A Step By Step for "Jess!'s One Shuttle Heart"

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© Jess! (aka Jessica Foster)

Step 1: You will need one shuttle filled with at least 2 yards of thread. In this tutorial, I am using size 20.

Step 2: Tat 3 rings.

R1: 4 - 4 - 4 - 4 (3 picots)

R2: 4 + 6 - 4

R3:4+ 8 - 4

**Optional step. lock join (lj) to the space between R1 and R2, this will help close up the space.
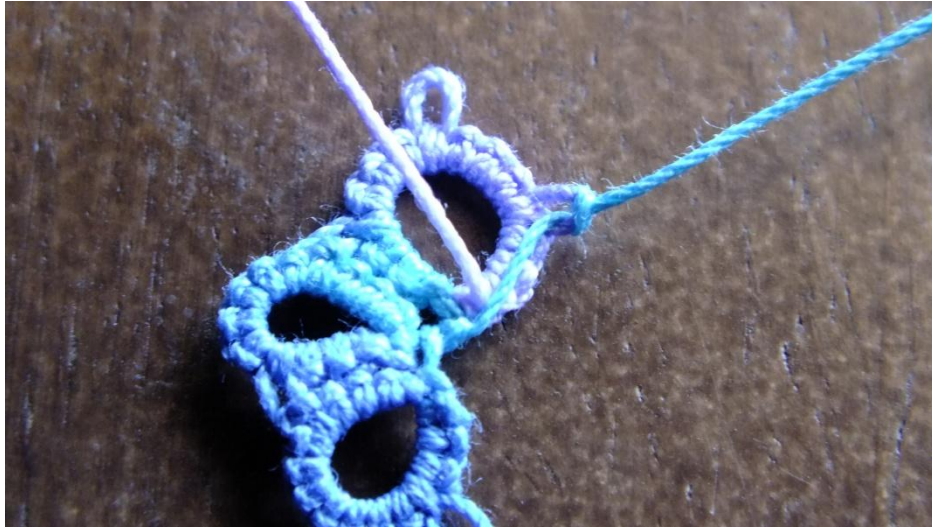
And a special note, I have not hidden the first tail so that throughout this tutorial, you can know if we are on the backside or the frontside.

If the tail is behind the work, you are looking at the front side. If you tail is in front, you are looking at the back side.

Step 3:

Lj to the first picot of R1, keeping the bare thread to the back side of the work.

Step 4:

R4: 4 + (to R1) 4 - 4 - 4

Step 5:

RW

R5: 4 +(space between R1 and R2 or to bare thread between R3 and R1) 4 + (to R3) 4 - 4

This picot needs to be large enough to accommodate two joins.

(optional step) lock join to space between R4 and R5

Step 6:

 RW and lj to side picot of R4

Step 7

RW

R6: 4 +(to space between R4 and R5) 4 +(to picot of R5) 4 - 4

RW

Step 8

R7: 4 + (to R4) 4 - 4 - 4

(optional lj to space between R6 and R7)

Step 9

At this point you should already be looking at the back side of the heart, so just

lj to picot of R6

RW

Step 10

R8 4 + (to R5) 4 - 4 - 4

RW

Step 11

R 9: 4 + (to space between R6 & R7) 4 + (to R7) 4 -4

(optional lj to space between R8 & R9)

lj to picot of R8

Step 12

R10: 4 + (to space between R8 & R9) 4 + (to R9) 4 - 4

R11: 4+ (to R10) 6 - 4

R12: 4 + 8 + (to R 8) 4

(you will need to fold the heart to make this final join)

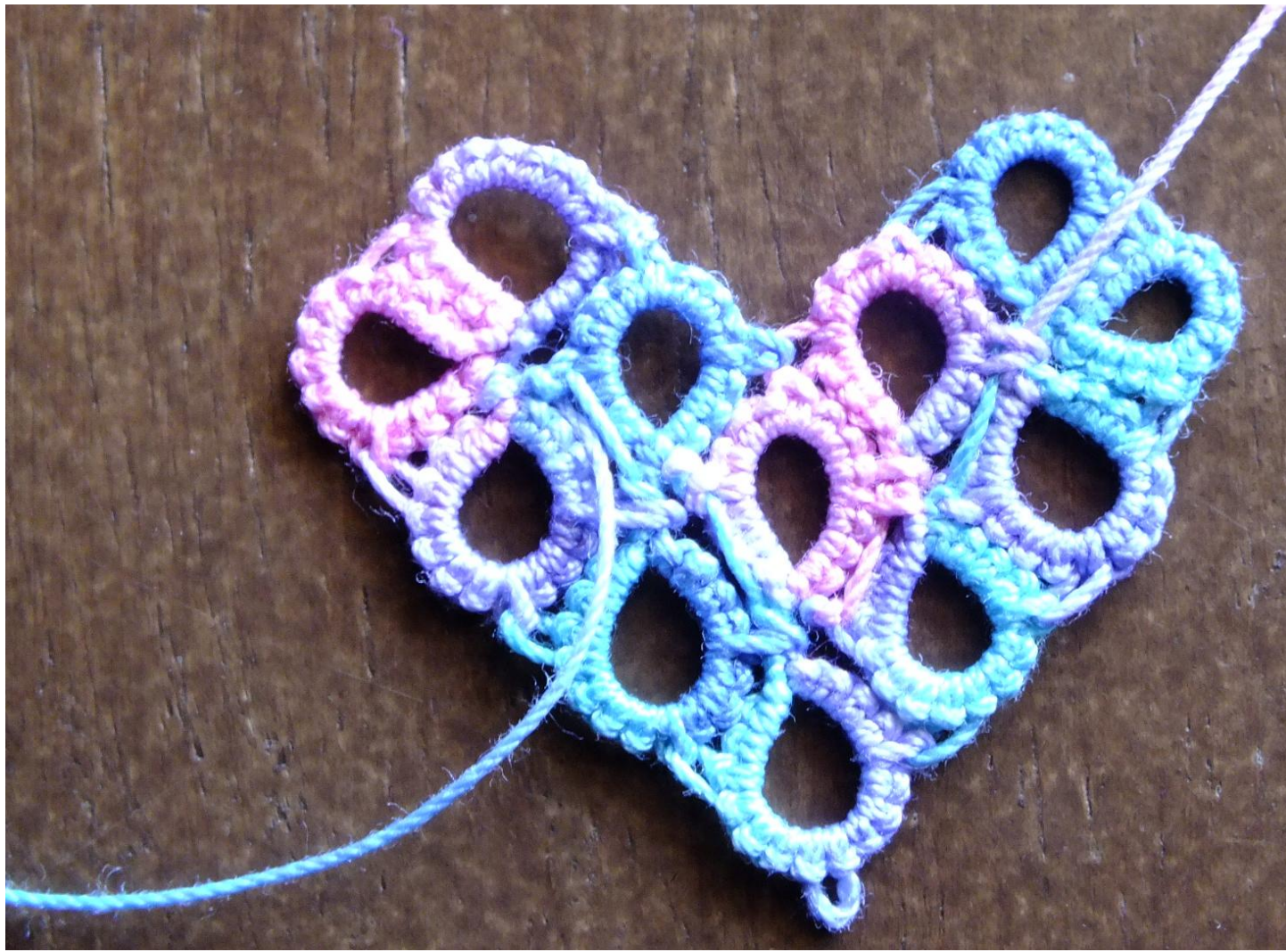Be careful to close this last ring so that the shuttle is on the backside of the work.

**Optional final step... lock join to between R10 and R11 to close up the last little gap.

Finish with your preferred method

Just the pattern:

R1: 4 - 4 - 4 - 4 (3 picots)

R2: 4 + 6 - 4

R3:4+ 8 - 4

R4: 4 + (to R1) 4 - 4 - 4

RW

R5: 4 +(space between R1 and R2 or to bare thread between R3 and R1) 4 + (to R3) 4 - 4

RW

R6: 4 +(to space between R4 and R5) 4 +(to picot of R5) 4 - 4

RW

R7: 4 + (to R4) 4 - 4 - 4

R8 4 + (to R5) 4 - 4 - 4

RW

R 9: 4 + (to space between R6 & R7) 4 + (to R7) 4 -4

(optional lj to space between R8 & R9)

lj to picot of R8

R10: 4 + (to space between R8 & R9) 4 + (to R9) 4 - 4

R11: 4+ (to R10) 6 - 4

R12: 4 + 8 + (to R 8) 4