

## **Day 16: Noise**

### **Quote**

Go placidly amid the noise and haste, and remember what peace there may be in silence. Max Ehrman

### **Bible Verse**

The LORD gives strength to his people; the LORD blesses his people with peace. Psalm 29:11

### **Inspiration**

Celebrity Lullaby

<http://www.youtube.com/watch?v=Jc20vMz0V7Q>

Bjork

<http://www.youtube.com/watch?v=V-58I81gySE>

### **Journaling**

What noises make you uncomfortable? What sounds do you appreciate? When are you thankful for silence?

### **Technique**

Use one of the techniques from the stamps & printing list.

GO PLACIDLY AMID THE NOISE AND HASTE, AND REMEMBER WHAT PEACE THERE MAY BE IN SILENCE. MAX EHRMAN

THE LORD GIVES STRENGTH TO HIS PEOPLE; THE LORD BLESSES HIS PEOPLE WITH PEACE. PSALM 29:11