

## **Vision**

### **Quote**

Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.  
Melody Beattie

<http://www.brainyquote.com/quotes/quotes/m/melodybeat134462.html#lgRMDibM17Dw65we.99>

### **Bible Verse**

Where there is no vision, the people are unrestrained, But happy is he who keeps the law. Proverbs 29:18 (NASB)

### **Inspiration**

Vision Board

<http://www.youtube.com/watch?v=OyMYrGDaN-8>

### **Journaling**

Do you have a vision for your life?

What would you like your life to look like in 5 years time?

### **Technique Challenge**

Masking tape resist. On the video it jumps from drying the paint to having removed the masking tape. You do need to peel it off gently when the first layer of paint is dry.

<http://www.youtube.com/watch?v=J5fMUUvwXiQ>

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