

## Day 26: Personal Journeys - Forgiveness & Freedom

### Quote

It's not an easy journey, to get to a place where you forgive people. But it is such a powerful place, because it frees you.

Tyler Perry

### Bible Verse

*It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1*

### Inspiration

Forgiveness & Freedom from Letting Go

<http://www.youtube.com/watch?v=3D4VMZb8wLY>

### Journaling

Have you been in situations where you needed to forgive people? How did you manage that? How did you feel after you had forgiven the person. Remember you don't have to speak to the person involved to be able to forgive them.

### Technique Challenge

Dyan's Bleach Out technique

<http://www.youtube.com/watch?v=1YU9QdY1a0U&feature=related>

Use Dyan's bleachout technique. If you don't have any Dylusions Ink Sprays it will work with other water based products although the results may not be the same.