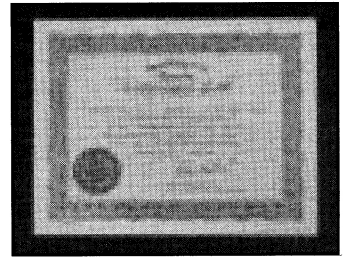


TOP 100

For standard 165 lb./75 Kg. USA lifters in results received from NOV/2005 through OCT/06

PL USA Top 100 Achievement Awards



SQUAT	BENCH	DEADLIFT	TOTAL
1 837 Hatch, N..6/2/06	625 Mazza, J..10/21/06	673 Zielinski, T..4/29/06	1929 Hatch, N..6/2/06
2 755 Hooper, W..7/7/06	578 Heck, B..11/19/05	672 Zielinski, T..6/10/06	1890 Hooper, W..7/7/06
3 749 Tincher, B..6/2/06	573 Schwab, B..8/26/06	644 Talmant, E..6/2/06	1868 Tincher, B..6/2/06
4 710 Crowe, B..7/8/06	556 Hara, M..7/8/06	644 Rohr, J..6/17/06	1800 Conyers, T..9/2/06
5 710 Conyers, T..9/2/06	540 Hatch, N..6/2/06	640 Adams, T..12/10/05	1760 Crowe, B..7/8/06
6 705 Phelps, L..3/3/06	535 Hickman, R..11/16/05	639 Nickson, E..12/10/05	1758 Petrillo, D..3/3/06
7 683 Cagnolatti, D..4/9/06	534 Hooper, W..7/7/06	633 Little, A..10/6/06	1703 Cagnolatti, D..4/9/06
8 677 Talmant, E..12/3/05	518 Valleza, D..8/12/06	630 Wilson, L..3/25/06	1675 Strickland, B..3/3/06
9 670 Petrillo, D..11/11/05	500 Trapani, F..5/11/06	622 Petrillo, D..3/3/06	1664 Talmant, E..12/3/05
10 661 Strickland, B..3/3/06	496 Tincher, B..6/2/06	622 Tincher, B..6/2/06	1664 Nickson, E..12/10/05
11 661 Caslow, A..6/2/06	490 Davila, A..3/18/06	617 Acosta, E..8/5/06	1647 Caslow, A..6/2/06
12 660 Nolan, J..10/14/06	480 Crowe, B..11/11/05	617 Franks, A..8/26/06	1600 Nolan, J..10/14/06
13 650 Gordon, J..12/17/05	480 Luther, J..3/25/06	615 Gordon, J..12/17/05	1598 Josaitis, L..6/2/06
14 628 Pelletier, J..5/13/06	479 Alves, J..11/16/05	611 Snelling, R..11/16/05	1592 Valleza, D..8/12/06
15 625 Josaitis, L..4/1/06	479 Josaitis, L..6/2/06	606 Hooper, W..11/10/05	1581 Phelps, L..3/3/06
16 625 Campbell, B..8/26/06	473 Petrillo, D..3/3/06	606 Fleming, M..4/8/06	1581 Murphy, J..4/15/06
17 620 Mazza, A..11/11/05	473 Cagnolatti, D..4/9/06	606 Page, G..5/6/06	1565 Hokoana, M..9/23/06
18 611 Murphy, J..1/28/06	470 Crowe, J..9/10/06	606 Flagg, D..9/24/06	1560 Beupre, S..11/19/05
19 605 Hokoana, M..9/23/06	468 Baker, G..11/28/06	606 Flagg, D..9/24/06	1554 Tinajero, D..4/7/06
20 600 Tyree, J..11/2/05	464 Leming, B..11/16/05	600 Spencer, R..11/5/05	1540 Campbell, B..8/26/06
21 600 Beupre, S..11/19/05	462 Murphy, J..4/15/06	600 Cressey, E..11/5/05	1537 Rohr, J..6/17/06
22 600 Nickson, E..12/10/05	462 Miller, L..4/21/06	600 Sigala, M..11/12/05	1537 Hammers, D..9/8/06
23 600 Vasquez, J..12/10/05	451 Strickland, B..3/3/06	600 Croft, B..12/3/05	1530 Vasquez, J..12/10/05
24 595 Valleza, D..8/12/06	450 Stinson, T..4/1/06	589 Nicastro, N..12/10/05	1520 Mazza, A..11/11/05
25 589 Woodworth, M..1/28/06	446 Bohigian, K..3/18/06	589 Cayer, A..5/13/06	1510 Marcus, R..11/11/05
26 585 Marcus, B..11/11/05	446 Mounzon, J..9/2/06	585 Crowe, B..7/8/06	1504 Page, G..10/6/06
27 578 Rohr, J..6/17/06	445 Ruelan, G..4/29/05	585 Stanley, M..7/22/06	1493 Schupbach, J..7/7/06
28 575 Gutierrez, N..11/12/05	440 Conyers, T..12/3/05	584 Coats, P..2/25/06	1488 Woodworth, M..1/28/06
29 575 Jackson, W..3/25/06	440 Trumbetta, J..2/18/06	584 Parelskin, D..3/18/06	1485 Puccio, B..11/19/05
30 575 Muchek, M..4/1/06	440 Tinajero, D..4/7/06	584 Artur, R..10/28/06	1485 McVane, A..2/5/06
31 575 McVane, A..6/4/06	440 Land, J..4/7/06	580 Jones, K..3/25/06	1482 Mehmel, C..11/5/05
32 575 Rodgers, C..10/14/06	440 Silva, P..4/8/06	580 Bermudez, O..8/12/06	1482 Pelletier, J..5/13/06
33 573 Tinajero, D..4/7/06	440 Davidson, E..5/20/06	575 Beupre, S..11/19/05	1477 Spencer, R..11/5/05
34 573 Land, J..4/7/06	435 Gupton, J..1/28/06	578 Deleon, E..5/13/06	1477 Cayer, A..5/13/06
35 573 Lewis, C..5/6/06	430 Vasquez, J..12/10/05	578 Schupbach, J..7/7/06	1471 Land, J..4/7/06
36 567 Hammers, D..6/17/06	429 Collins, J..12/2/05	575 Hokoana, M..9/23/06	1471 Little, A..10/6/06
37 567 Little, A..10/6/06	429 Hanifan, L..5/25/06	573 Godard, R..3/11/06	1470 Muchek, M..4/1/06
38 565 Myers, C..12/17/05	429 Hammers, D..9/8/06	573 Schwab, B..8/5/06	1466 Cagliola, M..3/18/06
39 562 Mills, J..11/19/05	425 Blattenberger, S..8/26/06	570 Theodorou, N..10/28/06	1460 Cressey, E..11/5/05
40 562 Page, G..10/6/06	424 Heaton, C..11/5/05	567 Jackson, A..9/23/06	1455 Hardy, M..2/4/06
41 560 Snelling, R..4/22/06	424 Nickson, E..12/10/05	565 Hart, M..6/4/06	1455 Fleming, M..7/15/06
42 556 Dirigolany, J..11/5/05	424 Caslow, A..6/2/06	562 Strickland, B..3/3/06	1450 Gutierrez, N..11/12/05
43 555 Chaney, C..4/1/06	420 Pelkey, B..11/12/05	562 Acosta, T..3/11/06	1450 Wilson, L..3/25/06
44 555 Monteaquedo, M..9/30/06	418 Cagliola, M..3/18/06	562 Caslow, A..6/2/06	1444 Mills, J..11/19/05
45 551 Cagliola, M..3/18/06	413 Mehmel, C..11/5/05	562 Hammers, D..6/17/06	1438 Tyree, J..11/2/05
46 551 Flores, R..4/8/06	407 Thompson, D..9/2/06	562 Knight, E..7/15/06	1438 Sigala, M..11/12/05
47 551 Grenon, C..5/13/06	407 Hazelton, S..9/30/06	560 Marcus, B..11/11/05	1435 Stanley, M..7/22/06
48 551 Caceres, A..6/17/06	405 Preskar, J..12/3/05	560 Nolan, J..10/14/06	1432 Zielinski, T..6/10/06
49 551 Keenan, P..7/7/06	405 McBride, K..1/21/06	558 Friday, S..5/27/06	1432 Artur, R..10/28/06
50 550 Puccio, B..11/19/05	405 Hardy, M..2/4/06	556 Kaneshiro, D..11/16/05	1426 Coats, P..2/25/06
51 550 Hardy, M..2/4/06	405 Donley, R..3/25/06	556 Snyder, B..3/18/06	1425 Monteaquedo, M..9/30/06
52 550 Hume, D..3/25/06	405 Hilliard, R..9/16/06	555 O'Grady, P..2/4/06	1421 Diririlano, J..11/5/05
53 550 Vallejo, E..3/25/06	402 Phelps, L..3/3/06	555 McVane, A..2/5/06	1421 Lewis, C..5/6/06
54 545 Mehmel, C..11/5/05	402 Stone, B..3/25/06	555 Hume, D..3/25/06	1405 Davis, K..11/5/05
55 545 v.d. Weghe, S..6/10/06	402 Crossen III, W..7/15/06	555 Thompson, J..3/25/06	1405 Keenan, P..7/7/06
56 540 Guinn, D..3/25/06	402 Jackson, A..9/23/06	555 Simon, M..8/26/06	1405 Acosta, E..8/5/06
57 540 Walker, L..4/29/06	400 Kowarsch, K..11/5/05	551 Hatch, N..6/2/06	1400 Jones, K..3/25/06
58 540 Schupbach, J..7/7/06	400 Page, G..11/12/05	551 McMasters, L..8/5/06	1400 Bermudez, O..8/12/06
59 540 Fleming, M..7/15/06	400 Parody, C..11/12/05	550 Konecni, S..11/12/05	1400 Keith, W..9/2/06
60 540 Boshoven, L..8/5/06	400 Roca, H..12/3/05	550 Puccio, B..11/19/05	1399 Tan, H..11/19/05
61 535 Johnson, J..2/18/06	400 Anneser, D..4/8/06	550 Barrera, G..3/25/06	1399 Breen, M..8/5/06
62 535 Smoker, J..8/5/06	396 Rubin, G..12/18/05	550 Sambianet, N..4/1/06	1395 Sambianet, N..4/1/06
63 534 Wilshire, G..11/5/05	395 Reino, M..3/19/06	550 Campbell, B..8/26/06	1390 Jenkins, J..3/9/06
64 534 Cayer, A..5/13/06	390 Jenkins, J..3/9/06	550 Crowe, J..9/10/06	1388 Franks, A..11/5/05
65 530 Lee, J..1/21/06	390 Venturilla, C..4/8/06	550 Green, R..10/14/06	1380 Kildow, K..4/1/06
66 530 Wilson, L..3/25/06	390 Bonola, A..4/8/06	550 Roca, H..10/21/06	1380 Binford, D..4/8/06
67 529 Davis, K..11/5/05	385 Hokoana, M..11/16/05	545 Hill, B..2/4/06	1375 Hume, D..3/25/06
68 529 Stanley, M..12/3/05	385 Singh, A..11/16/05	545 Cagnolatti, D..4/9/06	1375 Barrera, G..3/25/06
69 525 Clark, I..3/11/06	385 Beupre, S..11/19/05	540 Davis, K..11/5/05	1372 Thompson, D..5/6/06
70 525 Philippe, D..3/18/06	385 Puccio, B..11/19/05	540 Veal, W..11/2/05	1370 Wells, P..3/18/06
71 525 Jones, K..3/25/06	385 Williams, D..1/7/06	540 Armstrong, C..3/11/06	1366 Steinmetz, M..1/28/06
72 523 Lumpe, S..11/2/05	385 Bannerman, A..2/11/06	540 Davis, R..3/25/06	1366 Deleon, E..5/13/06
73 523 Tan, H..11/19/05	385 Muchek, M..4/1/06	540 Kildow, K..4/1/06	1365 Thompson, J..3/25/06
74 523 Carter, S..3/11/06	385 Smith, C..5/27/06	540 Tinajero, D..4/7/06	1365 Simon, M..8/26/06
75 523 Hollenbeck, A..5/13/06	380 O'Neal, R..6/17/06	535 Mazza, A..11/11/05	1365 Crowe, J..9/10/06
76 520 Kildow, K..4/1/06	385 Keith, W..9/2/06	534 Meuharth, C..3/4/06	1362 Clark, I..3/11/06
77 520 Feins-Curry, B..4/1/06	380 Craig, S..11/2/05	534 Kim, A..4/1/06	1361 Snyder, B..3/18/06
78 518 Spencer, R..11/5/05	380 Solomon, T..11/13/05	534 Pelletier, J..5/13/06	1355 Rosato, J..10/28/06
79 518 Cressey, E..11/5/05	380 Breen, M..5/20/06	534 Krowach, R..5/27/06	1350 Konecni, S..11/12/05
80 518 Boyington, D..11/5/05	380 Viars, D..9/9/06	534 Rosato, J..10/28/06	1350 Armstrong, C..3/11/06
81 518 Steinmetz, M..1/28/06	380 Smith, A..9/24/06	530 Flores, R..11/2/05	1350 Davis, R..3/25/06
82 515 Keith, W..9/2/06	380 Nolan, J..10/14/06	530 Vallejo, E..3/25/06	1350 Hollenbeck, A..6/17/06
83 512 Acosta, E..8/5/06	375 Pharr, J..4/1/06	530 McClure, R..6/24/06	1344 Caceres, A..6/17/06
84 510 Hulse, M..2/25/06	374 Boyington, D..11/5/05	530 Monteaquedo, M..9/30/06	1340 Kowarsch, K..2/25/06
85 510 Winchel, S..3/10/06	374 Mills, J..11/19/05	529 Hara, M..11/16/05	1340 Vallejo, E..3/25/06
86 510 Wells, P..3/18/06	374 Evans, M..11/20/05	529 Wells, P..12/3/05	1340 Guinn, D..3/25/06
87 510 Barrera, G..3/25/06	374 Davis, K..12/05	529 Woodworth, L..1/28/06	1339 Wilshire, G..11/5/05
88 510 Thompson, J..3/25/06	374 Dowling, M..3/4/06	529 Steinmetz, M..1/28/06	1339 Grenon, C..5/13/06
89 510 Zemer, B..3/25/06	374 Cressey, E..6/2/06	529 Lewis, C..5/6/06	1335 Walker, E..4/29/06
90 507 Armstrong, C..3/11/06	374 Martyniuk, O..6/17/06	529 Remiticado, G..6/17/06	1335 Harris, J..8/26/06
91 507 Breen, M..8/5/06	374 Schupbach, J..7/7/06	529 Keenan, P..7/7/06	1330 Cleland, T..4/1/06
92 507 Vaughn, E..10/21/06	371 Duncan, M..8/5/06	529 Cunningham, K..7/15/06	1328 Neuharth, C..3/4/06
93 507 Artur, R..10/28/06	370 Weisberger, A..11/11/05	525 Gutierrez, N..11/12/05	1328 Flores, R..4/8/06
94 505 Baldwin, S..12/17/05	370 Hayes, A..2/12/06	525 Devers, G..2/25/06	1325 Jackson, W..3/25/06
95 505 Dawson, J..2/18/06	370 Gelnett, J..4/29/06	525 Jenkins, J..3/9/06	1322 Lumpe, S..4/8/06
96 505 Williams, V..2/18/06	370 Bouyer, C..6/17/06	525 Goodwin, J..9/9/06	1322 Nicastro, D..5/6/06
97 505 Sambianet, N..4/1/06	370 Lara, J..9/9/06	525 Guinn, D..3/25/06	1320 Philippe, D..3/18/06
98 505 Conant, B..9/23/06	369 Tyree, J..11/2/05	525 Binford, D..4/8/06	1320 Zemer, B..3/25/06
99 501 Riffe, T..11/19/05	369 Somera, A..11/16/05	525 Wilson, J..4/22/06	1317 Herl, W..12/10/05
100 501 Coats, P..2/5/06	369 Woodworth, M..1/28/06	525 Boshoven, L..10/22/06	1317 Youson, H..3/11/06

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

NEXT MONTH... TOP 181s

CORRECTIONS ... In the article about Phil Pfister's victory in the World's Strongest Man contest (DECEMBER 2006 PL USA) it was noted that his chief rival for this year's title, Mariusz Pudzianowski had won the title twice before, but he actually had won it 3 times previously. Dave Edmondson should have received credit for a 586 squat on the TOP 100 list, last month, for the 148 lb. class. This was apparently a 4th attempt, and sometimes those don't show up on the scoresheets that we receive. There were a number of errors in the previously published results of the APF Alabama State meet, and we are awaiting a corrected version of the results, to make a correction. If you find errors in our ranking lists or the competition results that we publish, let us know at POWERLIFTING_USA_Errors@powerliftingusa.com or by mail to Powerlifting USA Errors Department, P.O. Box 467, Camarillo, California 93011 for a proper analysis of the situation (which can take some time, depending on the situation) and an appropriate correction.