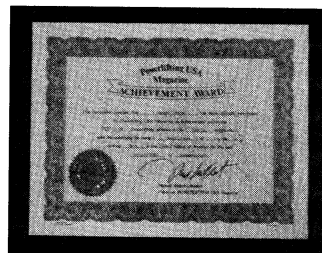


# TOP 100

For standard 181 lb./82.5 Kg. USA lifters in results received from DEC/2005 through NOV/06

## PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

### NEXT MONTH... TOP 198s

**CORRECTIONS ...** the photographer for the cover shot of Andy Bolton's 1003 deadlift in our December issue was actually Kenny Gustafson. On pg. 67 of the Jan/07 PL USA, the results of the Southern Open were incorrectly converted, as if they were in kilos, so reduce the numbers in the results by a factor of 1/2.2. David Costanzo's name was misspelled on the TOP 100 list for the 148 lb. class. Eriek Nickson should have been credited with lifts of 630 420 655 1705 on the OTP 100 165 lb. list. In the results of the SPF Southeastern championships in Birmingham, AL, Toby McCormack should have been listed in the 165 lb. class. Brian Schwab's lifts of 771 551 584 1906 were not credited on the TOP 100 for 165s. If you find errors in our ranking lists or the competition results that we publish, let us know at PL USA Errors Dept., Box 467, Camarillo, CA 93011 for a proper analysis of the situation (which can take time, depending on the situation) and an appropriate correction.

SQUAT	BENCH	DEADLIFT	TOTAL
1 905 Harrington, P..07/29/06	650 Heck, B..11/2/06	750 Vargason, B..4/29/06	2230 Vargason, B..4/29/06
2 855 Vargason, B..4/29/06	625 Vargason, B..4/29/06	725 Austin, D..3/18/06	1906 Fields, G..8/26/06
3 804 Runde, T..8/12/06	628 Boldt, F..3/4/06	722 Eisman, T..2/18/06	1901 Ricks, D..7/8/06
4 804 Fields, G..8/26/06	611 Burdette, J..3/4/06	710 Ricks, D..7/8/06	1879 Ramos, T..8/12/06
5 804 Benedix, B..11/2/06	573 Jewett, T..8/5/06	705 Herring, R..1/28/06	1855 Kirsch, D..9/30/06
6 760 Ramos, T..8/12/06	555 Strom, M..5/21/06	688 Woodley, L..6/17/06	1845 Austin, D..3/18/06
7 755 Van Alstyne, M..11/2/06	545 Daily, R..12/17/05	683 Garofalo, R..5/6/06	1813 Tincher, B..12/3/05
8 730 Kirsch, D..9/30/06	540 Ramos, T..8/12/06	655 McElroy, J..9/9/06	1813 Crook, G..6/2/06
9 728 Austin, D..4/29/06	540 Kirchner, L..9/2/06	650 Brown..3/9/06	1802 Cagnolatti, D..12/3/05
10 725 Phelps, L..2/4/06	534 Leming, B..6/3/06	650 Thompson, B..6/17/06	1802 Van Alstyne, M..11/2/06
11 722 Crook, G..6/2/06	525 Kirsch, D..9/30/06	650 Tincher, B..8/5/06	1769 Benedix, B..11/2/06
12 722 Ricks, D..7/8/06	523 Cagnolatti, D..12/3/05	650 Byas, A..10/9/06	1752 Andres, T..10/14/06
13 705 Tincher, B..12/3/05	523 Masello, B..8/19/06	650 Salvagni, R..10/22/06	1724 Garofalo, R..10/9/06
14 705 Cagnolatti, D..12/3/05	523 Thurman, D..9/2/06	645 Harper-Bey..3/9/06	1697 Strickland, B..6/2/06
15 685 Brown..11/4/06	518 Mendoza, B..6/2/06	640 Daniels, Q..2/4/06	1697 Straub, T..7/8/06
16 683 Strickland, B..6/2/06	515 Judah, S..7/15/06	640 Rijos..5/13/06	1685 Garland, T..4/1/06
17 680 Garland, T..4/1/06	512 Ivanov, T..12/3/05	640 Braca, J..10/28/06	1655 Brown..11/4/06
18 661 Hejl, L..4/1/06	507 Tincher, B..12/3/05	630 Bridges, E..7/8/06	1650 Bridges, E..7/15/06
19 661 Andres, T..10/14/06	505 Hensley, T..1/14/06	628 Fields, G..8/26/06	1647 McElroy, J..9/9/06
20 660 Hensley, T..2/26/06	503 Marinis, N..6/2/06	625 Waller, W..12/3/05	1645 Strom, M..5/13/06
21 650 Castiglione, J..12/3/05	502 Neal, C..11/4/06	622 Ajivade, S..12/10/05	1614 Reid, T..7/8/06
22 650 Maynard, R..4/1/06	501 Beard, J..2/4/06	622 Nemow, J..10/28/06	1603 Mills, J..7/22/06
23 650 Bridges, E..7/15/06	501 Andres, T..10/14/06	620 House, G..3/25/06	1603 Mehmel, J..11/2/06
24 650 Mills, J..7/22/06	501 Van Alstyne, M..11/2/06	620 Houston, C..5/20/06	1603 Lysobey, V..11/18/06
25 644 Lysobey, V..11/18/06	501 Mehmel, J..11/2/06	620 Jurgens, D..6/2/06	1600 Bozzelle, J..9/23/06
26 640 Bozzelle, J..9/23/06	501 Dussault, S..11/2/06	617 White, E..1/28/06	1587 Wagner, R..12/10/05
27 639 Stark, J..7/8/06	496 Levering, B..3/18/06	617 Straub, T..7/8/06	1587 Scholnick, H..6/2/06
28 639 Perkins, T..7/15/06	496 Crook, G..6/2/06	617 Reid, T..7/8/06	1587 Gutierrez, N..11/18/06
29 639 Garofalo, R..10/9/06	485 Lynch, W..2/11/06	611 White, J..7/8/06	1576 Castiglione, J..6/10/06
30 633 Straub, T..7/8/06	485 Furusho, T..3/25/06	605 Seitz, B..12/10/05	1570 Benemerito, J..12/10/05
31 633 Sesler, G..8/26/06	485 Barras, R..4/8/06	600 Wagner, R..12/10/05	1570 Gibson, L..5/6/06
32 633 Godawa, T..9/9/06	485 Piermattei, F..8/26/06	600 Fahrenfeld, W..12/17/05	1570 White, J..7/8/06
33 628 Gutierrez, N..11/18/06	485 Cowzer, R..9/9/06	600 Henderson, K..12/17/05	1565 Stark, J..7/8/06
34 622 Kirby, K..3/18/06	485 Keawe'aiko, A..9/23/06	600 Guchers, D..3/11/06	1565 Beard, J..9/2/06
35 622 Rayner, C..7/1/06	485 Manola, A..11/18/06	600 Caputo, J..5/6/06	1559 Herring, R..1/28/06
36 622 McElroy, J..9/9/06	480 Santarola, N..12/17/05	600 Greene, L..5/20/06	1554 Murphy, J..6/17/06
37 620 Etherton, C..3/18/06	480 Whitehead, D..3/26/06	600 Manmano, E..6/17/06	1550 Nozelle, J..3/18/06
38 617 Beikman, B..6/17/06	479 Hanselman, B..3/25/06	600 Winters..7/8/06	1550 Maynard, R..4/1/06
39 615 Gawlik, S..10/28/06	479 Sanks, K..4/22/06	600 Kirsch, D..9/30/06	1548 Godawa, T..9/9/06
40 611 Pittman, D..12/3/05	479 Furnas, A..9/2/06	600 Longfellow, J..11/18/06	1545 Etherton, C..3/18/06
41 610 Daniels, Q..2/4/06	479 Land, J..9/9/06	595 Rock..5/21/06	1543 Pittman, D..12/3/05
42 606 Benemerito, J..12/10/05	475 Maury, D..5/20/06	595 Crook, G..6/2/06	1532 Hejl, L..4/1/06
43 606 Scholnick, H..6/2/06	473 Saito, M..3/18/06	590 Brady, C..3/25/06	1530 Daniels, Q..2/4/06
44 600 Sanchez, S..12/3/05	473 Strickland, B..6/2/06	590 Zuniga, Z..3/25/06	1530 Gawlik, S..10/28/06
45 600 Wunz, J..3/25/06	473 Harris, R..6/17/06	590 Roney, J..4/1/06	1526 Ajivade, S..12/10/05
46 600 Copley, A..3/25/06	473 Fields, G..8/26/06	589 Andres, T..10/14/06	1526 Perkins, T..7/15/06
47 600 Roney, J..4/1/06	473 DeMatteo, J..9/2/06	585 Leone, J..2/11/06	1526 Agostini, D..9/9/06
48 600 Tyree, J..4/1/06	468 Reiman, D..5/27/06	585 Etherton, C..3/18/06	1520 Longfellow, J..11/18/06
49 600 Widdis, D..4/8/06	468 Ricks, D..7/8/06	585 Nolan, M..11/11/06	1515 Roney, J..4/1/06
50 600 Murphy, J..6/17/06	465 Phelps, L..9/10/06	584 Stark, J..7/8/06	1515 Rayner, C..7/1/06
51 600 Longfellow, J..11/18/06	462 Erlenbaugh, S..4/1/06	580 Gawlik, S..10/28/06	1504 Beikman, B..6/17/06
52 595 Wolfe, G..4/8/06	462 Scholnick, H..6/2/06	578 Ramos, T..8/12/06	1504 Sesler, G..8/26/06
53 590 Strom, M..5/13/06	460 Garland T..4/1/06	575 McClure, R..12/10/05	1500 Harper-Bey..3/9/06
54 590 Kirchner, L..10/28/06	460 Baer, J..4/1/06	575 Nolan, J..3/18/06	1500 Greene, L..5/20/06
55 585 House, G..3/25/06	457 Naughton, D..4/8/06	575 Teeter, D..4/1/06	1500 Rock..5/21/06
56 584 Torrez, D..8/5/06	457 Ross..10/28/06	575 Wright..5/13/06	1490 Brady, C..3/25/06
57 584 Wagner, R..12/10/05	455 Cady, J..12/17/05	575 Bowen, A..10/28/06	1488 Byas, A..10/9/06
58 584 Olsen, G..12/10/05	455 Gentry, T..4/15/06	573 Cagnolatti, D..12/3/05	1482 Tyree, J..4/1/06
59 578 White, J..7/8/06	455 White, A..4/15/06	573 Gibson, L..5/6/06	1477 Alkenany, M..11/19/06
60 578 Mehmel..11/2/06	455 That, R..4/22/06	573 Johnson, D..7/22/06	1471 Land, J..9/9/06
61 575 Nolan, J..3/18/06	452 Cunningham, J..5/13/06	570 Rountzong, B..12/10/05	1471 Stone, R..10/9/06
62 575 Caouette, J..11/18/06	451 Reiger, S..4/2/06	570 Wallace..7/8/06	1470 White, E..1/28/06
63 573 Ruettiger, R..4/8/06	451 Garcia, D..2/18/06	570 Benetza, J..10/20/06	1470 Muechek, M..2/4/06
64 573 Gibson, L..5/6/06	451 Linerud, D..3/4/06	567 Gutierrez, N..11/18/06	1465 Eason, S..12/17/05
65 573 Meche, S..6/17/06	451 Daniels, K..6/17/06	567 White, D..11/18/06	1465 Spayd, B..4/1/06
66 573 Agostini, D..9/9/06	451 Alkenany, M..11/19/06	565 Crowe, B..3/18/06	1460 House, G..3/25/06
67 573 Denman, D..11/4/06	450 Crowe, B..3/18/06	565 Spayd, B..4/1/06	1460 Sanchez, J..3/25/06
68 573 Godwin, G..11/18/06	450 Maynard, R..4/1/06	565 Felton, D..4/8/06	1460 Caputo, J..5/6/06
69 570 Downey, K..7/22/06	450 Marzik, M..4/8/06	562 Winkler, D..4/1/06	1460 Reininger, T..6/10/06
70 567 Reid, T..7/8/06	446 Green, J..6/6/06	562 Stone, R..5/6/06	1460 Meche, S..6/17/06
71 567 Perez, J..7/22/06	446 Murphy, J..6/17/06	562 Wright, C..5/6/06	1460 Caouette, J..11/18/06
72 567 Layman, R..8/26/06	446 Straub, T..7/8/06	562 Reininger, T..6/10/06	1455 Norman, C..12/3/05
73 565 Eason, S..12/17/05	446 Ciupinski, M..9/2/06	562 Mills, J..7/22/06	1455 Torrez, D..8/5/06
74 562 Ford, K..6/2/06	440 Sheffield, J..1/28/06	562 Kramer, P..10/28/06	1449 Wolfe, G..4/8/06
75 562 Reininger, T..6/10/06	440 Wilson, D..3/18/06	560 Garcia, A..3/25/06	1445 Braca, J..10/28/06
76 562 Garvey, T..10/7/06	440 West, C..4/1/06	555 Gallagher..3/12/06	1444 Frank, J..3/4/06
77 562 White, D..11/18/06	440 Ragusa, T..4/1/06	555 Bozzelle, J..9/23/06	1444 Donofrio, V..6/10/06
78 560 Siparboon, D..3/25/06	440 Zangl, G..4/19/06	551 Pittman, D..12/3/05	1438 Joseph, A..12/10/05
79 551 Norman, C..12/3/05	440 Birt, R..4/22/06	551 Joseph, A..12/10/05	1438 Israel, N..10/14/06
80 551 Kirkland, M..12/05	440 Ochoa, O..6/10/06	551 Kirkland, M..12/05	1435 Vasquez, F..11/18/06
81 551 Beard, J..2/4/06	440 Kiziah, C..1/21/06	551 Tentinger, L..3/4/06	1432 White, D..11/18/06
82 551 Donofrio, V..6/10/06	440 Taylor, J..10/21/06	551 Stephens, A..4/1/06	1430 Leone, J..2/11/06
83 551 Land, J..9/9/06	436 Cencich, T..10/13/06	551 Hubert, S..5/27/06	1427 Stephens, A..4/1/06
84 551 White, B..9/9/06	435 Harper-Bey..3/9/06	551 Benedix, B..6/2/06	1427 Ammerman, B..4/22/06
85 551 Domanski, E..11/11/06	435 Estrada, R..5/20/06	551 Meche, S..6/17/06	1427 Garvey, T..10/7/06
86 550 Nicholson, P..12/17/05	430 Rupe, R..4/23/06	551 Hartobey, D..8/5/06	1425 Nicholson, P..12/17/05
87 550 Aguirre, M..1/21/06	430 Higgins, S..11/12/06	550 Bello, M..12/17/05	1425 Siparboon, D..3/25/06
88 550 Muechek, M..2/4/06	429 Reid, T..7/8/06	550 Stinebaker, K..12/17/05	1422 Denman, D..11/4/06
89 550 Smith, M..2/26/06	425 Gibson, J..7/1/06	550 Castiglione, J..2/4/06	1420 Cowzer, R..12/17/05
90 550 Spayd, B..4/1/06	425 Lysobey, V..9/2/06	550 Magnum, A..J..2/4/06	1420 Houston, C..5/20/06
91 550 Greene, L..5/20/06	425 Wargo, C..9/2/06	550 Martin..3/9/06	1416 Hambric, T..5/6/06
92 550 Dougherty, J..10/28/06	425 Ruelan, M..11/11/06	550 Whitehead, D..3/26/06	1415 Bello, M..12/17/05
93 545 Caputo, J..9/9/06	424 Benemerito, J..12/10/05	550 Montanez, J..4/2/06	1415 Aguirre, D..1/21/06
94 540 Bello, M..12/17/05	424 Gibson, L..5/6/06	550 Raya, M..4/29/06	1415 Martin..3/9/06
95 540 Southall, K..2/18/06	424 Smith, C..8/26/06	550 Bueno..9/1/06	1410 Jurgens, D..3/25/06
96 540 Brady, C..3/25/06	418 Bingham, M..1/28/06	550 Dulaney, J..9/9/06	1410 Zuniga, A..3/25/06
97 540 Warren, B..3/25/06	418 Godemote, M..2/18/06	550 Caouette, J..11/18/06	1410 Teeter, D..6/24/06
98 540 Houston, C..5/20/06	418 Ashe, R..4/22/06	550 Knight, F..11/18/06	1410 Wallace..7/8/06
99 540 Rock..5/21/06	418 Garofalo, R..5/6/06	545 Piazza, T..2/4/06	1405 Widdis, D..4/8/06
100 540 Stephens, A..6/24/06	418 Castiglione, J..6/10/06	545 Garland, T..4/1/06	1399 Dalesio, J..12/10/05