

June 3rd 2010



Letter from Greg

Good morning Elite competitors,

Its already that time of year again!!! A few of you have already gotten off to a rockin start in 2010! With that said I need to confirm and make assessments on upcoming contest dates for all of you with intentions on competing this year. Please make your appointments to come in for evaluations, programs and nutrition design. Upon our confirmation of prep time and location Elite editor and coach Josie Langton will post your perspective contest dates. Ladies please remember it's your responsibility to make sure your evals and assessments are done in a timely fashion. Those of you on the South coast of Alabama/Georgia and Northern end of Florida please confirm check in dates with Josie. These appointments are on an hourly basis and will need to be satisfied accordingly. **Thank you girls for all of your efforts into making Elite fitness and figure a success now and in the future!**

Greg Hasberry

