

# TOP 100

For standard 181 lb./82.5 kg. USA lifting in results received from October 1995 through September 1996.

## SQUAT

- 1 782 Coleman, A./8/10/96
- 2 733 Rosales, R./5/31/96
- 3 722 Rutigliano, T./5/31/96
- 4 705 Garcia, A./2/4/96
- 5 700 Smith./3/16/96
- 6 685 Gibson, T./12/9/95
- 7 680 Anderson, B./3/31/96
- 8 672 Zweng, M./5/31/96
- 9 672 Benemerito, R./6/15/96
- 10 670 Autry./6/22/96
- 11 665 Carson./6/96
- 12 661 Wambsgans, F./4/27/96
- 13 660 Rish, J./12/2/95
- 14 656 Olson, G./10/28/95
- 15 656 Becker./10/28/95
- 16 655 Nuble./11/11/95
- 17 650 Zweng, M./11/12/95
- 18 650 Young, T./4/13/96
- 19 650 Fields, D./5/25/96
- 20 650 Harvey, P./5/31/96
- 21 650 Stapleton, T./7/27/96
- 22 644 O'Neal, M./10/21/96
- 23 639 Glumac, R./8/24/96
- 24 633 Laney, M./10/7/95
- 25 633 Pilkenton, M./11/25/95
- 26 630 Poindexter, R./12/9/95
- 27 630 Strickland, B./3/23/96
- 28 628 Succarotte, A./10/28/95
- 29 625 Diaz, V./11/4/95
- 30 625 Butson, T./11/12/95
- 31 620 Register, K./12/2/95
- 32 622 Houston, M./8/10/96
- 33 617 Tracey, J./5/31/96
- 34 617 Danforth, M./7/27/96
- 35 615 Safford, P./12/2/95
- 36 615 Arciuolo, R./8/24/96
- 37 611 Schupbach, J./7/27/96
- 38 606 Harrison, E./2/10/96
- 39 606 Rothgery, B./2/10/96
- 40 606 Zamora, L./3/9/96
- 41 606 Warren, C./8/17/96
- 42 605 Grant, R./1/20/96
- 43 605 Tibbs./3/16/96
- 44 605 Wood./6/96
- 45 600 French./11/4/95
- 46 600 Bell, M./12/9/95
- 47 600 Andrus, N./1/20/96
- 48 600 Harrison, M./1/20/96
- 49 600 Beck, G./2/3/96
- 50 600 Denton, T./2/4/96
- 51 600 Cannizzaro, P./2/10/96
- 52 600 Lambert, K./4/13/96
- 53 600 Hall, P./6/28/96
- 54 600 Laitres, R./7/27/96
- 55 600 Tyree, J./8/24/96
- 56 600 Lafoy, J./9/14/96
- 57 600 Vaughn, E./9/20/96
- 58 595 Dorston, J./9/21/96
- 59 590 Brinkley, T./3/30/96
- 60 590 McCombs./7/96
- 61 589 Salter, D./10/21/95
- 62 589 Skeens, R./11/11/95
- 63 589 Chin, D./4/13/96
- 64 589 Demoff, B./5/4/96
- 65 589 Peterson, D./6/29/96
- 66 585 Broussard, B./1/20/96
- 67 585 Clark, R./5/4/96
- 68 585 Wojtanek, P./9/29/96
- 69 584 Grigsby, S./11/11/95
- 70 584 Winkler, D./2/3/96
- 71 584 Rodriguez, R./6/1/96
- 72 580 VanAlstyne, M./2/3/96
- 73 580 Marocco, M./6/15/96
- 74 578 Santos, R./12/2/95
- 75 578 Stires, L./5/18/96
- 76 578 Clark, B./8/31/96
- 77 575 Teleyk, W./12/2/95
- 78 573 Zweig, G./2/10/96
- 79 573 Fragozo, J./3/9/96
- 80 573 Shockett, S./4/13/96
- 81 573 Wahl, R./5/11/96
- 82 573 Ramage, S./5/18/96
- 83 573 Butera, R./6/22/96
- 84 573 Applegate, G./8/31/96
- 85 570 Ashby./11/11/95
- 86 570 Higginbottom, T./1/20/96
- 87 570 Davis, K./7/20/96
- 88 567 Funakoshi, E./12/10/95
- 89 567 Gonzales, L./4/13/96
- 90 567 Buffington, C./4/13/96
- 91 567 Goodhew, J./6/15/96
- 92 565 Tracey, B./10/14/95
- 93 565 Lemarie, S./1/20/96
- 94 565 Nhim, S./2/11/96
- 95 560 Kraatsas./12/95
- 96 560 Fox, K./2/3/96
- 97 560 Horrihs, R./2/17/96
- 98 560 Pilletiere, D./3/9/96
- 99 560 Owens, B./4/14/96
- 100 560 Debrecht, T./4/27/96

## BENCH PRESS

- 535 Waterman, D./7/20/96
- 523 Coleman, A./8/10/96
- 510 McCormick, L./6/29/96
- 507 Stapleton, T./7/27/96
- 500 Courtney, B./7/6/96
- 479 DeCourt, R./3/2/96
- 473 Salto, M./3/2/96
- 473 Smith, C./4/6/96
- 468 Rutigliano, T./5/31/96
- 465 Watts, C./3/31/96
- 463 Succarotte, A./10/28/95
- 460 Bertinelli, A./11/18/95
- 460 Dohm, J./2/25/96
- 460 Marcinkowski, K./3/30/96
- 457 Beebe, B./3/2/96
- 451 Gibson, T./12/9/95
- 451 Tracey, J./5/31/96
- 450 Ronsini, M./4/13/96
- 450 Randolph, A./7/27/96
- 450 Bell, G./9/7/96
- 450 Arciuolo, R./9/7/96
- 449 Proya, T./9/21/96
- 450 Crain, R./9/28/96
- 445 Stevens, A./4/20/96
- 445 Casparian, C./5/4/96
- 440 Perri, M./10/7/95
- 440 Tracey, B./11/5/95
- 440 Zweng, M./3/9/96
- 440 Stewart, M./3/16/96
- 440 Huffer, T./3/30/96
- 435 Robbins, D./12/9/95
- 435 Riner, D./1/20/96
- 435 Warrington, B./3/30/96
- 435 Shattuck, D./8/3/96
- 430 Banno, M./10/21/95
- 430 Magnus, M./10/29/95
- 430 Lynch, W./4/6/96
- 430 Campbell, L./6/8/96
- 430 Blattenberger, D./7/27/96
- 429 Ramage, S./5/18/96
- 429 Benemerito, R./6/15/96
- 429 Rosales, R./8/10/96
- 425 Vance, B./10/28/95
- 425 Klekwas, R./3/30/96
- 425 Levy, G./5/25/96
- 425 Madison, R./7/20/96
- 425 Cumberland, R./8/24/96
- 425 Wood, J./8/31/96
- 424 Cannizzaro, P./10/7/95
- 424 Zangal, C./10/29/95
- 424 Funakoshi, E./12/10/95
- 424 Brady, D./2/4/96
- 424 Wray, S./3/30/96
- 424 Danforth, M./7/27/96
- 424 Thurman, D./9/21/96
- 420 Jones, E./11/18/95
- 420 Mabus, B./1/20/96
- 420 Granger, E./1/20/96
- 420 Jackson, K./2/24/96
- 420 Jones, O./4/6/96
- 420 Giraldi, L./5/25/96
- 420 Houston, M./8/24/96
- 418 King, C./9/14/96
- 418 Rickett, T./9/21/96
- 416 Swanson, B./4/13/96
- 415 Lavelle, T./11/18/95
- 415 Lytle, D./3/23/96
- 415 Mallette, 4/6/96
- 415 Bellmore, D./5/11/96
- 415 Bennett, R./5/11/96
- 415 Ely./5/18/96
- 415 Robinson, T./5/25/96
- 415 Ostrowski, M./6/30/96
- 415 Carson./6/96
- 413 Keeney./10/21/95
- 413 Pilkenton, M./2/10/96
- 413 Tuck./11/25/95
- 413 Rosenzweig, D./9/21/96
- 410 Whiteman, P./11/8/95
- 410 Lee, K./2/18/96
- 410 Sharp, B./3/16/96
- 410 Pazzelli, S./4/21/96
- 410 Conaway, R./5/11/96
- 410 Poole./9/28/96
- 407 Dent, S./10/29/95
- 407 Zweng, M./3/9/96
- 407 Laitres, R./3/9/96
- 407 McAteer, W./3/23/96
- 407 Oaks, J./4/20/96
- 407 Harvey, P./5/31/96
- 407 Rubin, G./7/28/96
- 407 Gardener, E./8/3/96
- 405 Hill, C./3/16/96
- 405 Jacobs, J./4/6/96
- 405 Johnson, F./4/13/96
- 405 Greer, J./4/27/96
- 405 Adams, L./5/4/96
- 405 Brinkley, T./6/30/96
- 402 Combs, C./11/11/95

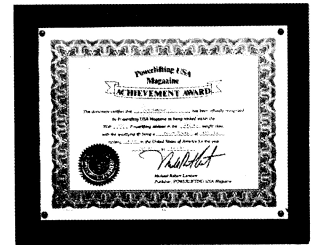
## DEADLIFT

- 744 Benemerito, R./10/28/95
- 705 Nuble./3/16/96
- 700 Morrow, L./3/9/96
- 690 Smith./3/16/96
- 683 Zamora, L./6/1/96
- 683 Cavalier, B./6/29/96
- 677 Coleman, A./8/10/96
- 675 Herring, R./3/9/96
- 666 Wambsgans, F./8/10/96
- 661 Andrus, N./6/1/96
- 661 Warren, C./9/20/96
- 657 Zweig, G./2/10/96
- 650 Salter, D./10/21/95
- 650 Becker./10/28/95
- 650 Byas, A./3/9/96
- 650 Mason, K./5/4/96
- 650 Rutigliano, T./5/31/96
- 650 Garofalo, R./9/15/96
- 644 Pilkenton, M./11/25/95
- 644 Tyree, J./3/9/96
- 640 Register, K./12/2/95
- 640 Calhoun, J./1/13/96
- 639 Laney, M./10/7/95
- 639 Glumac, R./11/11/95
- 639 Olson, C./6/28/96
- 639 Rosales, R./8/10/96
- 635 Lafoy, J./9/14/96
- 630 French./11/4/95
- 630 Barno, M./11/18/95
- 630 Poole./9/28/96
- 628 Viggiano, C./3/9/96
- 628 Grigsby, S./4/27/96
- 627 Gibson, T./12/9/95
- 622 Harrison, E./2/10/96
- 622 Shockett, S./4/13/96
- 622 Autry./5/11/96
- 622 Connor, M./6/1/96
- 622 Danforth, M./7/27/96
- 620 Maslow, L./11/4/95
- 620 Polk, G./12/16/95
- 620 Jackson, K./6/15/96
- 620 Ostrowski, M./6/30/96
- 620 McCombs./7/96
- 615 Tracey, B./10/14/95
- 610 Pratt, S./5/4/96
- 606 Cannizzaro, P./10/7/95
- 606 Stapleton, T./2/24/96
- 606 Laitres, R./3/9/96
- 606 Tracey, J./5/31/96
- 606 Ballard, D./6/15/96
- 606 Houston, M./8/10/96
- 606 Applegate, G./8/31/96
- 605 Ruiz, E./10/14/95
- 605 Myers, T./10/21/95
- 605 Jaworski, D./2/24/96
- 605 Graser, B./6/30/96
- 601 Denton, T./10/28/95
- 600 Diaz, V./11/4/95
- 600 Moore./11/4/95
- 600 Zweng, M./11/12/95
- 600 Poindexter, R./12/9/95
- 600 Uhm, K./1/13/96
- 600 Lemarie, S./1/20/96
- 600 Newkirk, D./2/11/96
- 600 Pearson, C./2/17/96
- 600 Mihuka, D./3/23/96
- 600 Gonzales, L./4/13/96
- 600 Greco, S./4/13/96
- 600 Butera, R./4/20/96
- 600 Debrecht, T./4/27/96
- 600 Robinson, T./4/27/96
- 600 O'Neal, M./5/4/96
- 600 Demoff, B./5/4/96
- 600 Kafetzis./5/18/96
- 600 Wright, C./6/1/96
- 600 Parks./6/8/96
- 600 Bates, R./6/29/96
- 600 Carson./6/96
- 600 Cribbin, J./7/20/96
- 595 Clark, R./5/4/96
- 590 Pilletiere, D./3/9/96
- 589 Fisher, R./11/11/95
- 589 Zweng, M./3/9/96
- 589 Orenjia, J./6/1/96
- 589 Goodhew, J./6/15/96
- 589 Meier, C./8/31/96
- 585 Teleyk, W./12/2/95
- 585 Horrihs, R./2/17/96
- 585 Grant, R./3/23/96
- 585 Caserta, M./7/6/96
- 585 Maslan, T./7/13/96
- 585 House./7/20/96
- 584 Garcia, A./2/4/96
- 584 Schupbach, J./7/27/96
- 580 Ashby./11/11/95
- 580 Taylor, D./11/11/95
- 580 Huneycutt, T./1/13/96
- 580 Sanders./1/21/96
- 580 Nalashi./5/25/96
- 580 Schnell, B./6/15/96

## TOTAL

- 1962 Coleman, A./8/10/96
- 1841 Rutigliano, T./5/31/96
- 1807 Benemerito, R./6/15/96
- 1790 Smith./3/16/96
- 1774 Rosales, R./8/10/96
- 1763 Stapleton, T./7/27/96
- 1760 Gibson, T./12/9/95
- 1740 Nuble./3/16/96
- 1697 Zweng, M./5/31/96
- 1681 Pilkenton, M./11/25/95
- 1680 Carson./6/96
- 1675 Tracey, J./5/31/96
- 1663 Danforth, M./7/27/96
- 1647 Olson, G./6/28/96
- 1636 Wambsgans, F./10/28/95
- 1631 Zamora, L./3/9/96
- 1631 Houston, M./8/10/96
- 1620 Andrus, N./1/20/96
- 1625 Lafoy, J./9/14/96
- 1614 Laney, M./10/7/95
- 1614 Harvey, P./5/31/96
- 1610 Register, K./12/2/95
- 1610 Autry./6/22/96
- 1609 Warren, C./8/12/96
- 1603 Becker./10/28/95
- 1603 Tyree, J./8/24/96
- 1600 Tracey, B./10/14/95
- 1600 Anderson, B./3/31/96
- 1598 Zweng, M./3/9/96
- 1598 Laitres, R./3/9/96
- 1585 Arciuolo, R./8/24/96
- 1581 Fields, D./5/25/96
- 1580 French./11/4/95
- 1580 Rish, J./12/2/95
- 1576 Cannizzaro, P./10/7/95
- 1575 McCombs./7/96
- 1571 Schupbach, J./7/27/96
- 1570 Salter, D./10/21/95
- 1570 Zweig, G./2/10/96
- 1565 Diaz, V./11/4/95
- 1565 Polk, G./4/13/96
- 1560 Herring, R./3/9/96
- 1560 Butera, R./6/22/96
- 1554 Harrison, E./2/10/96
- 1554 Goodhew, J./6/15/96
- 1554 Applegate, G./8/31/96
- 1545 Pilletiere, R./12/9/95
- 1545 Giraldi, L./6/96
- 1543 Funakoshi, E./12/10/95
- 1543 Strickland, B./8/17/96
- 1540 Butson, T./3/30/96
- 1540 Wojtanek, P./9/29/96
- 1532 Hall, P./6/28/96
- 1530 O'Neal, M./5/4/96
- 1530 Clark, R./5/4/96
- 1526 Grigsby, S./4/27/96
- 1525 Safford, P./12/2/95
- 1525 Lambert, K./4/13/96
- 1525 Davis, K./7/20/96
- 1521 Stires, L./5/18/96
- 1521 Bates, R./6/29/96
- 1521 Glumac, R./8/24/96
- 1520 Teleyk, W./12/2/95
- 1515 Maslow, L./11/4/95
- 1515 Garcia, A./2/4/96
- 1515 Chin, D./4/13/96
- 1515 Dorston, J./9/21/96
- 1510 Skeens, R./11/11/95
- 1510 Poole./12/2/95
- 1510 Winkler, D./2/3/96
- 1510 Shockett, S./4/13/96
- 1510 Rodriguez, R./6/1/96
- 1505 Vaughn, E./9/21/96
- 1504 Rhothon, H./12/2/95
- 1504 Demoff, B./5/4/96
- 1504 Salus, S./5/18/96
- 1500 Horrihs, R./2/17/96
- 1500 Pratt, S./5/4/96
- 1499 Ballard, D./6/1/96
- 1495 Brinkley, T./3/30/96
- 1493 Meier, C./8/31/96
- 1493 Clark, B./8/31/96
- 1490 Beck, G./2/3/96
- 1490 Byas, A./3/9/96
- 1490 Pilletiere, D./3/9/96
- 1487 Fragozo, J./3/9/96
- 1487 Gonzales, L./4/13/96
- 1485 Denton, T./4/13/96
- 1482 Stevens, A./8/17/96
- 1480 Ashby./11/11/95
- 1480 Bell, M./12/9/95
- 1480 Lemarie, S./1/20/96
- 1480 Hill, C./3/16/96
- 1480 Owens, B./4/14/96
- 1476 Demore, A./5/25/96
- 1475 Dialco, W./2/17/96
- 1475 Ross, J./2/17/96
- 1475 Tibbs./3/16/96
- 1471 Lund, J./11/4/95
- 1471 Rothgery, B./2/10/96

## PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

## NEXT MONTH... TOP 198s

**Corrections.....** Hoan Hoai Nguyen's name was mistakenly listed as "N. Nguyen" on the TOP 100 148 lb. class listing. Joe Lutkowski's 264 lb. bench press from the AD-FPA Superstars Bench Meet was not included on the TOP 100 132 lb. class listing. T.J. Ball's lifts as a Junior 198 pounder at the APF Can-Am Championships were not included in the meet results: 501 380 473 1355. Send any corrections you find to "ERRORS", Box 467, Camarillo, CA 93011. By the way, the TOP 20 rankings for women, masters, and teenage lifters during the 1996 competition year will be coming up in the first part of 1997 (to be published in the March 1997 edition of *POWERLIFTING USA*) and if you think you'll be making one of the lists and you haven't seen results of your best meets published in PL USA, please contact your meet director and urge that they be submitted if they haven't been already. We need to have the results on hand, in order to include them in the various ranking lists.

## PRICE BREAKERS

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