

# REVIVING THE DEAD HEART

ROSALES SPIRITUAL RETREAT 2014  
JUNE 19TH - 23RD 2014



# WELCOME TO RUMI'S RETREATS 2014

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Rumi's welcomes you to our annual summer spiritual retreat 2014. Taking place in the breathtaking and awe inspiring landscape of Andalusia, Spain. Rumi's Cave is a community hub, and a cultural arts & recreation space inspired by the legacy of Rumi. It is a dynamic and inclusive platform which hosts a wide range of programs, activities and events for the community.

The intention behind our retreats is to bridge the gap between scholars and students. Learning directly from the Quran (The Holy book of God) and Sunnah (traditions of the Holy Prophet Muhammad, peace and blessing be upon him). Homing in on a particular topic that we feel needs to be focused on, bettering us as individuals, our families and our communities. Learning in a protected Islamic environment.

This year's topic we will be looking at:  
*"reviving the spiritually dead heart"*

We will be looking at the questions:  
What is the spiritual heart? What makes a sound heart?  
What are the ill's of the sick heart? How do you heal a sick heart?  
How do you keep your heart connected with God, Allah?  
(Almighty and Glorious is He).

Come learn, ponder, explore, contemplate and rejuvenate at this year's retreat. We hope you enjoy your stay.  
Please keep us in your prayers.

*Rumi's Retreats*

- 1. Introduction to the retreat & its grounds**
- 2. The area and address**
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## 1. INTRODUCTION TO THE RETREAT

Join us in the enchanting Andalusian countryside in southern Spain for a retreat that will take you on a journey towards reconnection and reviving the vessel that draw's us nearer to our Creator and our very essence the spiritual heart. Taking place one week before the beginning of the month of Ramadan. This retreat will provide seekers with the perfect escape from the city and the tools necessary to build a foundation for the month that approaches.



“There is a candle in your heart, ready to be kindled. There is a void in your soul, ready to be filled. You feel it, don't you?” Rumi

Set in the picturesque Al Queria de Rosales surrounded by rolling hills, cherry orchards and almond trees with the open sky as our canopy. This is the perfect setting for the seeker looking for a moment away to reconnect.

In addition to classes with Scholars there will be classes on natural health and prophetic medicine. Malaysian martial art silat, poetry workshops, performance nights in addition to archery, swimming (segregated) mountain biking or you can simply enjoy the grounds. Or take a quiet moment to bask in the sun and contemplate on Allah's creation or spend time within the beautiful mosque that is an architectural feature of Rosales.

## 2. THE AREA AND ADDRESS

The retreat is situated in the heart of Andalusia, Spain. Alqueria De Rosales known as the *village of roses* is a secluded sanctuary for those who want to escape the hustle of the city. It is situated 2km away from local town of Puebla de Don Fadrique.

The local town has a cash machine, supermarket called DIA, pharmacy, local hospital and petrol station (for those traveling by cars). Puebla de Don Fadrique is a 2 hour drive from Murcia and Granada. Those who are driving down should ideally hire out a GPS, satellite navigation system as it might be easier.

**Note:** Please do not contact these numbers if you are asking for the general structure of the retreat. All enquiries should be made directly to Rumi's retreats.

### Address for the retreat

Alqueria de Rosales  
Puebla D. Fadrique  
18820  
Granada, Spain

### Contact number for the retreat

Phone (Hours Monday – Thursday  
10:00- 14:00 CET)  
+34 958 344438





### 3. SPEAKERS

#### Shaykh Babikir

Shaykh Babikir is a Islamic scholar, poet, counselor, and public speaker. Actively promoting Britain and British Islam through the Commonwealth and Foreign Office. He is currently the chairman of Rumi's Cave / Kitchen. His vision first began in 2004 when he set up the charity to aid those who are vulnerable in disaster stricken areas. And he was the religious director and Imam at Islamia primary school for 20 years.

Shaykh Babikir is a descendant of a companion of the Prophet Muhammed (saw), the noble Sayyidina Abu Bakr (ra). He studied the Islamic Sciences in Sudan under Shaykh Fatih Qaribullah (rahimah-ullah) son of Sayyidi Shaykh Qaribullah (rahimah-ullah) son of the Great Shaykh Ahmed At-Tayyib (rahimah-ullah). He has certified Ijaza'at in various Islamic disciplines including Maliki Fiqh, Hadith, Aqeeda, Dawa, Tajweed, Tassawuff.

Shaykh Babikir travels across the world and regularly tours differing communities, universities & organisations engaging and responding to their various discussions and ways to give back to the community.

#### Imam Abdul Latif

Imam Muhammad Abdul Latif Finch is an American Muslim Lecturer and teacher. After converting to Islam, he began seeking sacred knowledge and eventually in 2002 moved to the San Francisco, Bay area to study and be amongst the first students of the Zaytuna Institute (now Zaytuna College) where he earned his ijazaa in Islamic Sciences including; Quranic Sciences, Hadith, Maliki and Shafi'i Jurisprudence,

Usul Fiqh, Seerah, Logic, and Arabic Grammar and Morphology under the tutelage of noted scholars; Shaykh Hamza Yusef, Shaykh Salik bin Siddina, Imam Zaid Shakir, Shaykh Abdur RahmanTaahir, Qari Umar Bellahi, Shaykh Abdullah Ali, and Shaykh Yahya Rhodus.

Since graduating in 2008, Muhammad Abdul Latif has continued his studies under Dr. Umar Farooq Abdullah, Shaikh Abdallah Bin Bayyah. He was appointed as a Muqaddam of the Tariqa Tijaani by Shaykh Mahi Cisse. Under the guidance of Imam Zaid Shakir, Muhammad Abdul Latif co-founded the Lighthouse Mosque in Oakland, California where he served as the Imam till 2012.

Muhammad Abdul Latif is currently residing in Berkeley, California where he is pursuing a Master's degree in Philosophy at the Dominican School of Philosophy and Theology.



**Shaykh Babikir**

**Imam Abdul Latif**

## 4. ORGANISERS

Please come to any of these organisers during the retreat if you have any problems or difficulties. Please refrain from asking the staff at Alqueria De Rosales as they may not know the full structure of our retreat.

**1. Isa Sulaiman:** *At Murcia airport (Spain)*

Isa will be at Murcia airport and will be a guide for participants to the coach. Please go to Isa once you arrive at Murcia airport. Please note you may have to wait for all to arrive at the airport and register. Coach leaves prompt at 8pm. Isa can also speak Spanish if you need any help with locals once you arrive.

**2. Abbas, manager of Rumi's Cave:** *At the Retreat*

**3. Aminah, manager at Rumi's Kitchen:** *At the Retreat*

**4. Kenan:** *At the Retreat*

**5. Ismail:** *At the Retreat*

**6. Sumayyah:** *At the Retreat*



Isa

Abbas

Aminah

## 5. GROUPS

This year we will be placing people into groups. These groups will not be fixed during the whole retreat, only at certain intervals. But will be used when we want people to engage in discussions when the lecturer asks certain questions. Or during fixed group activities to actively share, debate and learn from differing mindsets.

Each group will contain 7 people

Team 1: *List to be sent out before the retreat commences*

Team 2: *List to be sent out before the retreat commences*

Team 3: *List to be sent out before the retreat commences*

Team 4: *List to be sent out before the retreat commences*

Team 5: *List to be sent out before the retreat commences*

Team 6: *List to be sent out before the retreat commences*

Team 7: *List to be sent out before the retreat commences*

**Please note we will be sending you this information before we leave for Spain, God willing.**



## 6. ITINERARY

**Please note more details or changes to our itinerary may take place. We will send you any changes prior to our travels, God willing.**

### **Thursday 19th of June**

Arrival of participants from Murcia Airport times vary

**6:00am – 6:30pm:** All U.K flights to Murcia airport

**7:15pm:** Coach leaves Murcia airport

**9:45pm:** Arrival to retreat / guests can pray Maghrib on arrival.

*(All luggage taken to rooms after dinner)*

**10:15pm:** *Dinner / brief introductions and reflection upon the program, followed by Q&A*

**11:30pm:** Isha in the mosque

### **Friday 20th of June**

**5:30am - 6:00am:** Fajr

**6:00am - 11:15am:** Walk orientation and outdoor breakfast

*\*\*\*accomodation by car for those who are elderly or with children*

**11:15am – 11:30pm:** Break

**11:30am- 1:00pm:** *Session 1 with Shaykh Babikir (In lecture hall)*

**1:00pm-2:00pm:** Lunch

**2:15pm:** Jumma Salaah lead by Shaykh Babikir

**3:15pm-6:00pm:** *Free to do activities:*

**3:15pm - 4:30pm:** *Herbal Medicine workshop or sisters swimming*

**4:30pm - 6:00pm:** *Sister's Silat / Brother's Swimming*

**6:15pm:** Asr

**7:00pm- 8:00pm:** Dinner

**8:15pm -9:30pm:** *Q&A and evening reflections with Sheikh Babikir & Imam Abdul Latif (in mosque)*

**9:36pm:** Maghrib Salaah

**10:00- 11:15pm:** *Film night*

**11:30pm:** Isha Salaah

### **Saturday 21st of June**

**6:00am - 7:00am:** Fajr followed by Quran and Dhikr

**8:00am - 9:00am:** Breakfast (will not be served after this time)

**9:10am- 10:30am:** *Session 2 with Imam Abdul Latif (In lecture hall)*

**10:30am – 10:40 pm:** Break

**10:40am- 12:10 pm:** *Session 3 with Shaykh Babikir*

**12:15pm - 1:15pm:** Lunch

**1:30 pm - 2:15 pm:** *Session 4 with Shaykh Babikir*

**2:30pm:** Dhuhr Salaah

**2:50pm - 6:00pm:** *Free to do activities:*

**2:50pm - 4:30pm:** *Workshop 1 with Abbas or brothers swimming*

**4:30pm - 6:00pm:** *Brother's Silat / Sister's Swimming*

**6:15pm:** Asr Salaah

**7:00pm- 8:00pm:** Dinner

**8:15pm -9:30pm:** *Q&A and evening reflections with Sheikh Babikir & Imam Abdul Latif*

**9:36pm:** Maghrib Salaah

**10:00- 11:15pm:** *Evening of Poetic and Acoustic Expression and Open Mic*

**11:24pm:** Isha Salaah

### **Sunday 22nd of June**

**6:00am - 7:00am:** Fajr followed by Quran and Dhikr

**8:00am - 9:00am:** Breakfast (will not be served after this time)

**9:10am- 10:30am:** *Session 5 with Shaykh Babikir*

**10:30am – 10:40pm:** Break

**10:40am- 12:10pm:** *Session 6 with Imam Abdul Latif*

**12:15pm-1:15pm:** Lunch

**1:30- 2:15pm:** *Session 7 with Imam Abdul Latif*

**2:30pm:** Dhuhr Salaah



## 7. HEALTH INSURANCE & TRAVEL INSURANCE

**2:50pm - 4:30pm:** *Tasbih (bead) making workshop or brothers swimming*  
**4:30pm - 6:00pm:** *Archery or sisters swimming*  
**6:15pm:** Asr Salaah  
**7:00pm- 8:00pm:** Dinner  
**8:15pm -9:30pm:** *Q&A and Ramadan Reflections with Shaykh Babikir Imam Abdul Latif*  
**9:36pm:** Maghrib Salaah  
**10:15pm:** *Sleeping / Lecture under the stars with Shaykh Babikir*  
**11:24pm:** Isha Salaah

### Monday 23rd of June

**6:00am - 7:00am:** Fajr followed by Quran and Dhikr  
**8:00am - 9:00am:** Breakfast (will not be served after this time)  
**9:10am- 10:30am:** *Session 6 with Imam Abdul Latif*  
**10:30am – 10:40pm:** Break  
**10:40am - 12:10pm:** *Final reflections with Shaykh Babikir & Imam*  
**12:15pm -1:15pm:** Lunch  
**1:15pm- 1:45pm:** Take luggage from rooms and place on grass.  
**1:45pm:** Leave for airport

### NOTICE FOR RAMADAN

All guests are free to stay on even after our program has ended at the retreat at a very reasonable reduced rate alhamdulillah. Kindly stated by the owners this year during the Ramadan period. You will have to organise travel arrangements back yourself, God willing. To enquire contact the retreat directly. Stating our groups dates. Payment is still made directly to us, additional dates to the retreat. All contact information can be found online for Alqueria de Rosales. Jazakallah khayr. (We do not deal with these enquiries.)

### Health Insurance

If you are visiting Spain, you should obtain a European Health Insurance Card (EHIC). The European Health Insurance Card (EHIC) allows you to access state-provided healthcare in all European Economic Area (EEA) countries and Switzerland at a reduced cost or sometimes free of charge. It only costs £14.99 (a one off payment) for the card and can be processed as quickly as seven days. The EHIC is not a substitute for medical and travel insurance, but it entitles you to state provided medical treatment that may become necessary during your trip.

Any treatment provided is on the same terms as Spanish nationals so if a Spanish national is required to pay a fee towards their treatment, you would also have to pay the same fee.

The EHIC will not cover medical repatriation, ongoing medical treatment or non-urgent treatment. You should also make sure you have adequate travel health insurance and accessible funds to cover the cost of any medical treatment abroad and repatriation. If you are referred to a medical facility for treatment you should contact your insurance/medical assistance company immediately. The website is [www.applyehic.org](http://www.applyehic.org) please check the website for more details of what is covered. Otherwise health insurance can be purchased from any travel, bank or insurance provider websites.

### Travel insurance

There are some policy covers that handle comprehensive health and travel insurance together. But if you are solely looking for travel insurance for loss of luggage, damage to property or other factors covered by these policies whilst traveling by plane. Please arrange to do so before attending the retreat. Purchase of health & travel insurance are solely up each participant who attends the retreat. Once at the retreat each individual will be solely accountable to look after their own property safely in their rooms or in the dorms. Participants must also be fit and well enough to travel. If you are unsure if you are well enough to travel please check with your doctor beforehand. If you feel unwell at the retreat please come to one of the organisers and let us know immediately. Or if there is an emergency dial 112 and ask for an ambulance.



## 8. CODE OF CONDUCT AT THE RETREAT

**Alqueria De Rosales is not just a retreat but a family business. Any land on the site is property of the owners so please be aware of this.**

- 1- Participants must respect the area and their surroundings. No littering or abuse of property.
- 2- Adhere to the timetable set. Unless you have small children. Or you inform one of the organisers.
- 3- Must not engage in arguments and show mutual respect to one another.
- 4- Must be on time for arrival of coach and departure.
- 5- Must take care of their own personal belongings at the retreat as Rumi's retreats will not be held liable for any lost property.
- 6- Take care of their own health and travel insurance as Rumi's retreats will not be held liable for any accidents.
- 7- If you leave the grounds at any point even to the local town you should notify one of the organisers.
- 8- Please don't abuse your time with the scholars & performers. Please remember they have to sleep and need rest too and can not go into lengthy discussions. Unless they state they are o.k to do so. To schedule any private appointments with the scholars please come to one of the organisers.
- 9- No intoxicants will be allowed on the site, any one seen with these items will be immediately asked to leave the retreat, and will not be refunded any money.
- 10- Brothers and sisters are free to chat to one another but please know the boundaries. No men should enter the ladies dorms or vice versa.

## 9. WHAT TO BRING TO THE RETREAT

### **Money**

Please note that there are no cash machines at the retreat. The nearest cash machine is in the local town 2km away. The currency in Spain is the Euro. When changing money, you should always use official money exchange offices or banks, as possession and use of counterfeit money is considered a very serious crime in Spain and may lead to prosecution.

### **Money - Credit cards and ID**

When buying goods in Spain with credit/debit cards, all customers, regardless of nationality, must show ID. You may be able to use a driving licence or a photocopy of your passport, but you may be required to show your passport.

### **Toiletries**

The retreat does provide towels and toiletries but we would still recommend to bring your own just in case. Please note sometimes due to the hot temperature the hot water runs at a luke warm temperature.

### **Suncream**

June in Andalucia is typically a very dry, sunny and a hot month. Over the region as a whole, daytime temperatures typically reach a maximum of 32 degrees, and the temperature typically falls to 17 degrees overnight. Please bring suncream with the right (SPF) sunscreen's sun protection factor, for your skin. Between the hours of 10 a.m. and 4 p.m, UV rays are stronger, even on cloudy days. Most experts recommend you try to avoid the outdoors all together during these times. But if you absolutely must be outside, reapply your sunscreen as often as you can. Every couple of hours, or even every hour, if possible.

### **Travel adaptors**

Plug sockets are two pin in Spain & Europe. So please ensure you have the right travel adaptor.

### **Snacks**

The retreat does sell ice creams and few snacks (that you will be charged for). Please remember its a 2km walk to the nearest town so if you get peckish please bring snacks along with you.



# 10. ACTIVITIES AT THE RETREAT

**These sessions are to be held after Dhuhr salaah  
(Please refer to itinerary for times)**

**The prices are separate to pay for the teachers time & materials  
etc**

## **1. Archery at the retreat**

10 euros per session

## **2. Tasbih (bead) making workshop**

An introduction to making prayer beads

Price to be confirmed at the retreat (includes materials)

## **3. Natural healing and prophetic medicine**

Workshop £10 or 10 euros per session

## **4. Poetry workshop taught by Abbas**

All levels are welcome.

£10 per session or 10 euros (includes materials)

## **5. Silat**

£10 per session or 10 euros

The martial art known as silat is a traditional form of self defence from the malay archipelago (Malaysia and Indonesia). This art has a very distinct characteristic of movements and breathing excercises which derive from salah, the islamic prayer and the ritual ablution, wudhu. On this retreat, all students joining in the silat classes will become enlightened to the fact that silat is a natural fitrah to all human beings meaning everybody is equipped with the best self defence already without realising.



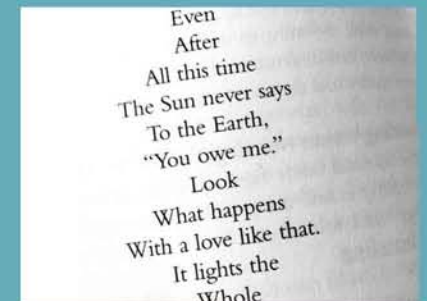
**1. Archery**



**2. Tasbih (Bead making)**



**3. Natural healing**



**4. Poetry workshop**



**5.Silat**



## 11. SALAAH TIMES

### Prayer Times Schedule

**Month:** 6/2014, 8-9 / 1435 A.H

**Location:** La Puebla De Don Fadrique, SPAIN

**Calculation Method:** Muslim World League

**Juristic Method:** Standard



Day	June	Hijri	Fajr	Sunrise	Dhuhr	Asr	Maghrib	Isha
Sun	1	3/8	4:57	6:49	2:08	6:02	9:27	11:12
Mon	2	4/8	4:56	6:48	2:08	6:02	9:28	11:13
Tue	3	5/8	4:56	6:48	2:08	6:02	9:28	11:13
Wed	4	6/8	4:55	6:48	2:09	6:02	9:29	11:14
Thu	5	7/8	4:55	6:47	2:09	6:03	9:29	11:15
Fri	6	8/8	4:54	6:47	2:09	6:03	9:30	11:16
Sat	7	9/8	4:54	6:47	2:09	6:03	9:31	11:17
Sun	8	10/8	4:53	6:47	2:09	6:03	9:31	11:18
Mon	9	11/8	4:53	6:46	2:09	6:04	9:32	11:18
Tue	10	12/8	4:52	6:46	2:10	6:04	9:32	11:19
Wed	11	13/8	4:52	6:46	2:10	6:04	9:33	11:20
Thu	12	14/8	4:52	6:46	2:10	6:04	9:33	11:20
Fri	13	15/8	4:52	6:46	2:10	6:04	9:34	11:21
Sat	14	16/8	4:52	6:46	2:11	6:05	9:34	11:21
Sun	15	17/8	4:52	6:46	2:11	6:05	9:34	11:22
Mon	16	18/8	4:52	6:46	2:11	6:05	9:35	11:22
Tue	17	19/8	4:52	6:46	2:11	6:05	9:35	11:23
Wed	18	20/8	4:52	6:46	2:11	6:06	9:35	11:23
Thu	19	21/8	4:52	6:47	2:12	6:06	9:36	11:23
Fri	20	22/8	4:52	6:47	2:12	6:06	9:36	11:24
Sat	21	23/8	4:52	6:47	2:12	6:06	9:36	11:24
Sun	22	24/8	4:52	6:47	2:12	6:06	9:36	11:24
Mon	23	25/8	4:53	6:47	2:12	6:07	9:36	11:24

## 12. DIETARY REQUIREMENTS - 13. SOCIAL MEDIA

At the retreat breakfast, lunch & dinner are all inclusive. But if you have any allergies to any particular food or you are a vegetarian or vegan. Please notify us so we can let the retreat know.

Everything at the retreat is organic, halal & locally sourced. Email [rosales2014@rumis.org](mailto:rosales2014@rumis.org) if you have any specific dietary requirements.

### **SOCIAL MEDIA, SHARE YOUR EXPERIENCE!**

Wifi is available at the retreat in certain locations, but we can not guarantee the connection or availability.

However if you manage to pick up signal. You can hashtag you experience with us at: **#rumisretreats**

Twitter: [@rumiscave](https://twitter.com/rumiscave)

Instagram: [myrumiscave](https://www.instagram.com/myrumiscave)

Facebook: [www.facebook.com/rumiscave](https://www.facebook.com/rumiscave)





## 14. TRAVEL INFORMATION

### Safety and Security - Crime

The vast majority of visits made to Spain by British nationals are trouble-free. Be alert to the existence of street crime, especially thieves using distraction techniques. Thieves often work in teams of two or more people and tend to target money and passports. In many cases, one person distracts the victim while the accomplice(s) perform the robbery. When carrying valuables (e.g. credit cards or cash) don't keep them all in one place, and remember to keep a photocopy or scanned copy of your passport somewhere safe.

A significant number of Emergency Travel Documents issued by consulates in Spain are as a result of travellers having their passports stolen while passing through the airport, when arriving in or departing from the country. Special care should be taken to guard passports, money and personal belongings when collecting or checking in luggage at the airport and also while arranging car hire.

In some city centres and resorts, thieves posing as police officers on foot patrol may approach tourists and ask to see their wallets for identification purposes. If this happens to you, be careful. First establish that the officers are genuine. If the police request ID, either show them your passport, driver's licence or other photographic identification. Genuine police officers do not request to see wallets or purses.

If you are a victim of crime call 112. To report all crimes, including stolen property and lost or stolen passports, ring 902 102 112: you can explain the case over the phone (in English) and you will then be directed to your nearest Police Station to sign the police report (denuncia). If you have had belongings stolen, you will need to keep the report for insurance purposes.

If your passport is lost or stolen, keep the police report i) for insurance purposes, ii) to apply for an emergency travel document from your nearest British Consulate and iii) to apply for a replacement passport when you return to the UK. Make sure you obtain a 'police report' (una denuncia) and not a 'sworn declaration' (una declaración judicial), as the latter may not be accepted as evidence of the crime for insurance purposes, or when applying for your new passport.

### British Consulate:

**Spain, Madrid, British Consulate General**

### Address:

British Consulate  
Torre Espacio  
Paseo de la Castellana 259D  
28046 Madrid

Emergency consular assistance (eg. arrest, death, hospitalisation)

### Telephone:

(+34) 902 109 356  
Alternative phone number: (+34) 91 334 2194  
Fax: +34 917 146 401

### Office hours:

Office Hours: (local time = CET):  
Public Counter: Mon – Fri 08:30 – 13:30  
Telephone calls: Mon – Fri 08:00 - 16:00

**Website:** <http://ukinspain.fco.gov.uk/en/>

**If you are not a British citizen please note where your country's embassy is based in Spain, in case of an emergency.**



## Travel Tips

- > Follow our travel advice for Spain: [www.fco.gov.uk/travel](http://www.fco.gov.uk/travel)  
t: +44 (0) 845 850 2829
- > Apply for a free European Health Insurance Card to be able to access emergency medical treatment: [www.ehic.org.uk](http://www.ehic.org.uk)  
t: 0845 606 2030 (UK)  
t: +44 (0) 191 218 1999 (overseas)
- > Buy travel insurance to help cover unexpected costs e.g. medical bills, stolen belongings etc.
- > Take enough medication and money to cover any unforeseen extended stays or emergencies. Don't keep all money & credit cards together
- > Keep a photocopy of your passport somewhere safe and send a scanned version of your passport to your email account
- > Drink sensibly, take care driving and let people know if you plan to go off the beaten track

## Essential Words

- > Help! = *¡Socorro!*
- > Look out! = *¡Cuidado!*
- > Ambulance = *Ambulancia*
- > Police = *Policía*
- > Fire! = *¡Fuego!*
- > Firemen = *Bomberos*
- > Do you speak English? = *¿Habla inglés?*

## Emergency Numbers

- > Ring 112 for emergency services
- > Ring 902 102 112 to report all crimes

## British Consulate Support

- > British Consulates overseas can provide you, a British national, with:
  - > Emergency passports and information about money transfers
  - > Support if you have been a victim of crime, hospitalised or arrested
  - > Special arrangements in crises e.g. acts of terrorism, civil disturbances or natural disasters
  - > Details of local doctors, lawyers, interpreters and funeral directors
  - > Facilities to contact your family or friends
- > We cannot arrange preferential treatment in hospitals or prisons, give legal advice or pay any of your bills.
- > More information on the full support and services we provide is on: [www.ukinspain.fco.gov.uk](http://www.ukinspain.fco.gov.uk) (go to the 'Help for British Nationals' section)

## Advice for British Visitors to Spain



### British Consulates in Spain

We have Consulates in Alicante, Barcelona, Gran Canaria, Ibiza, Madrid, Málaga, Mallorca and Tenerife but we will provide support to you wherever you are in Spain.

For the visiting hours, addresses and contact details (including what to do out of office hours) of all our Consulates, please visit our website:

[www.ukinspain.fco.gov.uk](http://www.ukinspain.fco.gov.uk)  
(go to the 'About us' section).

[www.fco.gov.uk](http://www.fco.gov.uk)

Name

Passport Number

Details of someone to contact in an emergency

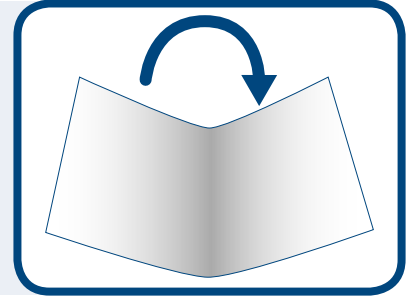

(Don't forget to complete this section on the back page of your passport)

[www.fco.gov.uk](http://www.fco.gov.uk)

# Consular leaflet folding instructions

## Step 1

Print the leaflet and fold in half (with the blank side folded inwards)



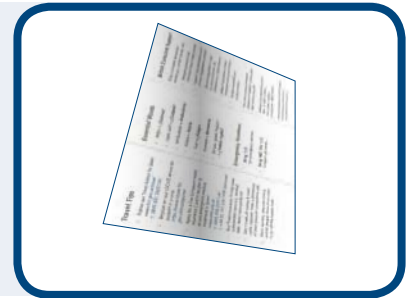
## Step 2

All the text should be on the outside, showing 3 panels on each side



## Step 3

On the white page, you will see two blue lines (splitting the text into 3 panels)



## Step 4

Fold the right hand panel inwards along the blue line so you have the brown section facing you



## Step 5

Fold the left hand panel inwards along the other blue line and over the top of the brown section



## Finish

Once complete, the leaflet should show the flag at the front and the blue panel at the back





**...SEE YOU THERE, GOD WILLING  
DON'T MISS OUT!**



**ROSALES2014@RUMIS.ORG**