

TOP 100

For standard 181 lb./82.5 Kg. USA lifters in results received from JAN/08 through DEC/08

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

NEXT MONTH...TOP 198s

CORRECTIONS....

John Westleigh's name was misspelled in the results of the Pinetree Open (which appeared on page 72 of our January 2009 edition) in the Master's division. Vince Scelfo's squat of 584, bench of 331, and total of 1317 were not reflected on the TOP 100 for the 148 lb. class. If you find errors in our articles, TOP 100/20 weight class rankings or in the competition results that we publish, let us know at POWERLIFTING USA Errors Department, Post Office Box 467, Camarillo, California 93011 for a proper analysis of the manner (which can take a variable length of time, depending on the specific situation) and an appropriate correction in a following issue.

TOP 20 Women, Teen, and Masters

rankings will be coming up soon (probably in our June issue) and we are looking for photos of lifters who will likely be on those lists. Send photos (JPEGs 200 kb or larger) to lambertplusa@aol.com or you can mail them to PL USA, Box 467, Camarillo, CA 93011

SQUAT

- 1 890 Cartinian, M. 8/23/08
- 2 826 Caslow, A. 9/6/08
- 3 815 Hooper, W. 6/14/08
- 4 810 Ramos, T. 8/23/08
- 5 777 May, J. 5/31/08
- 6 771 Kirsch, D. 4/13/08
- 7 770 Berardinelli, A. 1/19/08
- 8 760 Gugino, M. 5/10/08
- 9 750 Strickland, B. 2/23/08
- 10 750 Tincher, B. 8/23/08
- 11 750 Wilcox, D. 8/23/08
- 12 744 Ricks, D. 6/14/08
- 13 738 Tinajero, D. 11/20/08
- 14 727 Benedix, B. 5/4/08
- 15 720 Strong, N. 8/23/08
- 16 716 Cagnolatti, D. 4/13/08
- 17 705 Stone, E. 4/13/08
- 18 700 Garland, T. 2/23/08
- 19 700 Carter, E. 6/14/08
- 20 700 Hauss, A. 6/22/08
- 21 700 Rodgers, C. 12/6/08
- 22 677 Gutierrez, G. 14/08
- 23 677 Lysobey, V. 8/2/08
- 24 672 Butler, T. 3/1/08
- 25 672 Etherton, C. 4/12/08
- 26 672 Mies, P. 11/20/08
- 27 665 Piermattei, F. 4/20/08
- 28 665 Albert, W. 12/20/08
- 29 661 Van Alstyne, M. 4/13/08
- 30 661 Manley, M. 11/22/08
- 31 660 Devers, G. 9/20/08
- 32 655 Sansbury, T. 1/19/08
- 33 655 Domanski, E. 4/13/08
- 34 655 Morrison, L. 11/16/08
- 35 650 Muscianisi, T. 1/20/08
- 36 650 Caplan, M. 2/17/08
- 37 650 Wise, J. 3/16/08
- 38 650 Witte, W. 6/14/08
- 39 655 Krawlec, T. 3/16/08
- 40 640 Chester, K. 5/17/08
- 41 633 Meche, S. 4/08
- 42 630 Land, J. 5/17/08
- 43 628 Smith, G. 14/08
- 44 625 Bagley, R. 5/17/08
- 45 625 Brook, J. 10/19/08
- 46 622 Gibson, L. 10/2/08
- 47 622 Bavetz, M. 11/1/08
- 48 620 Diemert, D. 8/23/08
- 49 617 Strom, M. 3/16/08
- 50 617 Conant, B. 4/19/08
- 51 617 Hibbing, M. 11/20/08
- 52 615 Bowen, A. 3/15/08
- 53 615 Cotner, M. 12/6/08
- 54 611 Acosta, G. 14/08
- 55 611 Nemow, D. 10/19/08
- 56 610 Lightfoot, C. 3/29/08
- 57 606 Kinsey, E. 2/17/08
- 58 606 Hammers, D. 3/1/08
- 59 606 Johnson, K. 5/18/08
- 60 606 Rohr, G. 14/08
- 61 600 Coleman, W. 4/26/08
- 62 600 Cauette, J. 5/17/08
- 63 600 Goetsch, T. 5/31/08
- 64 600 Garofalo, G. 14/08
- 65 600 Richardson, G. 14/08
- 66 600 Perkins, T. 6/22/08
- 67 600 Holmes, E. 11/9/08
- 68 600 Norris, J. 11/22/08
- 69 600 Russell, T. 11/8/08
- 70 589 Scully, B. 5/4/08
- 71 585 Long, J. 3/29/08
- 72 585 Romeo, M. 5/31/08
- 73 584 Pritchard, J. 4/08
- 74 584 Credeur, G. 14/08
- 75 584 Agostini, D. 6/21/08
- 76 580 Bronk, J. 10/11/08
- 77 578 Simon, M. 3/29/08
- 78 578 Cary, K. 11/20/08
- 79 575 Mendoza, M. 3/29/08
- 80 575 Wright, J. 3/29/08
- 81 575 Pleva, A. 3/29/08
- 82 575 Rivera, M. 10/25/08
- 83 573 Erikson, T. 3/1/08
- 84 573 Ruettiger, R. 4/13/08
- 85 573 Braca, J. 5/4/08
- 86 573 Scarborough, J. 10/11/08
- 87 573 Pittman, D. 11/20/08
- 88 570 Richichi, R. 2/9/08
- 89 570 Blair, J. 3/29/08
- 90 570 Shanbrook, S. 6/29/08
- 91 567 Stanec, V. 3/8/08
- 92 567 Landry, C. 4/08
- 93 567 Yuhus, C. 9/6/08
- 94 565 Barrera, A. 3/29/08
- 95 562 Hasty, M. 3/30/08
- 96 562 Little, A. 5/4/08
- 97 562 Trulock, M. 8/2/08
- 98 565 Aikley, J. 9/7/08
- 99 560 Lundahl, J. 4/19/08
- 100 560 Higginbotham, B. 11/08

BENCH

- 771 Coker, J. 9/6/08
- 725 Fry, J. 6/7/08
- 700 Cartinian, M. 8/23/08
- 677 May, J. 5/31/08
- 633 Hensley, T. 7/12/08
- 600 Chester, K. 12/6/08
- 578 Thurman, D. 9/13/08
- 573 Mamola, A. 6/27/08
- 570 Ramos, T. 8/23/08
- 562 Strom, M. 1/26/08
- 562 Cagnolatti, D. 4/13/08
- 556 Hooper, W. 6/14/08
- 556 Hara, M. 9/1/08
- 551 Tinajero, D. 11/20/08
- 550 Gugino, M. 5/10/08
- 545 Kirsch, D. 4/13/08
- 545 Neal, C. 8/23/08
- 545 Caslow, A. 9/6/08
- 545 Hickman, R. 11/8/08
- 541 Nelson, D. 6/21/08
- 540 Linderud, D. 2/2/08
- 540 Land, J. 5/17/08
- 540 Masello, B. 6/29/08
- 540 Tincher, B. 8/23/08
- 520 Strong, N. 8/23/08
- 520 Petrillo, D. 8/23/08
- 520 Ciupinski, M. 12/6/08
- 518 Marinis, N. 5/4/08
- 518 Morrison, L. 11/16/08
- 510 Garland, T. 10/8/08
- 508 Daniels, K. 11/15/08
- 507 Sorrell, J. 1/26/08
- 501 Luckett, K. 5/18/08
- 501 Johnson, M. 5/31/08
- 501 Naughton, D. 8/2/08
- 500 Velygan, S. 1/20/08
- 500 Ross, G. 6/28/08
- 500 Brown, J. 9/6/08
- 495 Norris, T. 2/23/08
- 490 Eliason, E. 7/12/08
- 490 Fumas, A. 9/1/08
- 490 DeMatteo, J. 9/1/08
- 486 Herrmann, S. 9/20/08
- 485 Harris, R. 4/12/08
- 485 Faris, N. 5/31/08
- 480 Berardinelli, A. 1/19/08
- 480 Stinson, T. 3/15/08
- 480 Larrise, S. 4/20/08
- 480 Masters, J. 11/23/08
- 479 Hutson, J. 3/29/08
- 479 Gibson, L. 5/4/08
- 475 Lenius, D. 4/19/08
- 475 Ruelan, M. 7/12/08
- 473 Caplan, M. 2/17/08
- 473 Chrencik, J. 11/1/08
- 473 Lysobey, V. 12/6/08
- 470 Egli, R. 8/17/08
- 468 Ricks, D. 6/14/08
- 465 Bingham, A. 4/19/08
- 465 Monk, J. 4/20/08
- 465 Brewer, P. 5/31/08
- 460 Wargo, C. 3/30/08
- 460 Hillyard, R. 11/29/08
- 457 Ryan, M. 3/29/08
- 457 Reams, J. 8/2/08
- 455 Rieger, S. 5/31/08
- 451 Smalley, I. 2/17/08
- 451 Van Alstyne, M. 4/13/08
- 451 Reiman, D. 7/12/08
- 451 Carr, D. 11/13/08
- 451 Woods, J. 11/15/08
- 451 Fisher, B. 11/17/08
- 450 Cowser, R. 8/30/08
- 446 Hammers, D. 3/1/08
- 446 Alkinany, M. 7/6/08
- 440 Parrish, R. 2/16/08
- 440 Young, B. 2/24/08
- 440 Farris, R. 3/15/08
- 440 White, A. 5/17/08
- 440 Goetsch, T. 5/31/08
- 440 King, A. 6/14/08
- 440 Hill, J. 6/14/08
- 440 Thompson, D. 7/19/08
- 440 Cencich, T. 7/26/08
- 440 Hall, K. 11/8/08
- 436 Ihlenfeld, J. 9/14/08
- 435 Bozelle, J. 1/12/08
- 435 Craig, S. 3/16/08
- 435 Ragusa, T. 4/12/08
- 435 Reed, J. 5/17/08
- 435 Ammerman, B. 8/30/08
- 435 Beanland, A. 8/10/08
- 430 Romeo, M. 5/31/08
- 430 Mustard, J. 8/16/08
- 430 Wilcox, D. 8/23/08
- 430 Strickland, B. 8/23/08
- 430 Blattnerberger, J. 12/7/08
- 429 Stevens, K. 6/22/08
- 429 Stone, B. 8/3/08
- 429 Shane, M. 11/5/08

DEADLIFT

- 730 Eiseman, T. 9/20/08
- 699 Caslow, A. 9/6/08
- 699 Holmes, E. 11/9/08
- 683 Woodley, L. 11/14/08
- 680 Ramos, T. 8/23/08
- 680 Gugino, M. 9/27/08
- 677 Gibson, L. 5/4/08
- 677 Acosta, G. 14/08
- 675 Albert, W. 12/20/08
- 672 Jurgens, D. 6/29/08
- 672 Witte, D. 9/4/08
- 672 Mangum, A. J. 11/16/08
- 666 Lane, M. 7/27/08
- 661 Ricks, D. 6/14/08
- 661 Garofalo, G. 14/08
- 661 Dzakikashvili, Z. 7/27/08
- 660 Carter, E. 6/14/08
- 645 Cartinian, M. 8/23/08
- 645 Rohr, G. 14/08
- 644 Nemow, N. 10/19/08
- 639 Tinajero, D. 11/20/08
- 635 Berardinelli, L. 1/19/08
- 635 Talmant, E. 4/19/08
- 635 Bohne, D. 8/9/08
- 635 Tincher, B. 8/23/08
- 633 Reid, T. 7/27/08
- 628 Herrmann, S. 7/19/08
- 628 Morrison, L. 11/16/08
- 628 Fahrenfeld, W. 11/17/08
- 625 Nolan, D. 2/23/08
- 625 Ingram, J. 8/9/08
- 625 Epelbaum, G. 10/25/08
- 622 Braca, J. 10/19/08
- 617 Hobaica, G. 3/30/08
- 617 Blindauer, J. 9/13/08
- 615 Wright, J. 3/29/08
- 611 Cassin, M. 3/29/08
- 611 Little, A. 5/4/08
- 606 Morgan, L. 3/29/08
- 606 Meche, S. 4/08
- 606 Byas, A. 5/4/08
- 605 Waldron, D. 2/9/08
- 605 Devers, G. 9/20/08
- 601 Hawkins, J. 7/19/08
- 600 Fleming, M. 3/1/08
- 600 Jackson, C. 4/26/08
- 600 Orelly, B. 6/14/08
- 600 Bumpus, J. 6/14/08
- 600 Larrise, S. 6/29/08
- 600 Diemert, D. 8/23/08
- 600 Petrillo, D. 8/23/08
- 600 Grigsby, S. 9/20/08
- 600 Starer, D. 11/8/08
- 595 Etherton, C. 4/12/08
- 590 Mendoza, M. 3/29/08
- 589 Hammers, D. 3/1/08
- 589 Cagnolatti, D. 4/13/08
- 589 Mies, P. 9/6/08
- 589 Hooper, W. 11/6/08
- 585 Aikley, J. 9/7/08
- 585 Pinkston, L. 11/23/08
- 584 Kirsch, D. 4/13/08
- 584 Kramer, P. 4/26/08
- 584 Odenwald, A. 4/08
- 584 Gutierrez, G. 14/08
- 584 Jackson, A. 11/12/08
- 580 Bronk, J. 2/6/08
- 580 Strickland, B. 2/23/08
- 580 Binford, D. 6/28/08
- 580 Gutwein, P. 11/22/08
- 578 Caplan, M. 2/17/08
- 578 Krawlec, T. 3/16/08
- 578 Ridings, E. 4/12/08
- 578 Milfeld, E. 8/9/08
- 578 Ginquinto, M. 10/19/08
- 575 Sansbury, T. 1/19/08
- 575 Lightfoot, C. 3/29/08
- 575 McDougal, J. 6/6/08
- 575 Chaney, J. 6/22/08
- 575 Wilcox, D. 8/23/08
- 575 Lynch, R. 8/30/08
- 575 Teeter, D. 10/25/08
- 575 Norris, J. 11/22/08
- 575 Olsen, J. 12/6/08
- 573 Benedix, B. 2/17/08
- 573 Wagman, D. 3/16/08
- 573 Hasty, M. 3/30/08
- 573 Wright, C. 4/12/08
- 573 Domanski, E. 4/13/08
- 573 Scully, B. 5/4/08
- 573 Richardson, G. 14/08
- 573 Felton, D. 7/12/08
- 573 Soto, G. 8/30/08
- 570 Wright, J. 3/29/08
- 570 Ruppinger, M. 8/9/08
- 570 Langvin, J. 9/7/08
- 567 Kiraly, B. 3/1/08
- 567 Credeur, D. 4/08
- 567 Shoto, G. 14/08
- 567 Agos, F. 7/26/08

TOTAL

- 2235 Cartinian, M. 8/23/08
- 2072 Caslow, A. 9/6/08
- 2060 Ramos, T. 8/23/08
- 1980 Gugino, M. 9/27/08
- 1940 Hooper, W. 6/14/08
- 1934 May, J. 5/31/08
- 1929 Tinajero, D. 11/20/08
- 1925 Tincher, B. 8/23/08
- 1901 Kirsch, D. 4/13/08
- 1885 Berardinelli, L. 1/19/08
- 1873 Ricks, D. 6/14/08
- 1867 Cagnolatti, D. 4/13/08
- 1805 Strong, N. 8/23/08
- 1801 Morrison, L. 11/16/08
- 1785 Carter, E. 6/14/08
- 1765 Garland, T. 2/23/08
- 1765 Albert, W. 12/20/08
- 1747 Gibson, L. 5/4/08
- 1736 Chester, K. 12/6/08
- 1703 Caplan, M. 2/17/08
- 1703 Lysobey, V. 8/2/08
- 1697 Strom, M. 3/16/08
- 1686 Witte, D. 9/4/08
- 1681 Acosta, G. 14/08
- 1681 Garofalo, G. 14/08
- 1680 Stone, E. 11/8/08
- 1675 Gutierrez, G. 14/08
- 1675 Holmes, E. 11/9/08
- 1670 Devers, G. 9/20/08
- 1669 Nemow, D. 10/19/08
- 1647 Meche, S. 4/08
- 1647 Mies, P. 11/20/08
- 1645 Wilcox, D. 8/23/08
- 1642 Hammers, D. 3/1/08
- 1642 Benedix, B. 5/4/08
- 1636 Van Alstyne, M. 4/13/08
- 1631 Johnson, K. 5/18/08
- 1630 Sansbury, T. 1/19/08
- 1630 Butler, J. 11/22/08
- 1620 Land, T. 5/17/08
- 1620 Rohr, G. 14/08
- 1620 Diemert, D. 8/23/08
- 1609 Etherton, C. 4/12/08
- 1605 Rodgers, C. 12/6/08
- 1603 Wise, J. 3/16/08
- 1598 Domanski, E. 4/13/08
- 1581 Krawlec, T. 3/16/08
- 1570 Goetsch, T. 5/31/08
- 1560 Brook, J. 10/19/08
- 1559 Kinsey, E. 2/17/08
- 1554 Smith, G. 14/08
- 1550 Cotner, M. 12/6/08
- 1545 Romeo, M. 5/31/08
- 1545 Norris, J. 11/22/08
- 1543 Braca, J. 10/19/08
- 1535 Muscianisi, T. 1/20/08
- 1530 Hobaica, G. 2/23/08
- 1526 Scully, B. 5/4/08
- 1521 Reid, T. 7/27/08
- 1520 Bagley, R. 5/17/08
- 1515 Lightfoot, C. 3/29/08
- 1515 Mendoza, M. 3/29/08
- 1515 Wright, J. 3/29/08
- 1510 Pittman, D. 5/4/08
- 1510 Odenwald, G. 14/08
- 1505 Rivera, M. 10/25/08
- 1500 Blair, J. 3/29/08
- 1499 Conant, B. 4/19/08
- 1498 Stone, R. 5/4/08
- 1490 Fleming, M. 3/1/08
- 1485 Epelbaum, G. 10/25/08
- 1477 Erikson, T. 3/1/08
- 1477 Richardson, G. 14/08
- 1475 Coleman, W. 4/26/08
- 1471 Perkins, T. 6/22/08
- 1466 Credeur, D. 4/08
- 1466 Scarborough, J. 10/11/08
- 1466 Hibbing, M. 11/20/08
- 1465 Bowen, A. 2/2/08
- 1465 Strickland, B. 2/23/08
- 1465 Wright, J. 3/29/08
- 1460 Lane, M. 7/27/08
- 1460 Ruettiger, R. 4/13/08
- 1460 Credeur, G. 14/08
- 1460 Aikley, J. 9/7/08
- 1460 Hanley, M. 10/11/08
- 1455 Ammerman, B. 1/26/08
- 1455 Simon, M. 3/29/08
- 1455 Jackson, C. 4/26/08
- 1455 Ingram, J. 8/9/08
- 1455 Alkinany, M. 10/26/08
- 1449 Tirado, J. 3/29/08
- 1449 Hasty, M. 3/30/08
- 1449 Baker, R. 6/7/08
- 1449 Smiley, J. 11/15/08
- 1445 Pleva, A. 3/29/08
- 1445 Bronk, J. 10/11/08
- 1445 Higginbotham, B. 11/08
- 1444 Kiraly, B. 3/1/08
- 1444 Little, A. 5/4/08