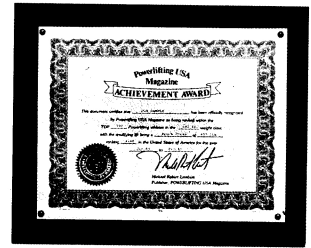


TOP 100

For standard 242 lb./110 kg. USA lifting in results received from January 1996 through January 1997.

PL USA Top 100 Achievement Awards



SQUAT

- 1 1032 Goggins, S..6/1/96
- 2 970 Wessels, W..6/1/96
- 3 936 Coan, E..7/28/96
- 4 870 Susco, P..7/7/96
- 5 840 McFerren..3/16/96
- 6 830 Bott, J..11/24/96
- 7 821 Lavitola, N..11/24/96
- 8 820 Holmes, D..11/24/96
- 9 810 Stewart, A..8/25/96
- 10 810 Audet, D..11/3/96
- 11 805 Downey, H..5/11/96
- 12 804 Douglas, J..7/28/96
- 13 804 Meyers..1/19/97
- 14 800 James..3/16/96
- 15 800 Savalinaea, S..4/13/96
- 16 800 Campbell, D..7/16/96
- 17 800 Futrell, T..11/9/96
- 18 775 Wagner, B..7/7/96
- 19 775 Hawkins, M..11/24/96
- 20 771 Deaver, R..10/27/96
- 21 766 Jacobs, J..8/18/96
- 22 765 Dechant, B..7/7/96
- 23 760 Couvion, R..2/4/96
- 24 760 Muratori..12/7/96
- 25 750 Grosso, G..11/24/96
- 26 749 Higa, G..5/26/96
- 27 744 Gonzales, D..2/11/96
- 28 740 Simmons..7/20/96
- 29 735 Hasler, L..11/24/96
- 30 735 Emrich, K..12/19/96
- 31 733 Privitera, C..6/30/96
- 32 733 Wilson, D..11/3/96
- 33 733 Garcia, C..11/16/96
- 34 730 Kranski, E..4/27/96
- 35 725 Czanc, D..11/9/96
- 36 720 Dimiduk, M..7/7/96
- 37 720 Walsh, R..11/24/96
- 38 716 Harris, D..8/11/96
- 39 716 Suthphin, P..11/10/96
- 40 716 Budd..12/7/96
- 41 715 Ruquet, E..11/24/96
- 42 710 Weeks, T..3/24/96
- 43 710 Danko, L..5/19/96
- 44 710 Simmons, M..11/16/96
- 45 705 Bowser, S..3/24/96
- 46 705 Anderson, P..4/13/96
- 47 705 Brown..9/21/96
- 48 705 DeAnda, J..11/9/96
- 49 705 Meeka, D..1/18/97
- 50 700 Easters, J..1/21/96
- 51 700 Howard, K..3/24/96
- 52 700 Soto, G..5/4/96
- 53 700 Harrison, W..5/18/96
- 54 700 Brinton..7/7/96
- 55 700 Crenshaw..7/20/96
- 56 700 Robinson, V..11/9/96
- 57 700 Champney, M..12/7/96
- 58 700 Levario, N..6/30/96
- 59 699 Zensen, D..8/11/96
- 60 690 Robinson, D..2/18/96
- 61 690 Seeker, C..7/7/96
- 62 690 Hengata, D..9/7/96
- 63 690 Young, C..10/5/96
- 64 690 Elder, M..11/23/96
- 65 688 Shiffer, D..3/10/96
- 66 688 Isbell..12/7/96
- 67 685 Wagner, G..4/27/96
- 68 685 Schellen, M..7/20/96
- 69 685 Gray, L..11/24/96
- 70 683 Brown, Z..6/2/96
- 71 683 Driscoll, C..6/16/96
- 72 683 Braucht, R..6/30/96
- 73 683 Shimoni, E..9/1/96
- 74 683 Bruner, T..11/6/96
- 75 680 Calhoun, B..11/24/96
- 76 680 Hayes, K..12/7/96
- 77 677 Atherton, D..6/23/96
- 78 677 Preston, T..11/23/96
- 79 675 Boyd, P..3/10/96
- 80 675 Sadoski, R..3/23/96
- 81 675 Riffle, D..6/30/96
- 82 675 Little..6/9/96
- 83 675 Tying, P..12/7/96
- 84 675 Isaac, J..1/11/97
- 85 672 Machines, D..2/4/96
- 86 672 Willford, R..3/10/96
- 87 672 Swift, M..6/23/96
- 88 672 Graham, J..8/25/96
- 89 666 Seago, M..6/2/96
- 90 666 Hartle, M..6/16/96
- 91 666 Mitchell, M..7/28/96
- 92 665 Weldow, T..3/10/96
- 93 665 Carter..3/16/96
- 94 665 Hood, J..5/18/96
- 95 665 Garcia..7/7/96
- 96 661 Lade, S..4/16/96
- 97 661 McFarland, M..6/2/96
- 98 661 Drosser, W..10/13/96
- 99 661 Meadows, A..11/16/96
- 100 660 Ward, R..2/18/96

BENCH PRESS

- 650 Wessels, W..8/24/96
- 645 Blakely, J.M..12/7/96
- 640 Wakakuwa, F..10/96
- 596 Smith, S..7/28/96
- 590 Taylor, C..12/7/96
- 589 Brohier, T..9/21/96
- 575 Miller, D..3/3/96
- 570 Sylvestri, R..5/18/96
- 570 Walsh, R..8/25/96
- 570 Kaczmer, J..12/1/96
- 560 Smith, M..1/20/96
- 556 Weaver, J..11/24/96
- 555 Allison, L..2/3/96
- 555 Buechlein, G..12/7/96
- 551 Kitanr..7/20/96
- 551 Coan, E..7/28/96
- 550 Rush, E..7/13/96
- 550 Meeks, D..8/17/96
- 550 Walsh, R..11/24/96
- 540 Powell, S..3/30/96
- 535 Blake, A..3/10/96
- 535 Ota, M..6/30/96
- 535 Kelly, D..11/9/96
- 535 Nichols, M..1/18/97
- 534 Goggins, S..6/1/96
- 534 Rohmer, P..7/21/96
- 534 Doan, D..9/21/96
- 534 Dolan, J..12/7/96
- 530 Schafnit, S..2/11/96
- 530 Pagtkhan, S..3/30/96
- 530 Wagner, B..7/7/96
- 530 Kelver, D..11/9/96
- 529 Worley, K..11/3/96
- 529 Jacobs, J..12/8/96
- 525 O'Shel, D..7/20/96
- 525 Donati, R..11/9/96
- 523 Brownfield, K..8/24/96
- 520 Aman, W..3/9/96
- 520 Sullivan, S..3/30/96
- 520 Chaffin, J..8/4/96
- 520 Bolosan, L..10/96
- 518 Milton..1/14/96
- 518 Blakley, M..3/9/96
- 518 Nelson, J..7/28/96
- 518 Smith, D..9/28/96
- 515 Shea, J..3/16/96
- 515 Freeman, E..3/17/96
- 515 Fernandes, J..3/23/96
- 515 Rains, K..4/20/96
- 510 Watkins, J..3/17/96
- 510 Willford, R..5/4/96
- 510 Wade, R..4/9/97
- 510 Johnson, T..1/25/97
- 507 Edleman, M..2/4/96
- 507 Lavitola, N..11/24/96
- 507 McCoy, G..12/15/96
- 505 Orlando, C..2/10/96
- 505 Coulter, M..4/13/96
- 505 Seeker, C..4/20/96
- 505 Reibel, P..8/3/96
- 505 McMillan, D..9/21/96
- 505 Ford, R..11/16/96
- 505 McDonald, S..11/24/96
- 501 Chance, T..1/21/96
- 501 Keeney, M..3/23/96
- 501 O'Kelley, S..6/1/96
- 501 Douglas, J..7/28/96
- 501 Mills, M..8/24/96
- 501 Ray Jr., R..10/27/96
- 501 Lee, D..11/3/96
- 501 Dunham, B..12/1/96
- 501 Hoffman, J..12/7/96
- 500 Jackson, M..2/3/96
- 500 Ikeda..3/16/96
- 500 Amacher, T..3/17/96
- 500 Lazzareschi, G..3/30/96
- 500 Roberts, L..4/20/96
- 500 Hockman, R..5/11/96
- 500 Edmondson, G..6/29/96
- 500 Hanrahan, M..6/29/96
- 500 Tavanian, G..7/13/96
- 500 Mayo, D..8/24/96
- 500 White, R..9/21/96
- 500 Seare, T..10/19/96
- 500 Brown, A..11/6/96
- 500 Moore, G..11/24/96
- 500 Wood, K..12/7/96
- 500 Chamberlain, M..12/7/96
- 495 Sullivan, B..5/4/96
- 492 Gresham, R..12/7/96
- 490 Griffiths, B..4/13/96
- 490 Adelman, M..4/14/96
- 490 Schwartz, W..4/27/96
- 490 Forristall, S..5/5/96
- 490 Leach, J..9/7/96
- 490 Bell, J..9/28/96
- 490 Potkovich, G..11/9/96
- 490 Kelleher, S..12/7/96
- 490 Gonzales, D..12/8/96
- 485 Nyler..1/14/96

DEADLIFT

- 837 Coan, E..11/17/96
- 832 Goggins, S..6/1/96
- 821 Stewart, A..8/25/96
- 799 Lavitola, N..11/24/96
- 793 Wessels, W..6/1/96
- 755 Weldow, T..3/10/96
- 755 Brown..9/21/96
- 750 Howard, K..3/24/96
- 750 Simmons..7/20/96
- 749 Hood, J..11/10/96
- 745 Forney, E..3/16/96
- 745 Bult, G..4/27/96
- 744 Hogan, G..6/29/96
- 738 Douglas, J..7/28/96
- 730 Seeker, C..7/7/96
- 727 Hodges, J..2/11/96
- 725 Susco, P..7/7/96
- 725 Robinson, V..11/9/96
- 720 Wagner, B..7/7/96
- 716 Horton, L..3/17/96
- 715 Carter..3/10/96
- 715 Ricker, M..12/21/96
- 710 Robinson, D..2/18/96
- 710 James..3/16/96
- 710 Driscoll, C..6/16/96
- 710 Phillips, B..6/30/96
- 710 Braucht, R..6/30/96
- 710 Dimiduk, M..7/7/96
- 710 Bruner, T..11/6/96
- 705 Camlin, M..6/15/96
- 705 Jacobs, J..8/18/96
- 705 Donati, R..11/9/96
- 705 Holmes, D..11/24/96
- 705 Haaler, L..11/24/96
- 705 Grosso, G..11/24/96
- 705 Tying, P..7/7/96
- 705 Champney, M..12/7/96
- 700 Boyd, P..3/10/96
- 700 Crenshaw..7/20/96
- 700 Nugent, T..12/1/96
- 700 Lant, M..1/19/97
- 695 Lorett, P..9/7/96
- 695 Young, C..10/5/96
- 694 Lavarro, L..6/16/96
- 688 Atherton, D..6/23/96
- 688 Harris, D..6/30/96
- 688 Bell, J..9/28/96
- 685 Kranski, E..4/27/96
- 685 Bockoven, J..4/28/96
- 685 Bot, J..11/24/96
- 683 Deaver, R..10/27/96
- 683 Hoffman, J..12/7/96
- 680 Shanks, C..1/13/96
- 680 Davis, A..1/96
- 680 Savalinaea, S..4/13/96
- 680 Weyrough, K..4/27/96
- 680 Schellen, M..7/21/96
- 680 Villeneuve, D..11/23/96
- 680 Emrich, K..12/19/96
- 677 Coy, C..5/26/96
- 675 Carlin, C..1/20/96
- 675 Edlestein, M..4/28/96
- 675 Hall, P..5/11/96
- 675 Riffle, D..6/30/96
- 675 Jamson..6/96
- 675 Harmon, S..10/12/96
- 672 Mayne, C..3/10/96
- 672 Simmons, M..11/16/96
- 670 Ota, K..2/4/96
- 670 Forristall, S..5/5/96
- 670 Byers..7/28/96
- 670 Bartholomew, G..9/29/96
- 670 Wilson, S..10/5/96
- 670 Hayes, K..12/7/96
- 670 Meeks, D..1/18/97
- 666 Adalsteinsson, A..4/20/96
- 666 Mitchell, M..7/28/96
- 666 White, B..7/28/96
- 666 Audet, D..11/3/96
- 665 Gray, L..11/24/96
- 661 Lark, D..3/24/96
- 661 Clark, T..4/13/96
- 661 Garris, D..11/2/96
- 660 Tinsman, T..3/23/96
- 660 Downey, H..5/11/96
- 660 Betts..5/25/96
- 660 Cannell, L..6/15/96
- 660 Campbell, D..7/6/96
- 660 Terman, M..11/3/96
- 660 Steele, G..11/6/96
- 655 Mikesell, B..4/20/96
- 655 Downey, D..6/29/96
- 655 Sadoski, R..7/28/96
- 650 Becker, M..1/20/96
- 650 Piper, C..1/21/96
- 650 Colvin, C..3/9/96
- 650 McFerren..3/16/96
- 650 Rouscher..3/16/96
- 650 Shell, R..3/17/96
- 650 Penny, K..3/17/96

TOTAL

- 2399 Goggins, S..6/1/96
- 2392 Wessels, W..6/1/96
- 2303 Coan, E..7/28/96
- 2127 Lavitola, N..11/24/96
- 2077 Stewart, A..6/16/96
- 2044 Douglas, J..7/28/96
- 2025 Susco, P..7/7/96
- 2025 Wagner, B..7/7/96
- 1990 Bott, J..11/24/96
- 1955 Holmes, D..11/24/96
- 1940 McFerren..3/16/96
- 1935 Downey, H..5/11/96
- 1934 Jacobs, J..8/18/96
- 1934 Deaver, R..10/27/96
- 1920 Hasler, L..11/24/96
- 1915 James..3/16/96
- 1915 Seeker, C..7/7/96
- 1915 Simmons..7/20/96
- 1900 Savalinaea, S..4/13/96
- 1900 Audet, D..11/3/96
- 1890 Campbell, D..7/6/96
- 1890 Futrell, T..11/9/96
- 1885 Weldow, T..3/10/96
- 1885 Grosso, G..11/24/96
- 1880 Donati, R..11/9/96
- 1875 Walsh, R..11/24/96
- 1875 Meeks, D..1/18/96
- 1868 Bruner, T..11/16/96
- 1865 Brown..9/21/96
- 1860 Howard, K..3/24/96
- 1860 Dimiduk, M..7/7/96
- 1852 Gonzales, D..2/11/96
- 1850 Young, C..10/5/96
- 1830 Robinson, D..2/18/96
- 1830 Hood, J..5/18/96
- 1830 Robinson, V..11/9/96
- 1830 Taylor, C..11/24/96
- 1825 Kranski, E..4/27/96
- 1825 Hawkins, M..11/24/96
- 1825 Hayes, K..12/7/96
- 1807 Meyers..1/19/97
- 1805 Boyd, P..3/10/96
- 1802 Harris, D..8/11/96
- 1800 Forristall, S..5/5/96
- 1800 Higa, G..6/2/96
- 1800 Dechant, B..7/7/96
- 1800 Crenshaw..7/20/96
- 1800 Emrich, K..12/19/96
- 1796 Braucht, R..6/30/96
- 1795 Mitchell, M..7/28/96
- 1791 Muratori..12/7/96
- 1790 Tying, P..12/7/96
- 1785 Driscoll, C..6/16/96
- 1785 Atherton, D..6/23/96
- 1785 Schellen, M..7/21/96
- 1785 Czanc, P..11/9/96
- 1785 Simmons, M..11/16/96
- 1780 Swift, M..6/23/96
- 1775 Riffle, D..6/30/96
- 1774 Lavarro, L..6/16/96
- 1770 Havrilesko, D..11/24/96
- 1765 Anderson, P..4/13/96
- 1765 Jamson..6/96
- 1765 Brinton..7/7/96
- 1765 Wilson, S..10/5/96
- 1763 Blakley, M..3/9/96
- 1763 Shiffer, D..3/10/96
- 1760 Carter..3/16/96
- 1752 Willford, R..3/10/96
- 1752 Garris, D..11/2/96
- 1755 Weyrough, K..4/27/96
- 1755 Champney, M..12/7/96
- 1747 Budd..12/7/96
- 1746 Moncayo, M..8/10/96
- 1745 Wagner, G..4/27/96
- 1745 Preston, T..6/2/96
- 1741 Drosser, W..10/13/96
- 1735 Brown, Z..6/2/96
- 1735 Denison, S..9/21/96
- 1730 Ota, K..2/4/96
- 1730 Horton, L..3/17/96
- 1730 Weeks, T..3/24/96
- 1730 Villeneuve, D..11/23/96
- 1725 Phillips, B..3/9/96
- 1725 Sadoski, R..3/23/96
- 1725 Hall, P..5/11/96
- 1720 Garcia..7/7/96
- 1720 Lorentz, P..9/7/96
- 1720 Betts..11/9/96
- 1720 Elder, M..11/23/96
- 1719 McClain, C..4/27/96
- 1719 Gallagher, M..5/12/96
- 1719 Danko, L..5/19/96
- 1719 Sullivan, D..6/12/96
- 1719 White, B..7/28/96
- 1715 Edlestein, M..4/28/96
- 1715 Coulter, M..11/24/96
- 1714 Bowser, S..3/24/96
- 1710 Davis, A..1/96

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 275s

Corrections..... Lifts missing from previous TOP 100s include John Bosse's lifts of 694 352 540 1584 at 165; John Pelletier's 562 squat at 165, and Mark Pasillo's 953 squat at SHW. Russ Barlow's 880 squat/785 deadlift combo should have ranked on the Brobdignagian Biathlon in the May/96 PL USA. The V. Diaz on the TOP 100 181 list (Dec/96) was not Virgilio Diaz, who only should be credited with a 606 squat. Proper spelling of the #98 man on the squat list for the 198s is Deigan, not Deign. Mark Hardin's 545 deadlift at 165 was not on the TOP 100 list. In the results of the Volunteer State BP/DL, Darrell Nealy should have been credited with a 545 deadlift. The lifts of Greg Simmons at the ADFPA Nationals were incorrectly credited to R. Burris on the 132 lb. TOP 100. Greg's best lifts were 402 270 465 1135. Kane Kelly's 500 bench should have been credited to the TOP 100 198 list rather than the 220s. Greg Crowder should have been credited with lifts of 705 squat, 661 deadlift and 18082 total on the TOP 100 198 list. Two lifters were left off the results of the IPA Sr. Nationals: Mark Vliet, Teen 148 lb. class with lifts of 475 305 400 1180, and Dan Doolittle (same class) whose lifts were 425 320 425 1170. Send corrections to "ERRORS", Box 467, Camarillo, CA 93011.