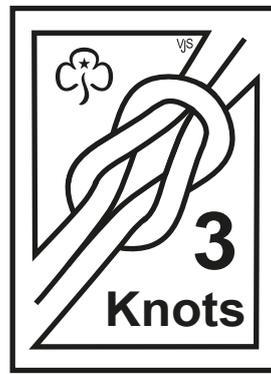


Knots - Level 1

1. Show that you can tie a reef knot, clove hitch and a sheet bend.
2. Whip the ends of a rope using simple whipping.
3. Make a 'pet rope' and use it to demonstrate your knotting skills.

Knots - Level 2

1. Learn how to tie a bowline and when it might be used.
2. Learn how to tie a larks head and how it might be used.
3. Learn how to tie a round turn and 2 half hitches and how it might be used.
4. Make something using paracord knotting eg. a woggle or bracelet.



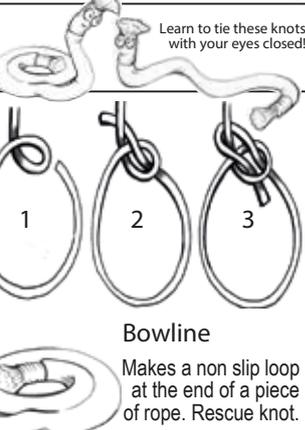
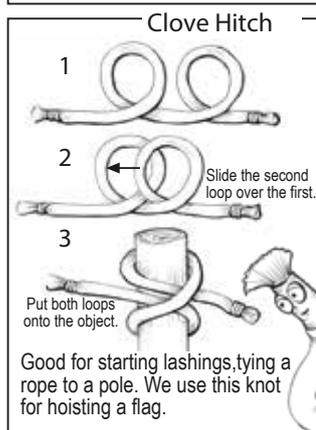
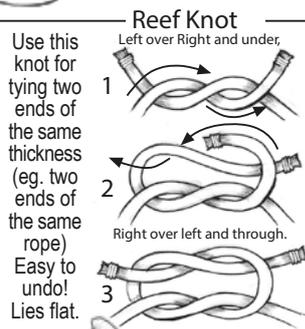
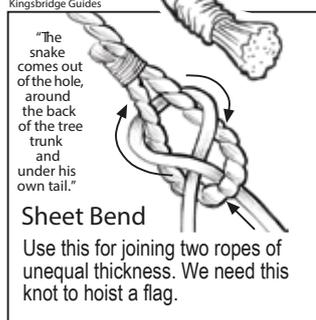
Knots - Level 3

1. Make a 'knot board' showing at least eight different knots. (Use an old picture frame or a CD case makes a good frame for a 'mini' knot board.)
2. Use your knotting skills to construct a rope ladder or commando bridge and test it! You will need to do some research to find out which knots to use. **REMEMBER:** Your safety is very important, adult supervision is needed to help you choose materials and set up your ladder or bridge.
3. Learn some more advanced decorative knotting eg. Make a turks head woggle or a monkey fist knot keyring.
4. Help to prepare a younger Guide for the Level 1 'Knots' badge.

Knots 1

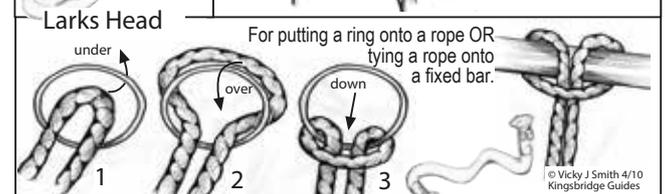
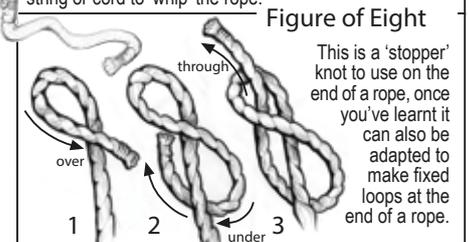
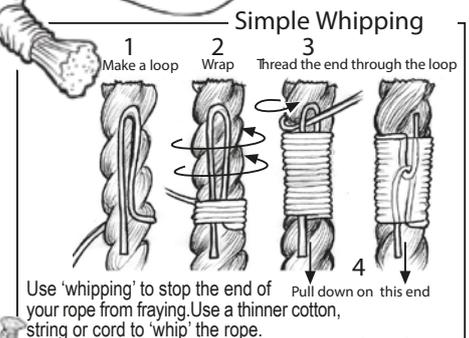
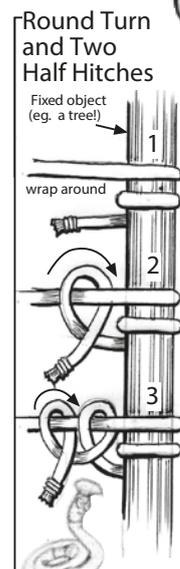
Some basic knots for you to teach to your pet rope
Your pet rope needs lots of exercise so keep practicing!!

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Kingsbridge Guides



Knots 2

Some more basic knots for you to teach to your pet rope
Your pet rope needs even more exercise so keep practicing!!



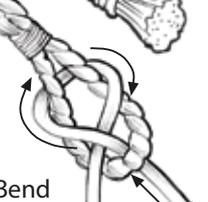
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Knots 1

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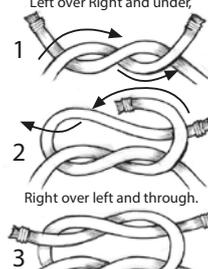
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"The snake comes out of the hole, around the back of the tree trunk and under his own tail."



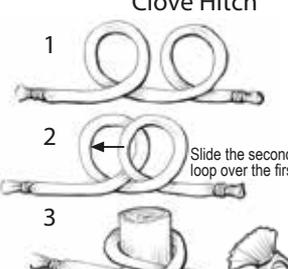
Sheet Bend
Use this for joining two ropes of unequal thickness. We need this knot to hoist a flag.

Reef Knot
Left over Right and under,
Right over left and through.
Easy to undo!
Lies flat.



Use this knot for tying two ends of the same thickness (eg. two ends of the same rope)

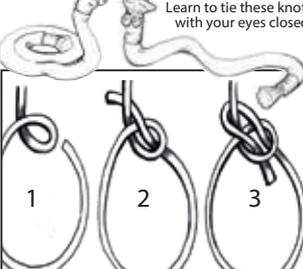
Clove Hitch



1
2 Slide the second loop over the first.
3 Put both loops onto the object.

Good for starting lashings, tying a rope to a pole. We use this knot for hoisting a flag.

Bowline
Makes a non slip loop at the end of a piece of rope. Rescue knot.

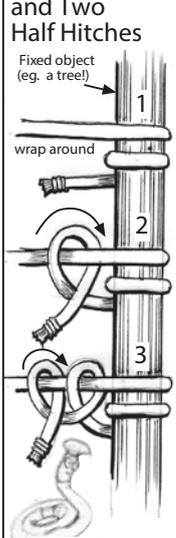


Learn to tie these knots with your eyes closed!

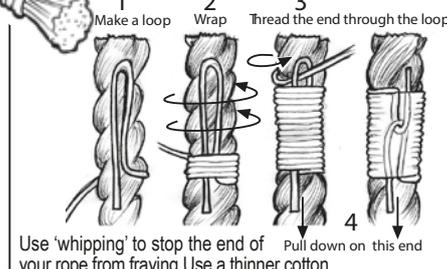
Knots 2

Some more basic knots for you to teach to your pet rope
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Round Turn and Two Half Hitches
Fixed object (eg. a tree!)
wrap around

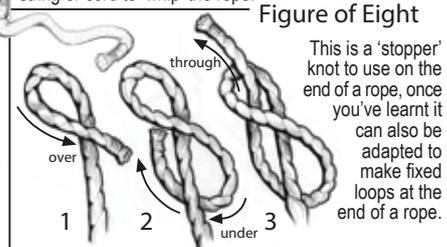


Simple Whipping
1 Make a loop
2 Wrap
3 Thread the end through the loop
4 Pull down on this end

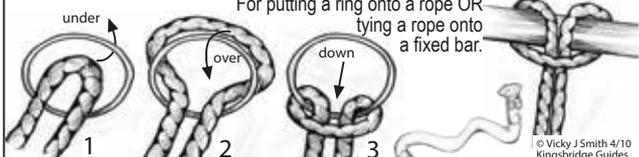


Use 'whipping' to stop the end of your rope from fraying. Use a thinner cotton, string or cord to 'whip' the rope.

Figure of Eight
This is a 'stopper' knot to use on the end of a rope, once you've learnt it can also be adapted to make fixed loops at the end of a rope.

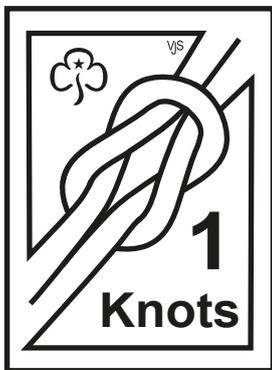


Larks Head
For putting a ring onto a rope OR tying a rope onto a fixed bar.



1 under
2 over
3 down

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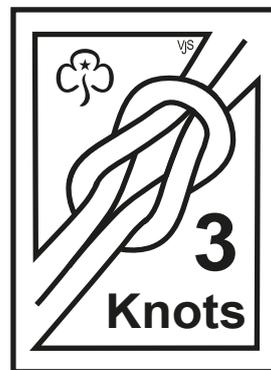


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