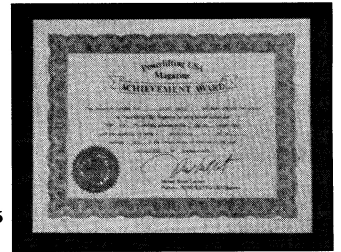


# TOP 100

For standard 132 lb./60 Kg. USA lifters in results received from SEP/2005 through AUG/2006

## PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

### NEXT MONTH... TOP 148s

**CORRECTIONS ...** According to Michael Song the totals on the TOP 100 SHW list should have read 2573 for Brian Siders, 2458 for Scott Weech, 2353 for Tex Henderson, and 2342 for Craig Gallo. Ted Butler indicates he should have been credited with lifts of 523 374 551 1449 in the results of the APF/AAPF meet on March 18th, 2006. On the TOP 100 for the 114 lb. class, Margaret Kirkland's name was misspelled on her total of 931 lbs. Marcus Coulter should have been credited with an 806 BP on the TOP 100 list for the SHW class. Brian Lanoue should have been listed for a 701 lb. deadlift on the TOP 100 ranking list for the 275 lb. class. Harry Barnett took the photos for the USAPL Bench Nationals. If you find errors in our ranking lists or the results that we publish, let us know at **POWERLIFTING USA Errors Department**, P.O. Box 467, Camarillo, California 93011 for a proper analysis of the situation (which can take some time, depending on the situation) and a correction.

### SQUAT

1 573 Washington, H..11/8/05  
2 523 Kuhns, M..3/18/06  
3 510 Stephen, C..3/25/06  
4 507 Dunn, J..4/7/06  
5 500 Wright, A..3/25/06  
6 496 Kupperstein, E..7/6/06  
7 490 Boutte, N..6/17/06  
8 465 Vaquera, M..3/25/06  
9 462 Ladewski, J..6/2/06  
10 457 Hafenbrack, M..6/17/06

11 450 Rosas, J..3/25/06  
12 445 Moran, A..3/25/06  
13 445 Chudej, C..2/18/06  
14 440 Toney, M..3/25/06  
15 440 Brown, O..6/17/06  
16 435 Nguyen, A..3/25/06  
17 430 Caraway, S..11/5/05  
18 429 Bahchevanov, K..3/18/06  
19 429 Smith, T..5/5/06  
20 425 Barent, J..1/28/06

21 425 Prewitt, A..3/25/06  
22 418 Kirkland, M..12/3/05  
23 413 Jones, K..10/5/05  
24 410 Limbrick, T..1/7/06  
25 410 Piwko, A..1/14/06  
26 410 Vera, R..3/25/06  
27 407 Burke, H..1/19/05  
28 405 Abner..3/9/06  
29 402 Carr, J.D..5/5/06  
30 400 Stanfield, J..2/11/06

31 400 Gill, K..2/25/06  
32 400 Hill, C..2/25/06  
33 396 Dement, J..1/28/06  
34 395 Barnes, C..2/11/06  
35 391 Hagendorf, J..2/25/06  
36 390 Hastings, W..2/4/06  
37 385 Moran, J..1/28/06  
38 385 Beatty, K..3/5/06  
39 385 Foddrill, B..5/5/06  
40 385 Kavaros, J..5/5/06

41 380 Ferree, C..12/10/05  
42 380 Ballard, T..1/21/06  
43 380 Donjuan, L..3/25/06  
44 375 Hales, C..1/28/06  
45 375 Vallapardo, M..2/4/06  
46 375 Blackshear, M..2/25/06  
47 375 Goods, M..2/25/06  
48 375 Garvin, K..2/25/06  
49 375 Medina, N..2/25/06  
50 375 Franciscus, A..8/12/06

51 374 Bissen, J..10/5/05  
52 374 Nogle, C..2/11/06  
53 374 Baines, T..6/17/06  
54 370 Miller, C..11/12/05  
55 369 Hendrickson, N..6/17/06  
56 365 Reyes, R..2/18/06  
57 363 Knight, M..1/28/06  
58 363 Tom, K..2/18/06  
59 360 Aoyagi, S..10/1/05  
60 360 Badagliaccio, J..3/10/06

61 358 Trujillo, R..5/5/06  
62 355 Galvez, C..1/28/06  
63 355 Jones, A..1/28/06  
64 355 Hardie, R..3/10/06  
65 352 Hilton, J..11/5/05  
66 352 Perry, J..2/11/06  
67 352 Caputo, R..3/18/06  
68 352 Rein, J..6/17/06  
69 352 Castillo, R..6/17/06  
70 352 Cola, R..6/24/06

71 350 Connally, G..2/11/06  
72 350 Castanon, J..2/25/06  
73 345 Rivera, L..1/21/06  
74 345 Davis, T..2/11/06  
75 345 Lewis, J..5/20/06  
76 341 Brown..11/2/05  
77 341 Rocha, S..2/25/06  
78 341 Kersey, E..7/7/06  
79 340 Pena, V..2/4/06  
80 340 Rytillahti, N..3/10/06

81 336 Underwood, D..3/11/06  
82 335 Hudspeth, J..1/21/06  
83 335 Stevenson, N..2/4/06  
84 330 Olivo, J..1/14/06  
85 330 Gideon, G..1/21/06  
86 330 Navarro, J..2/2/06  
87 330 Creel, B..2/4/06  
88 330 Gray, W..2/4/06  
89 330 Nash, M..2/11/06  
90 330 Lane, N..2/11/06

91 330 Nguyen, B..2/25/06  
92 330 Miller..5/7/06  
93 330 Storer, G..6/3/06  
94 330 Pruneda, L..6/17/06  
95 325 Bowdrie, D..1/21/06  
96 325 Lukaris, R..2/11/06  
97 325 Farek, J..2/11/06  
98 325 Rey, J..2/11/06  
99 325 Browne, T..2/25/06  
100 325 Homes..3/9/06

### BENCH

462 Unten, K..6/17/06  
385 Zehr, A..5/13/06  
380 Kuhns, M..3/18/06  
370 Knight, E..4/15/06  
352 Petrencak, S..9/17/05  
350 Goelz, B..12/17/05  
347 Barent, J..7/8/06  
341 Bahchevanov, K..3/18/06  
330 O'Grady, S..6/24/06  
325 Zerbe, S..3/18/06

319 Washington, H..11/8/05  
319 McLaren, R..4/19/06  
314 Fellows, S..9/17/05  
314 Ortiz, D..12/2/05  
305 Tepper, S..4/15/06  
303 Wilcox, J..12/3/05  
303 Thompson, J..5/23/06  
300 McCormick, R..5/21/06  
297 Barent, C..7/8/06  
297 Belen, T..7/15/06

295 Stephen, C..2/4/06  
292 Hagendorf, J..2/25/06  
292 Hrenchir, A..4/8/06  
292 Collington, K..5/13/06  
287 Ramos, A..4/22/06  
286 DeLaCruz, M..2/18/06  
286 Hafenbrack, M..6/17/06  
280 Aoyagi, S..2/11/06  
280 Homes..3/9/06  
275 Perry, M..10/22/05

275 Vera, R..3/25/06  
275 Lenhart, N..4/1/06  
275 Johnson, C..4/8/06  
275 Jackson, C..6/10/06  
270 Mann, D..4/22/06  
270 Heriford, R..5/13/06  
270 Baines, T..6/17/06  
270 Cola, R..6/24/06  
270 McDaniel, D..6/24/06  
265 Prewitt, A..3/25/06

265 Sam..4/23/06  
265 Warren, S..5/13/06  
265 Enoch, J..5/13/06  
260 Moran, J..1/28/06  
260 Helms, J..6/3/06  
259 Smith, T..5/5/06  
259 Boutte, N..6/17/06  
259 Ballard, T..6/17/06  
259 Kupperstein, E..7/6/06  
255 Rubio, G..9/10/05

255 Abner..3/9/06  
253 Orsua, J..9/17/05  
253 Chichon, I..10/23/05  
253 Ferree, C..12/10/05  
253 Dement, J..1/28/06  
253 Vincent, J..3/25/06  
253 Dunn, J..4/7/06  
253 Carr, J.D..5/5/06  
253 Jones, K..5/5/06  
253 Estrine, D..5/13/06

253 Williams, V..8/5/06  
250 Pagano, C..12/12/05  
250 Toney, M..3/25/06  
250 Moran, A..3/25/06  
250 Donjuan, L..3/25/06  
250 Henerader, M..7/29/06  
248 Creel, B..2/4/06  
248 Foddrill, B..5/5/06  
245 Gutierrez, A..12/3/05  
245 Nash, M..2/11/06

245 Beal, M..2/25/06  
245 Oebser, A..4/1/06  
245 Brown, S..5/20/06  
242 Watts, J..3/18/06  
242 Rocha, D..6/10/06  
242 Hendrickson, N..6/17/06  
240 Rosas, J..3/25/06  
240 Teeter, G..6/4/06  
235 Badagliaccio, J..3/10/06  
235 Wright, A..3/25/06

235 Nguyen, A..3/25/06  
231 Brown, O..4/1/06  
231 Signorelli, D..4/29/06  
231 Trujillo, R..5/5/06  
231 Ladewski, J..6/2/06  
231 Akina, K..6/17/06  
230 Vaughn, J..1/21/06  
230 Hastings, W..2/4/06  
230 Miller..5/7/06  
225 Rivera, E..9/10/05

225 Wimberly, B..9/17/05  
225 Gill, R..9/25/05  
225 Kavaros, J..10/5/05  
225 Rivera, L..1/21/06  
225 Stevenson, N..2/4/06  
225 Weaver, S..2/11/06  
225 Phillips, A..2/25/06  
225 Vaquera, M..3/25/06  
225 Gilpin, P..4/8/06  
225 Ferguson, C..6/17/06

### DEADLIFT

578 Kupperstein, E..12/10/05  
545 Washington, H..11/8/05  
518 Scruggs, J..8/5/06  
505 Vaquera, M..3/25/06  
501 Carr, J.D..5/5/06  
500 Stephen, C..3/25/06  
490 Wright, A..3/25/06  
485 Brown, O..6/17/06  
481 Bahchevanov, K..3/18/06  
473 Smith, T..1/21/06

473 Boutte, N..6/17/06  
473 Hafenbrack, M..6/17/06  
470 Toney, M..3/25/06  
465 Rosas, J..3/25/06  
455 Badagliaccio, J..3/10/06  
451 Foddrill, B..5/5/06  
451 Barent, J..7/6/06  
451 Dement, J..7/22/06  
446 Kavaros, J..5/5/06  
435 Marchio, J..12/7/05

435 Beatty, K..3/5/06  
435 Abner..3/9/06  
435 Akina, K..6/17/06  
430 Ballard, T..11/12/05  
430 Donjuan, L..3/25/06  
430 Kang, A..4/29/06  
425 Bire, C..2/11/06  
425 Prewitt, A..3/25/06  
424 Caputo, R..3/18/06  
424 Baines, T..6/17/06

420 Caraway, S..11/5/05  
420 Vera, R..3/25/06  
418 Trujillo, R..10/16/05  
418 Christ, L..1/21/06  
418 Nogle, C..2/11/06  
418 Rein, J..6/17/06  
418 Lenhart, N..6/17/06  
415 Spiekeman, K..11/12/05  
413 Bissen, J..10/5/05  
413 Ferree, C..12/10/05

413 Cola, R..6/24/06  
410 Limbrick, T..1/7/06  
410 Moran, A..3/25/06  
410 Warren, S..5/13/06  
407 Barent, J..2/25/06  
407 Kuhn, S..3/18/06  
405 Accardo, C..12/20/05  
405 Piwko, A..1/14/06  
405 Rivera, L..1/21/06  
405 Pena, V..2/4/06

405 Sanderson, A..3/5/06  
405 Nguyen, A..3/25/06  
402 Rey, J..10/16/05  
402 Hauser, K..1/16/05  
402 Jones, K..11/19/05  
402 Nash, M..2/11/06  
402 Hagendorf, J..2/25/06  
402 Watts, J..3/18/06  
402 Ramos, A..4/22/06  
402 Zanetti, L..5/6/06

400 Gill, K..2/25/06  
400 Segura, R..3/25/06  
396 Hendrickson, N..6/17/06  
396 Castillo, R..6/17/06  
391 Aoyagi, S..11/20/05  
390 Ly, M..1/28/06  
390 Lewis, J..5/20/06  
385 Jones, A..1/28/06  
385 Hastings, W..2/4/06  
385 Tamayo, J..2/25/06

385 Miller..5/7/06  
385 Kersey, E..7/7/06  
380 Miller, C..11/12/05  
380 Edwards, R..2/4/06  
380 Reyes, R..2/18/06  
380 Belen, T..7/15/06  
375 Rodriguez, A..9/25/05  
375 Salinas, R..11/13/05  
375 Lukaris, R..2/11/06  
375 Calhoun, J..2/18/06

375 Medina, N..2/25/06  
375 Garvin, K..2/25/06  
375 Goods, M..2/25/06  
375 Blackshear, M..2/25/06  
375 Homes..3/9/06  
375 Wilcox, J..4/1/06  
374 Burke, H..11/19/05  
374 Schultz, M..1/21/06  
374 Knight, M..1/28/06  
374 Sparks, M..2/18/06

374 Rocha, S..2/25/06  
374 Dunn, J..4/7/06  
374 Pruneda, L..6/17/06  
370 Brunson, R..1/14/06  
370 Castanon, J..2/25/06  
370 Kordus, E..3/10/06  
370 Hirkzberger, D..3/10/06  
369 Kirkland, M..12/3/05  
369 Stein, E..2/11/06  
369 Underwood, D..3/11/06

### TOTAL

1438 Washington..11/8/05  
1322 Kupperstein, E..7/6/06  
1311 Kuhns, M..3/18/06  
1290 Stephen, C..3/25/06  
1256 Bahchevanov..3/18/06  
1225 Wright, A..3/25/06  
1223 Boutte, N..6/17/06  
1218 Hafenbrack, M..6/17/06  
1195 Vaquera, M..3/25/06  
1174 Barent, J..7/6/06

1162 Smith, T..5/5/06  
1160 Toney, M..3/25/06  
1157 Carr, J.D..5/5/06  
1155 Rosas, J..3/25/06  
1146 Brown, O..6/17/06  
1135 Dunn, J..4/7/06  
1115 Prewitt, A..3/25/06  
1110 Moran, A..3/25/06  
1105 Vera, R..3/25/06  
1095 Abner..3/9/06

1085 Hagendorf, J..2/25/06  
1085 Foddrill, B..5/5/06  
1085 Dement, J..7/22/06  
1075 Nguyen, A..3/25/06  
1069 Baines, T..6/17/06  
1060 Donjuan, L..3/25/06  
1058 Jones, K..11/19/05  
1058 Ladewski, J..6/2/06  
1055 Caraway, S..11/5/05  
1052 Ballard, T..1/21/06

1052 Kavaros, J..5/5/06  
1050 Badagliaccio, J..3/10/06  
1047 Ferree, C..12/10/05  
1036 Cola, R..6/24/06  
1030 Limbrick, T..1/7/06  
1030 Beatty, K..3/5/06  
1020 Gill, K..2/25/06  
1010 Aoyagi, S..10/1/05  
1010 Bird, C..2/11/06  
1008 Trujillo, R..5/5/06

1008 Hendrickson, N..6/17/06  
1005 Hastings, W..2/4/06  
1003 Nogle, C..2/11/06  
997 Bissen, J..10/5/05  
997 Kirkland, M..12/3/05  
995 Piwko, A..1/14/06  
992 Caputo, R..3/18/06  
990 Moran, J..1/28/06  
986 Burke, H..11/19/05  
980 Homes..3/9/06

975 Spiekeman, K..11/12/05  
975 Rivera, L..1/21/06  
975 Rein, J..6/17/06  
970 Wilcox, J..4/1/06  
965 Warren, S..7/22/06  
959 Brown..11/2/05  
955 Chudej, C..2/18/06  
955 Kang, A..4/29/06  
950 Nash, M..2/11/06  
947 Knight, M..1/28/06

945 Miller..5/7/06  
935 Accardo, C..12/20/05  
935 Barnes, C..2/11/06  
935 Reyes, R..2/18/06  
931 Castillo, R..6/17/06  
930 Hales, C..1/28/06  
930 Stanfield, J..2/11/06  
925 Miller, C..11/12/05  
925 Medina, M..2/25/06  
925 Garvin, K..2/25/06

925 Goods, M..2/25/06  
925 Blackshear, M..2/25/06  
925 Signorelli, D..4/29/06  
920 Stevenson, N..2/4/06  
920 Vallapardo, M..2/4/06  
920 Rocha, S..2/25/06  
915 Galvez, C..1/28/06  
915 Pena, V..2/4/06  
914 Creel, B..2/4/06  
910 Jones, A..1/28/06

905 Lewis, J..5/20/06  
903 Weaver, S..2/11/06  
903 Kersey, E..7/7/06  
895 Tamayo, J..2/25/06  
892 Perry, J..2/11/06  
892 Tom, K..2/18/06  
890 Hardie, R..3/10/06  
887 Underwood, D..3/11/06  
885 Vaughn, J..1/21/06  
881 Hilton, J..11/5/05

881 Jackson, C..6/10/06  
881 Pruneda, L..6/17/06  
880 Lukaris, R..2/11/06  
880 Navarro, J..2/25/06  
875 Rytillahti, N..3/10/06  
870 Stein, E..2/11/06  
870 Marchio, J..6/3/06  
865 Browne, T..2/25/06  
860 Castanon, J..2/25/06  
859 Farek, J..2/11/06