



AZAMARA
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You'll love where we take youSM

ASTRAL SPA MENU

Massage Treatments

Aroma Stone Massage

50 minutes - \$149 / 75 minutes - \$195
In port - \$134 / \$175

The most requested of therapeutic massages. The Hot Stones combined with the healing properties of essential oils, penetrated deep into the core of the muscle, relieving tension, stress and pain. Once you try the Aroma Stone Massage, you will be addicted. Pure oblivion!

Bamboo Massage

50 minutes - \$159 / 75 minutes - \$199
In Port - \$143 / \$179

This gorgeously indulgent massage uses warm bamboo shoots and essential oils that will revive your senses in a new innovative way, inspiring the most relaxed state. By utilizing a combination of a deep tissue techniques and gentle strokes, this massages helps to melt away your tension & sooths your muscles into sweet oblivion.

Thai Poultice Massage

50 minutes - \$175 / 75 minutes - \$190
In port - \$164 / \$179

The Thai Herbal Poultice massage: The Thai herbal Poultice massage utilises warmed muslin poultices of Chinese herbs, that are steamed and applied directly to the body in a kneading action. In this traditional treatment heat & herbs are absorbed by the body relieving muscle tension and stiffness, increasing lymphatic drainage and improving the condition of the skin

Deep Tissue massage

50 minutes - \$129 / 75 minutes - \$175
In Port - \$116 / \$158

Using muscle melting warmed oils and deep pressure massage movements, we massage deep in to the core of the muscle, erasing stress, tension and lactic acid build up.

Swedish Massage

50 minutes - \$119 / 75 minutes - \$150
In port - \$109 / \$135

This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating for the senses. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

Reflexology Massage

50 minutes - \$119 In port - \$109

An Asian philosophy believes that the vital organs of the body are all mirrored upon the soles of the feet and the use of pressure helps to release stagnant energy whilst harmonizing and cleansing the organs.

We recommend a series of 3 sessions

\$299 (save \$61)

For more information, contact Astral Spa at extension 2800 or on deck 9 forward.
Please provide a 24 hours cancellation notice to prevent a 50 % charge to your onboard account.
An additional automatic 18% service charge will be added for your convenience.



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Special Treatments

Ionithermie

50 minutes - \$159

In port - \$145

An exclusive 6 in 1 figure corrective treatment that helps to reduce fluid retention, and detoxifies the body. With gentle stimulation we can work on the stomach, thighs, buttocks and arms, firming and toning skin and muscles through the power of algae. You will feel and see the results after just 1 treatment. This session can provide total body inch loss of between 1-8 inches.

we recommend a series of 3 sessions.

\$399 (save \$78)

Body Sculpting Cellulite And Colon Therapy

50 minutes - \$125

In port - \$125

This treatment is clinically proven to improve the appearance of stubborn cellulite and sagging skin with advanced formulations that achieve rapid results. A detoxifying body mask is combined with specialized drainage massage techniques to break down fatty deposits, cleanse the digestive system, eliminate toxins and improve the texture of the skin.

Aroma Spa Seaweed Massage

75 minutes - \$194 / 100 minutes - \$259

In Port - \$176 / \$227

A heated seaweed mask containing a warming blend of essential oils is applied to your body before you are cocooned in a warm wrap. Relax while active ingredients work to ease arthritis, fatigue and muscle spasm.

This ultimate full body treatment includes scalp, feet and work on the stress areas on the body, giving you weeks of relief.

Elemis Exotic Lime & Ginger Salt Glow

50 minutes - \$149 / 75 minutes - \$199

In Port - \$138 / \$178

A sensuous body exfoliation ritual to invigorate and revitalize the skin. After light body brushing. Warm oil is dripped luxuriously over the body, Before the sublime Elemis Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed, leaving it glowing and vibrant, replenished and flawless. Finish with a complete body massage.

Absolute Spa Ritual

100 minutes - \$261

In Port - \$237

A little bit of heaven for a complete pampering duo of treatments. Using the power of aromatherapy, enjoy a sensational full body massage followed by the relaxing Pro Collagen facial. Allow us to pamper you from the soles of your feet to the top of your scalp, a simply blissful escape.

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