

Day 5: Social Media

Starting Point:

Which Social Media do you spend time on? Facebook? Twitter? Any others?

Many people spend far too much time on Facebook. I know I do! But what benefits have you gained from social media that you are thankful for?

Quote:

How easily we get trapped in that which is not essential - in looking good, winning at competition, gathering power and wealth - when simply being alive is the gift beyond measure. Parker J. Palmer

Bible verse:

Give thanks to the LORD, for he is good; his love endures forever. Psalm 118:29

Inspiration:

Kids: <http://www.youtube.com/watch?v=r6zHp-luL6I>

Technique Challenge:

Dyan's Bleach Out technique

<http://www.youtube.com/watch?v=1YU9QdY1a0U&feature=related>

Use Dyan's bleachout technique. If you don't have any Dylusions Ink Sprays it will work with other water based products although the results may not be the same.

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