 60 715 Harrier, 4/2/95
- 61 710 Rankin, P. 4/1/95
- 62 710 Bell, 4/23/95
- 63 710 Foeler, K. 7/16/95
- 64 710 Scott, T. 10/14/95
- 65 710 Anderson, P. 10/15/95
- 66 710 Cook, A. 10/22/95
- 67 710 King, 12/2/95
- 68 707 Sanderson, M. 5/14/95
- 69 705 Koehrsen, C. 3/12/95
- 70 705 Farmer, 4/23/95
- 71 705 Stout, 5/28/95
- 72 705 Madkins, L. 7/16/95
- 73 705 Brooks, T. 7/16/95
- 74 705 Vale, A. 7/23/95
- 75 705 Tarras, 8/13/95
- 76 705 Thornton, D. 10/22/95
- 77 705 Rittger, W. 10/28/95
- 78 705 Ellis, 11/5/95
- 79 705 Mathes, 11/5/95
- 80 705 Bates, P. 12/10/95
- 81 705 Shaffer, D. 2/4/96
- 82 705 Seager, J. 2/11/96
- 83 702 Dogg, J. 10/14/95
- 84 701 Wagner, B. 5/14/95
- 85 700 Neal, M. 9/23/95
- 86 700 Johnson, 10/95
- 87 700 DiBlase, 10/95
- 88 699 Clark, M. 12/10/95
- 89 694 Stoughton, S. 7/16/95
- 90 694 Hammes, 11/26/95
- 91 685 Kuneki, 8/6/95
- 92 683 Halbert, G. 7/16/95
- 93 680 Chambers, 3/11/95
- 94 680 Holt, S. 11/5/95
- 95 680 Antczak, S. 11/11/95
- 96 675 Minter, 3/11/95
- 97 675 Buchholz, A. 4/30/95
- 98 675 McDaniel, C. 12/2/95
- 99 675 Stead, R. 12/10/95
- 100 672 Mimmough, B. 4/1/95

BENCH PRESS

- 1 727 Patterson, K. 11/11/95
- 2 711 Isaac, T. 9/9/95
- 3 672 Halbert, G. 7/16/95
- 4 670 Blakey, J. M. 9/16/95
- 5 625 Nichols, D. 9/23/95
- 6 617 Pierce, J. 7/16/95
- 7 601 Lute, T. 9/9/95
- 8 600 Ortiz, K. 5/20/95
- 9 600 Leaito, T. 7/16/95
- 10 600 Siegler, M. 3/5/95
- 585 Barkman, M. 3/25/95
- 573 Springer, P. 4/1/95
- 573 Horosma, M. 11/4/95
- 573 Whittemire, R. 11/19/95
- 573 Josa, 12/2/95
- 570 Miller, D. 3/12/95
- 565 Lazzareschi, G. 7/23/95
- 560 Nieports, R. 12/2/95
- 560 Tancil, J. 11/18/95
- 560 Barco, D. 11/19/95
- 556 Harris, C. 3/5/95
- 556 Karwowski, K. 7/23/95
- 555 Calfo, A. 3/25/95
- 555 Bellino, J. 4/22/95
- 555 Sylvia, J. 7/29/95
- 555 Ellis, 2/10/96
- 551 Raynor, J. 4/9/95
- 551 Gillespie, 4/16/95
- 551 Gomez, A. 12/2/95
- 551 Martinez, C. 12/2/95
- 550 Brown, P. 4/8/95
- 550 Ota, M. 6/26/95
- 550 Reagan, B. 11/18/95
- 550 Aman, W. 12/3/95
- 545 McDonald, S. 4/29/95
- 540 Coates, R. 4/30/95
- 540 Madkins, L. 7/16/95
- 540 Reeves, M. 8/27/95
- 540 Clark, A. 9/17/95
- 540 Searc, T. 10/21/95
- 540 Williamson, D. 11/8/95
- 535 Lee, G. 3/11/95
- 535 Lademan, R. 3/25/95
- 535 Taylor, L. 6/95
- 535 Spycaynski, A. 7/29/95
- 534 Mallerd, D. 10/22/95
- 534 Harris, P. 7/15/95
- 530 Burnett, D. 10/14/95
- 530 Rabon, C. 10/21/95
- 529 Pecoreara, F. 5/28/95
- 529 Hatfield, P. 7/16/95
- 529 Johnson, K. 7/16/95
- 529 Johnson, K. 10/29/95
- 525 McCowan, S. 4/22/95
- 525 Vok, M. 10/7/95
- 525 Klezmer, J. 11/18/95
- 525 Nielsen, D. 1/20/96
- 525 Moorman, J. 2/10/96
- 523 Bullard, J. 4/22/95
- 523 Warman, S. 7/16/95
- 523 Felten, S. 9/3/95
- 523 Lucci, A. 10/29/95
- 523 Ryder, 11/26/95
- 518 Dini, F. 6/24/95
- 518 Rodenburg, S. 2/24/96
- 515 Bonner, T. 3/18/95
- 515 Stimson, T. 12/3/95
- 512 Amacher, T. 5/7/95
- 512 McCandless, D. 6/4/95
- 512 Best, N. 7/16/95
- 510 Pepper, M. 6/95
- 507 Gordon, G. 7/16/95
- 507 Toive, D. 10/28/95
- 507 Mount, S. 10/14/95
- 505 Reeves, J. 3/26/95
- 505 Carpenter, S. 4/29/95
- 505 Jesorjo, F. 7/11/95
- 505 Koczmer, J. 7/22/95
- 505 Vest, 11/4/95
- 505 McDaniel, C. 12/2/95
- 505 Taylor, K. 1/21/96
- 503 Thomason, 8/13/95
- 501 Burns, T. 3/19/95
- 501 Farmer, 4/23/95
- 501 Lutu, M. 4/28/95
- 501 Clark, G. 7/16/95
- 501 Buckley, W. 7/16/95
- 501 Pete, A. 8/27/95
- 501 Scott, R. 10/29/95
- 501 Tolbert, 10/29/95
- 501 Nichols, B. 11/11/95
- 501 Katz, M. 12/2/95
- 500 Mantella, A. 3/11/95
- 500 Fernandes, J. 3/25/95
- 500 Wojczyk, G. 4/8/95
- 500 Jones, R. 7/29/95
- 500 Rosenrater, M. 7/29/95
- 500 Ziokowski, S. 8/19/95
- 500 Neal, M. 9/23/95
- 500 Scott, T. 10/14/95

DEADLIFT

- 1 815 Barno, D. 11/19/95
- 2 804 Warman, S. 7/16/95
- 3 782 Springer, P. 4/1/95
- 4 775 Wheatley, J. 9/23/95
- 5 771 Koehrsen, C. 3/12/95
- 6 760 Brown, K. 8/19/95
- 7 755 Herahberger, Mmm6/11/95
- 8 755 Labare, A. 10/7/95
- 9 755 Grove, 10/28/95
- 10 750 Barkman, M. 3/25/95
- 750 Johnson, 10/95
- 744 Karwowski, K. 7/23/95
- 735 Reeves, J. 3/26/95
- 733 Ryder, 11/26/95
- 730 Reeves, M. 3/26/95
- 730 Green, J. 1/13/96
- 727 Smith, C. 4/16/95
- 727 Lutu, M. 4/28/95
- 725 Gillingham, K. 2/25/96
- 722 Madkins, L. 7/16/95
- 720 Siegler, M. 3/5/95
- 720 Oburn, R. 10/22/95
- 720 Lightbourne, D. 11/5/95
- 716 Gillespie, 4/16/95
- 716 Leaito, T. 10/29/95
- 715 Ortiz, K. 5/20/95
- 710 Perdono, 7/30/95
- 710 Sargent, H. 8/12/95
- 705 Leonard, P. 4/22/95
- 705 Farmer, 4/23/95
- 705 Loggins, C. 6/24/95
- 705 Clark, G. 7/16/95
- 705 Riley, 7/21/95
- 705 Scott, T. 10/14/95
- 705 Rittger, W. 10/28/95
- 705 Ellis, 11/5/95
- 705 Goldman, M. 2/4/96
- 705 Tewksbury, 2/11/96
- 704 Gisondi, P. 12/10/95
- 700 Aurandt, S. 4/2/95
- 700 Coates, R. 4/30/95
- 700 Spurgeon, S. 5/27/95
- 700 Larkins, P. 6/11/95
- 700 Wagner, B. 7/15/95
- 700 Lowe, 11/11/95
- 700 Becks, 12/2/95
- 700 Maldonado, D. 2/10/96
- 699 Wilson, 12/2/95
- 696 Meek, B. 6/4/95
- 694 Babb, M. 10/28/95
- 688 Moretti, R. 8/27/95
- 688 King, 12/2/95
- 685 Sewell, W. 4/16/95
- 685 Pectol, 1/13/96
- 685 Anderson, M. 2/18/96
- 685 Frounfelter, G. 2/25/96
- 683 Carpenter, P. 3/18/95
- 683 Wagner, B. 5/14/95
- 683 Best, B. 7/16/95
- 680 McKinstry, 3/11/95
- 680 Bott, J. 10/8/95
- 680 James, L. 2/10/96
- 677 Bailey, D. 6/4/95
- 677 Bowie, D. 12/2/95
- 677 Rodenburg, S. 2/24/96
- 675 Pressley, C. 5/6/95
- 675 Roberts, E. 9/30/95
- 675 Pott, 11/4/95
- 672 Denison, S. 4/22/95
- 672 Adams, 5/28/95
- 672 Kolberer, R. 2/4/96
- 670 Damron, D. 4/22/95
- 670 Milan, C. 4/22/95
- 670 Antczak, S. 11/11/95
- 670 Ebner, R. 2/18/96
- 666 Campbell, P. 6/3/95
- 666 Jackson, M. 9/30/95
- 665 Coan, J. 2/3/96
- 665 Reagan, B. 2/10/96
- 661 Stout, 5/28/95
- 661 Hatfield, P. 7/16/95
- 661 Byers, 12/10/95
- 660 Baxter, C. 10/14/95
- 660 Machin, C. 12/10/95
- 660 Weiss, J. 2/18/96
- 656 Pisanzi, R. 8/27/95
- 655 Washington, B. 3/19/95
- 655 McRitchie, S. 4/22/95
- 655 Brennan, M. 5/28/95
- 655 Bonner, T. 7/16/95
- 655 Gordon, G. 7/16/95
- 655 Stoughton, S. 7/16/95
- 650 Chambers, 3/11/95
- 650 Palermo, P. 3/18/95
- 650 Kuznytski, J. 4/1/95
- 650 O'Hearn, M. 4/22/95
- 650 Williams, 5/27/95
- 650 Peal, T. 8/28/95
- 650 Brooks, J. 6/10/95
- 650 Brooks, T. 6/3/95

TOTAL

- 2303 Karwowski, K. 7/23/95
- 2270 Warman, S. 7/16/95
- 2160 Springer, P. 4/1/95
- 2143 Siegler, M. 7/16/95
- 2135 Barkman, M. 3/25/95
- 2110 Lowe, 11/11/95
- 2105 Leaito, T. 7/16/95
- 2100 Reeves, M. 3/26/95
- 2088 Lutu, M. 4/28/95
- 2066 Grove, 10/28/95
- 2065 Ortiz, K. 5/20/95
- 2055 Kolberer, R. 2/4/96
- 2044 Hatfield, P. 7/16/95
- 2025 Coates, R. 4/30/95
- 2022 Gillespie, 4/16/95
- 2015 Reeves, J. 3/26/95
- 2006 Clark, G. 7/16/95
- 2000 Rodenburg, S. 2/24/96
- 1990 Wheatley, J. 2/11/96
- 1978 Labare, A. 7/16/95
- 1969 Meet, B. 6/4/95
- 1967 Madkins, L. 7/16/95
- 1945 Koehrsen, C. 1/20/96
- 1930 Baxter, C. 10/14/95
- 1929 Halbert, G. 7/16/95
- 1929 Ellis, 11/5/95
- 1923 Bonner, T. 7/16/95
- 1923 Goldman, M. 2/4/96
- 1915 Scott, T. 10/14/95
- 1912 Raynor, J. 4/9/95
- 1912 Farmer, 4/23/95
- 1906 Bailey, D. 6/4/95
- 1906 Gordon, G. 7/16/95
- 1906 Tewksbury, 10/22/95
- 1901 Best, N. 3/26/95
- 1901 Ryder, 11/26/95
- 1900 Cunningham, C. 7/8/95
- 1895 McKinstry, 3/11/95
- 1890 Calfo, A. 3/25/95
- 1885 Damron, D. 4/22/95
- 1880 Mount, S. 10/14/95
- 1879 Babb, M. 10/28/95
- 1865 Machin, C. 12/10/95
- 1865 Anderson, M. 2/18/96
- 1862 McCandless, D. 6/4/95
- 1862 Rittger, W. 10/28/95
- 1860 Johnson, 10/95
- 1860 Ebner, R. 2/18/96
- 1852 Lee, B. 3/25/95
- 1846 Pete, A. 8/27/95
- 1840 Sargent, H. 9/17/95
- 1835 Wagner, B. 5/14/95
- 1830 Donohue, 12/2/95
- 1829 DeAnda, J. 6/4/95
- 1825 Gillingham, K. 2/25/96
- 1824 Washington, B. 3/19/95
- 1824 Wilson, 12/2/95
- 1815 Perdono, 7/30/95
- 1815 Roberts, E. 9/10/95
- 1810 Patterson, K. 4/22/95
- 1810 Neal, M. 9/23/95
- 1810 Goodson, R. 9/30/95
- 1807 Denison, S. 4/22/95
- 1807 Brooks, T. 7/16/95
- 1802 Loggins, C. 6/24/95
- 1802 Radziwon, R. 11/5/95
- 1801 Tarras, 2/11/96
- 1800 McDaniel, C. 12/2/95
- 1795 Holt, S. 11/5/95
- 1791 Stoughton, S. 7/16/95
- 1790 Shaffer, D. 3/5/95
- 1788 Gisondi, P. 12/10/95
- 1780 Chambers, 3/11/95
- 1780 Wagner, G. 3/18/95
- 1780 Leonard, P. 4/22/95
- 1780 Cook, C. 10/22/95
- 1775 Palermo, P. 3/18/95
- 1775 Callahan, G. 12/2/95
- 1770 Milan, C. 4/22/95
- 1769 Davis, W. 3/19/95
- 1769 Cochran, M. 9/17/95
- 1768 Hammes, 11/26/95
- 1766 Clark, M. 12/10/95
- 1758 Foeler, K. 7/16/95
- 1758 Anderson, P. 10/15/95
- 1758 King, 12/2/95
- 1755 Addison, N. 9/30/95
- 1755 Pott, 11/4/95
- 1752 Rankin, P. 4/1/95
- 1752 O'Hearn, M. 4/22/95
- 1750 Oburn, R. 10/22/95
- 1747 Coener, E. 4/1/95
- 1747 Stout, 5/28/95
- 1747 Young, C. 11/12/95
- 1745 Coan, J. 2/3/96
- 1745 Helmer, B. 2/18/96
- 1730 Fletcher, B. 10/14/95
- 1730 James, L. 10/15/95
- 1730 Phillips, M. 11/11/95
- 1725 Vale, A. 3/26/95