Materials:
Shuttle, size 20 cotton (colour/s of your choice), Paper clip, PVA craft glue.

Method:
Centre medallion.
Wind shuttle and do no cut from ball (unless you are using two colours).

R1  5 - 5 - 5 - 5, cl
R2  5 + (join to last p on R1) 5 - 5 - 5, cl RW
Ch1  2 - 2, RW
Rep Rings 1 and 2 and Chain1, 3 more times so that there are 8 rings in all and 4 chains, joining the last picot on R8 to the first picot on R1 and chain 4 to the starting point.
Tie ends and cut close to knot, dab knot with PVA glue.

Arms:
Wind shuttle and do no cut from ball (unless you are using two colours).

*R1  5 + (join to free picot on any ring of centre medallion) 5 - 5 - 5, cl RW
Ch1  2 - 2 - 2 - 2, RW
R2  5 + (join to last p of R1) 5 - 5 - 5, cl RW
Ch2  2 - 2 - 2 - 2, RW
R3  5 + (join to last p of R1) 5 - 5 - 5, cl RW
Ch3  2 - 2 - 2 - 2 - 2 - 2, lock join with shuttle thread to last picot of R3
Ch4  2 - 2 - 2 - 2 - 2 - 2 - 2 - 2, place paperclip over shuttle thread. This keeps a space for you to join to with the next ring.
Ch5  2 - 2 - 2 - 2 - 2 - 2, RW
R4  5, carefully remove the paperclip and join to the space it has just made, 5 + (join to p of R3) 5 - 5, cl RW
Ch6  2 - 2 - 2 - 2, RW
R5  5 + (join to last picot of R4) 5 + (J to R2) 5 - 5, cl RW
Ch7  2 - 2 - 2 - 2, RW
R6  5 + (join to last picot of R5) 5 + (J to R1) 5 + (join to next p of centre medallion) 5, DNRW
Ch8  2 - 2 - 2 - 2, DNRW**

Rep from * to ** two more times and then for the long arm work in exactly the same way, but do not tat the turning chains (using the paperclip) until 8 rings have been made. Join the last chain to the starting point.
Tie ends and cut close to knot, dab knot with PVA glue.

Tassel:
Wind shuttle and do not cut from ball. Join with the shuttle thread to the centre picot of the centre chain of the centre short arm.
Work a chain of alternating 5 ds with 5 unflipped ds for about 4 inches. Cut the threads approx 4 inches from the tatting.
Make a tassel by winding the thread over a card approx 1.5 inches wide. Join the tassel to the chain using the threads extending from the tatting.