

Items you will find useful

But please don't feel you have to buy anything ~ if you don't own it already then improvise.

Distress inks

Small spray bottle for water

Table salt or sea salt

Bubble wrap

Paper doilies

Potato, leek, celery

Empty drinks can

Clingfilm

Crackle paint

Acrylic paints

Paper flowers

Cheap shaving cream

Old photo

Wax crayons or a candle

Clear embossing powder

Stencils

Magazine image of a person

Stamps – rubber or clear

Plastic carrier bags

Gel medium

Gesso

Masking tape

Watercolour paints

Water based ink sprays

Page from an old book

Paper towel

Washing up liquid

A bowl or tray