

2013 All In 4 Aldridges 5K Run/Walk

Supporting the Aldridge Family and honoring Dave's Life

When: Saturday – April 20th, 2013 @ 10:00am

Where: North Monument Valley Park

Directions: Take I-25 to Uintah St., Exit 143. Turn east, and go 3 blocks to Cascade Avenue. Turn left (north), go about 7 blocks to Fontanero and turn left (west). Go to the end of the road, and you will be at the park. Find a place to park. Registration is in the park, down the hill to your left across from the baseball field.

Entry Fees: Adult: \$25 pre-reg/\$30 race day
Youth Under 15 years-old: \$15 pre-reg/\$20 race day
Pre-race Kids(10 and under) Fun Run by donation
First 200 registrants will receive a t-shirt

Awards: First place overall male and female prizes

9:00am Race day registration/bib pick up

9:30am Kids Fun Run (kids 10 and under)

10:00am Start time

On December 21, 2012 the Aldridge family's life was turned upside down. Dave died unexpectedly while he was running – one of his favorite things to do. His wife Holly and their three children (Spencer 6, Leah 4, and Maci 4) would love to have you join them in honoring Dave's memory by participating in this run. All the race entry fees will be donated directly to the Aldridge family. If you are able to contribute a few dollars to help cover the race costs please go to <http://www.gofundme.com/allin4aldridges>, even just \$5 will help cover a T-shirt. Any remaining funds from this website will go to the family.

Need More Information:

Laura Morgan
Lauraemorgan1@gmail.com

Mail-In Registration

Must be received by **04/16/2013**

Mail to: 2013 All In 4 Aldridges

8020 Orchard Path Rd

Colorado Springs, CO 80919

Checks payable to: The Dave Aldridge
Memorial Fund, Holly S. Aldridge

**NO EARBUDS/HEADPHONES. NO BIKES/TRIKES.
STROLLERS PERMITTED TO START BEHIND RUNNERS.
PLEASE RESPECT THE SAFETY OF ALL. Thank you.**

In consideration of acceptance of entry in the "2013 All In 4 Aldridges 5K Run/Walk", I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge the race organizers and any other support of the "2013 All In 4 Aldridges 5K Run/Walk", from any and all liability arising from illness, injuries and damages I may suffer, including those which may be attributed to weather conditions, high altitude and a course that is composed of or has loose rocks or sand, as a result of my participation in this event. I attest and verify that I will participate in this event as a foot race entrant, that I am physically fit and that I have sufficiently trained for the event. I have read all entry information provided and certify my compliance by my signature below. I also understand that my entry fees are non-refundable. I or my Parent/guardian also authorizes and consents to the use of participant's name and/or picture in television, newsprint, advertisement or other media. Lack of signature on my part (or my legal guardian's) does not nullify this entry form.

Name:	
Address:	Sex: M F
City, State:	Age on 04/20/2013:
Evening Phone:	
<input type="checkbox"/> Check here if registration is for Kids Fun Run	
Signature (parent, if under 18 years of age)	