

**Laser Light Skin Clinic**  
**Patient Consent – Elōs™/Soprano® Hair Removal/Reduction**

**Note:** This consent form may contain words that you do not understand. Please ask the staff of Laser Light Skin Clinic to explain any words or information that you do not clearly understand.

For many people, dealing with unwanted hair is a daily struggle. If the body produces too much of the male hormone known as androgen, unwanted hair may increase with time. Additionally, many people experience troublesome ingrown hairs as a result of shaving, waxing, or improper hair growth, which may cause discomfort, infections, and self-consciousness. Other common causes of unwanted hair include poly-cystic ovarian syndrome, hormone conditions, and hirsutism (the excessive hairiness on women on parts of the body where large amounts of hair do not typically grow). Most unwanted hair grows on the face, armpits, bikini line, legs, and forearms. A number of medical and non-medical alternatives and techniques are available to decrease the amount of unwanted hair on the body. The objective of those treatments is to remove the hair on the skin's surface to provide a smoother look and feel. There is, however, a limit to how much hair you can reduce on the surface of the skin alone. For some people, laser treatments may produce more long-term and desirable results.

Elōs, and Soprano hair removal/reduction treatments are used to remove unwanted hair from the body. These treatments involve the use of low-energy radio frequencies and light in the form of a laser to target hairs on specific parts of the skin, passing through non-absorbing tissue to remove hair at the root of the hair follicle. These treatments damage the hair follicle and shut off the follicle's ability to grow hair. Before any treatment, we encourage you to review information contained in pamphlets and materials that are available; review information that is available on the Internet; ask questions of Laser Light Skin Clinic physicians and medical personnel; or obtain information from other sources.

Laser hair removal/reduction treatments carry risks. Most are minor and temporary, but more serious complications can occur. The most common complications are swelling and redness. Laser hair removal/reduction may darken or lighten the affected skin. Although rare, laser hair removal/reduction treatments may cause blistering, crusting, scarring, or other changes to the skin's texture.

Cosmetic treatments, including hair removal/reduction treatments, are not an exact science. Results of hair removal/reduction treatments vary greatly from person to person. Patients with darker skin may not respond well due to inadequate discrepancies between the skin and hair colors. Blonde or grey/white hair is less responsive to laser hair removal/reduction treatments due to the lack of ample pigment in the hair. Multiple treatments can prolong the duration of hair loss, but hair regrowth is still possible. For best results, you may need eight to twelve treatments spaced a number of weeks apart. You may also need additional, periodic maintenance treatments.

Other alternatives for hair removal/reduction treatments may be available and, in some cases, preferable. Non-medical alternatives include shaving, waxing, plucking, and using at-home hair removal creams or bleaching kits. Medical alternatives include prescriptive hair removal medications, electrolysis (use of an electric current applied to the skin with a fine needle to destroy the hair root), and other light or laser hair removal/reduction treatments. These alternative treatments may improve appearance by removing unwanted hair to give the skin a sleeker texture. Risks include skin irritation, bruising, blistering, discoloration, and swelling.

This description of risks, concerns, alternatives, and treatment results is not intended to be inclusive of all possible risks associated with hair removal/reduction treatments. There are both known and unknown side effects associated with any medication or treatment.

If you are pregnant or if you become pregnant prior to the laser hair removal/reduction treatment, please notify your physician before a treatment occurs. You should not have laser hair removal/reduction treatments if you are pregnant. Additionally, you should not have laser hair removal/reduction treatments if you use medications to prohibit exposure to light or if you suffer from diabetes. Laser hair removal/reduction treatments are not recommended for the eyelid or surrounding area due to the possibility of a severe eye injury.

Laser Light Skin Clinic does not guarantee the results of any treatment. You may not be satisfied with the results.

**Patient Acknowledgment and Consent**

I have read the information set forth above regarding my proposed hair removal/reduction treatment, and I have had the opportunity to ask questions of the staff of Laser Light Skin Clinic regarding my proposed treatment and to receive answers that are satisfactory to me. I consent to the treatment, as well as any related treatments that my physician considers necessary and appropriate in connection with the hair removal/reduction treatment. I accept the uncertainties, risks, and limitations of this treatment.

\_\_\_\_ I agree to accept full financial responsibility and pay the charges for the hair removal/reduction treatment and course of treatment.

\_\_\_\_ I understand it will take several treatments (minimum of 8-12 usually) to catch the hair in all its growth cycles. Once acceptable results are achieved I may need treatment for maintenance. Some people will require additional sessions beyond the norm to achieve optimum results.

\_\_\_\_ I understand that coarseness, past hair removal techniques, sex, skin color, and location of hair will determine outcome. Finer and/or lighter hair will have a less immediate response; gray hair is very difficult to remove, while darker and coarser hair may respond sooner.

\_\_\_\_ I understand there are possible reactions to treatment including slight discomfort, blistering, redness, swelling, bruising, scarring, pigmentation changes (light or dark), alteration or removal of tattoos.

\_\_\_\_ I understand that most common reactions are redness and swelling which can last from 30 minutes to a few days.

\_\_\_\_ I understand that I should not have any other types of hair removal treatments or procedures such as, waxing, plucking, or threading, during the week before or after my appointments. Also, I understand that I should not schedule a tanning or spray-tanning session during the week before or after my appointments. I may be asked to remove make-up if it has been applied to the treatment area.

\_\_\_\_ I understand that the hair may or may not fall out after treatment. Waxing the hair for more immediate clearance is permitted but I should wait 2 days after treatment before waxing.

\_\_\_\_ I understand that my package payment is non-refundable. I agree to provide 24 hours notice for cancellation/re-scheduling of my appointment. I understand failure to do so will result in the loss of one treatment of my package.

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Print Witness Name	Print Patient Name	/ / Date
Witness Signature	Patient Signature	