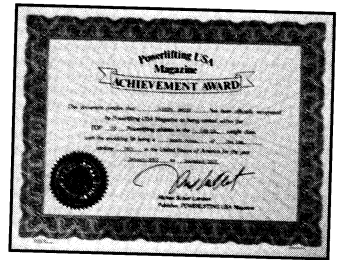


# TOP 100

For standard 198 lb./90 Kg. USA lifters in results received from FEB/08 through JAN/09

## PL USA Top 100 Achievement Awards



### SQUAT

- 1 925 Driggers, A..8/23/08
- 2 865 Rapp, B..4/29/08
- 3 825 Tracey, B..10/4/08
- 4 815 Flesch, D..6/21/08
- 5 815 Ramos, T..12/6/08
- 6 805 Paras, R..2/23/08
- 7 804 Hoover, L..5/9/08
- 8 804 Coker, J..11/20/08
- 9 800 Rock, J..9/27/08
- 10 790 Maxwell, M..6/22/08

### BENCH PRESS

- 850 Frankl, S..8/23/08
- 805 Coker, J..2/3/08
- 766 Halbert, G..4/19/08
- 733 Kellum, J..1/6/08
- 725 Wolfley, M..2/16/08
- 705 Burdette, J..10/11/08
- 700 Fry, J..2/24/08
- 688 Cartinian, M..9/6/08
- 661 Dunn, B..11/20/08
- 650 Nealy, D..3/29/08

### DEADLIFT

- 772 Eiseaman, T..5/17/08
- 750 Meyers, A..2/6/08
- 750 Herring, R..9/13/08
- 749 Terry, C..3/1/08
- 749 Caprari, T..11/15/08
- 727 Williams..1/31/09
- 716 Frankl, S..5/31/08
- 710 Ricks, D..3/1/08
- 700 Kokott, R..8/9/08
- 700 Garrett, K..3/1/08

### TOTAL

- 2205 Driggers, A..8/23/08
- 2138 Coker, J..11/20/08
- 2025 Ramos, T..12/6/08
- 2000 Celli, R..6/29/08
- 2000 Rock, J..9/27/08
- 1995 Hoover, L..5/9/08
- 1989 Dunn, B..11/20/08
- 1950 Tracey, B..10/4/08
- 1929 Captain, B..3/29/08
- 1929 Strom, M..1/31/09

- 11 777 Dunn, B..11/20/08
- 12 760 Brown, J..6/22/08
- 13 760 Strom, M..1/31/09
- 14 755 Richardson, K..3/29/08
- 15 750 Hooker, B..1/19/09
- 16 749 Peterson, J..9/6/08
- 17 744 Griffin, A..4/19/08
- 18 725 Hauss, A..12/6/08
- 19 722 Williams..11/7/08
- 20 720 Adams, J..8/23/08

- 639 Hensley, T..8/2/08
- 635 Larson, G..6/29/08
- 622 Celli, R..6/29/08
- 615 Kuhns, S..9/6/08
- 606 Strom, M..131/09
- 605 Dussault, S..12/20/08
- 600 Cadu, J..4/5/08
- 600 Kuhn, S..7/12/08
- 600 Driggers, A..8/23/08
- 600 Rock, J..9/27/08

- 699 Captain, B..3/29/08
- 699 Walker, J..6/14/08
- 683 Jones, B..6/14/08
- 680 Driggers, A..8/23/08
- 677 Celli, R..6/29/08
- 672 Decker, J..7/19/08
- 661 Koo, E..3/1/08
- 661 White, E..11/9/08
- 660 Tracey, B..6/7/08
- 660 Smith, G..6/14/08

- 1918 Flesch, D..6/21/08
- 1901 Williams..1/31/09
- 1870 Bishop, B..8/23/08
- 1862 Richardson, K..3/29/08
- 1855 Yusuf, J..6/22/08
- 1851 Walker, J..6/14/08
- 1850 Hooker, B..1/19/09
- 1846 Jones..6/14/08
- 1824 Griffin, A..4/19/08
- 1824 Cognolatti, D..12/6/08

- 21 716 Bridges, M..3/1/08
- 22 711 Walker, J..6/14/08
- 23 710 Nichols, B..5/3/08
- 24 705 Celli, R..2/17/08
- 25 705 Clark, R..4/13/08
- 26 705 Pennington, B..6/7/08
- 27 705 VanAlstyne, M..8/2/08
- 28 705 Shaw, C.J..9/12/08
- 29 700 Carnaghi, T..7/12/08
- 30 700 Bishop, B..8/23/08

- 595 Cieri, D..6/27/07
- 580 Hanselman, B..3/15/08
- 573 Carson, J..7/12/08
- 573 Paras, R..12/6/08
- 570 Hanisak, J..6/29/08
- 566 Hennigar, R..6/21/08
- 562 Lichtenberger, 9/12/08
- 560 Elick, K..2/24/08
- 556 Hoover, L..5/9/08
- 551 Dejongh, D..11/1/08

- 660 Ramos, T..12/6/08
- 655 Richardson, K..3/29/08
- 655 Rapp, B..4/29/08
- 655 Calla, V..9/14/08
- 650 Hoover, L..3/29/08
- 650 Marion, E..6/14/08
- 650 Bishop, B..8/23/08
- 650 Burks, E..11/9/08
- 645 Sadiv..9/21/08
- 644 Scolaro, A..3/30/08

- 1810 Nichols, B..5/3/08
- 1805 Paras, R..2/23/08
- 1805 Adams, J..8/23/08
- 1805 Maxwell, M..1/19/09
- 1802 Clark, R..4/13/08
- 1796 Brown, J..3/1/08
- 1785 Terry, C..5/4/08
- 1785 Van Alstyne, M..8/2/08
- 1785 Peterson, J..9/6/08
- 1745 Rapp, B..4/29/08

- 31 700 O'Malley, S..10/18/08
- 32 694 Captain, B..3/29/08
- 33 694 Cognolatti, D..12/6/08
- 34 685 House, G..3/29/08
- 35 685 Bott, B..10/11/08
- 36 685 Harrod, A..10/19/08
- 37 680 Barker, D..5/31/08
- 38 677 Terry, C..7/4/08
- 39 675 Godwin, G..5/17/08
- 40 675 Walyus, T..10/18/08

- 551 Cognolatti, D..12/6/08
- 550 Ellsworth, L..5/17/08
- 550 Ramos, T..12/6/08
- 546 Decker, J..11/15/08
- 545 Brown, J..6/22/08
- 540 Johnston, J..6/28/08
- 540 Strohline, T..11/15/08
- 534 Captain, B..3/29/08
- 529 Matta, J..4/13/08
- 529 Willie, A..4/19/08

- 641 Gaynor, B..5/4/08
- 640 Mishop, M..2/23/08
- 639 Bridges, M..5/4/08
- 639 Buckley, S..11/15/08
- 635 Tittle, B..7/12/08
- 633 Clark, R..4/13/08
- 633 Wilesey, J..11/15/08
- 630 Parella, A..10/5/08
- 630 Foster, W..12/6/08
- 628 Hunt, K..3/8/08

- 1745 Harrod, A..10/19/08
- 1736 Hines, G..6/14/08
- 1735 Williams, T..6/22/08
- 1735 Hauss, A..12/6/08
- 1730 Godawa, T..8/2/08
- 1724 Lichtenberger, 9/12/08
- 1720 Smith, G..6/14/08
- 1715 Parella, A..10/5/08
- 1708 Scolaro, A..3/30/08
- 1703 Brady, C..11/15/08

- 41 672 Jones..5/4/08
- 42 670 Sabando, K..3/29/08
- 43 666 Leitman, E..6/28/08
- 44 665 Ashworth, J..6/22/08
- 45 665 Russo, J..10/19/08
- 46 661 Alexander, M..3/8/08
- 47 661 Brown, J..5/4/08
- 48 661 Lee..6/14/08
- 49 661 Houston, P..6/28/08
- 50 661 Godawa, T..8/2/08

- 529 Gerardo, J..4/26/08
- 529 Grohoski, P..10/19/08
- 525 Hailey, S..2/16/08
- 525 Mays, J..4/6/08
- 525 Williams, T..6/22/08
- 525 Militana, D..1/17/09
- 523 Griffin, A..4/19/08
- 523 Mendoza, B..8/2/08
- 520 Gardner, D..3/15/08
- 529 Van Alstyne, M..8/2/08

- 628 Leitman, E..6/28/08
- 628 Schmidt, J..1/25/09
- 628 Crigger, T..1/31/09
- 625 Nichols, B..5/31/08
- 625 Driggers, M..11/23/08
- 625 Godawa, T..11/08
- 622 Hedger, S..4/12/08
- 622 Kiser, C..6/7/08
- 622 Hines, G..6/14/08
- 622 Kasabuske..6/14/08

- 1700 Driggers, M..11/23/08
- 1692 Brown, J..5/4/08
- 1690 Walyus, T..10/18/08
- 1690 Russo, J..10/19/08
- 1686 Kasabuske..6/14/08
- 1686 Lee..6/14/08
- 1686 Houston, P..6/28/08
- 1686 Koo, E..1/24/09
- 1685 Barker, D..5/31/08
- 1685 Foster, W..12/6/06

- 51 661 Sutton P..9/2/08
- 52 660 Pierson, J..2/23/08
- 53 660 Cohen, L..5/17/08
- 54 660 Smith..6/14/08
- 55 650 Kanemoto, K..5/17/08
- 56 650 Hines..6/14/08
- 57 650 Kasabuske..6/14/08
- 58 650 Herring, D..6/21/08
- 59 650 Rowe, B..6/22/08
- 60 650 Sesler, C..9/12/08

- 520 Bishop, B..8/23/08
- 520 Adams, J..8/23/08
- 520 Ross..9/21/08
- 512 Farley, N..2/8/08
- 510 Hooker, B..5/3/08
- 507 Mattson, K..3/9/08
- 507 Stottlemire, J..8/9/08
- 507 Peterson, J..9/6/08
- 507 Geistlinger, D..12/6/08
- 506 Stanley, L..6/21/08

- 622 Marsiglia, M..7/19/08
- 622 Gibson, T..7/27/08
- 622 Rice, B..8/2/08
- 620 Lung, F..3/30/08
- 620 Yeargin..5/3/08
- 620 Walyus, T..10/18/08
- 617 Madison, G..6/14/08
- 617 Brady, C..6/14/08
- 617 Rogers, G..10/18/08
- 617 Clearwater, C..12/6/08

- 1675 Kanemoto, K..5/17/08
- 1675 Leitman, E..6/28/08
- 1665 Furgala, B..10/11/08
- 1665 Bott, B..10/11/08
- 1665 Gultieri, A..10/19/08
- 1660 Pierson, J..2/23/08
- 1660 Whalen, Z..8/23/08
- 1655 Cohen, L..5/17/08
- 1655 Pennington, B..6/7/08
- 1647 Alexander, M..3/8/08

- 61 650 Richardson, J..10/4/08
- 62 650 Overbay, D..10/4/08
- 63 645 Hibbing, B..1/31/09
- 64 640 Fields, G..10/4/08
- 65 640 Parella, A..10/5/08
- 66 639 Kegrice, J..3/1/08
- 67 639 Steck, M..11/20/08
- 68 635 Williams, T..6/22/08
- 69 635 Whalen, Z..8/23/08
- 70 635 Flemming, M..10/19/08

- 501 Taber, E..3/16/08
- 501 Flesch, D..10/4/08
- 501 Keith, W..11/1/08
- 500 Pierson, J..2/23/08
- 500 Russo, T..3/30/08
- 500 Crigger, T..5/31/08
- 500 Driggers, M..7/12/08
- 500 Benford, G..8/3/08
- 500 Gultieri, A..10/19/08
- 497 Trembly, C..12/6/08

- 611 Krowech, R..7/12/08
- 611 Singleton, B..9/4/08
- 607 Guches, D..8/2/08
- 606 McDougal, J..3/16/08
- 606 Rybinski, M..3/16/08
- 606 Deschenes, R..4/13/08
- 606 Burnell, J..5/17/08
- 606 Lee..6/14/08
- 605 Maxwell, M..1/19/09
- 600 Lamarque, M..3/1/08

- 1647 Stottlemire, J..8/23/08
- 1645 House, G..3/29/08
- 1642 Buffington, G..1/24/08
- 1640 O'Malley, S..10/18/08
- 1636 Hunt, K..3/8/08
- 1636 Rowe, B..6/22/08
- 1636 Buckley, S..9/27/08
- 1636 Clearwater, C..J..12/6/08
- 1625 Godwin, G..5/17/08
- 1625 Herring, D..6/21/08

- 71 635 Highnote, B..10/25/08
- 72 633 Scolaro, A..3/30/08
- 73 633 Oxford, J..4/12/08
- 74 633 Kuderick, S..6/28/08
- 75 633 Lichtenberger, M..9/12/08
- 76 633 Brady, C..11/15/08
- 77 633 Billiot, J..1/17/09
- 78 630 Davis, N..3/15/08
- 79 630 Gultieri, A..10/19/08
- 80 625 Locondro, M..4/20/08

- 496 Jones..6/14/08
- 496 Brooks, J..10/18/06
- 496 Farmer, C..11/17/08
- 490 Brown, J..6/20/08
- 480 Perkins, Z..2/23/08
- 480 Smith, S..4/12/08
- 480 Miller, L..7/26/08
- 480 Alston, R..12/13/08
- 480 Schoffner, R..8/3/08
- 475 Nichols, B..5/3/08

- 600 Harris, S..3/22/08
- 600 House, G..3/29/08
- 600 White, J..3/29/08
- 600 Vacarro, C..3/29/08
- 600 Dickson, B..3/30/08
- 600 Cagan, C..3/30/08
- 600 Cassin, M..4/19/08
- 600 Griffin, D..4/26/08
- 600 Hooker, B..5/3/08
- 600 Hambric, T..5/4/08

- 1645 Stottlemire, J..8/23/08
- 1645 House, G..3/29/08
- 1642 Buffington, G..1/24/08
- 1640 O'Malley, S..10/18/08
- 1636 Hunt, K..3/8/08
- 1636 Rowe, B..6/22/08
- 1636 Buckley, S..9/27/08
- 1636 Clearwater, C..J..12/6/08
- 1625 Godwin, G..5/17/08
- 1625 Herring, D..6/21/08

- 81 625 Furgala, B..10/11/08
- 82 625 Driggers, M..11/23/08
- 83 625 Hubbard, D..12/13/08
- 84 622 Hunt, K..6/14/08
- 85 617 Luna, T..3/16/08
- 86 617 Buffington G..1/24/09
- 87 615 Adams, J..3/29/08
- 88 615 Wilson, Z..10/19/08
- 89 615 Crappell, A..11/08
- 90 606 Burnell, J..5/17/08

- 475 Swanson, B..8/16/08
- 475 Tracey, B..10/4/08
- 475 Furgala, B..10/11/08
- 475 Harrod, A..10/19/08
- 475 DeCaires, E..11/9/08
- 474 Lombardo, B..2/9/08
- 474 Berteaux, M..11/13/08
- 473 Kanemoto, K..5/17/08
- 473 Swift, D..5/17/08
- 473 Ogurek, M..7/19/08

- 600 Kohn, N..5/17/08
- 600 Barker, D..5/31/08
- 600 Flesch, D..6/21/08
- 600 Cox, T..7/27/08
- 600 Reynolds, S..8/17/08
- 600 Rock, J..9/27/08
- 600 Richardson, J..10/4/08
- 600 Riley, J..11/9/08
- 600 Berger, J..11/15/08
- 600 Bealor, B..11/15/08

- 1595 Matta, J..4/13/08
- 1592 Steck, M..11/20/08
- 1590 Richardson, J..10/4/08
- 1590 Crappell, A..11/08
- 1590 Tolston, T..1/18/09
- 1585 Cortez, J..3/29/08
- 1585 Yontz, M..6/29/08
- 1581 Grohoski, P..3/30/08
- 1580 White, E..3/29/08
- 1580 Sabando, K..3/29/08

- 91 605 Ibarra, C..3/29/08
- 92 605 Vickery, C..3/29/08
- 93 605 Saldana, J..11/22/08
- 94 605 Foster, W..12/6/08
- 95 600 Blevins, S..2/16/08
- 96 600 Clayton, C..3/15/08
- 97 600 Cortez, J..3/29/08
- 98 600 Aleman, A..3/29/08
- 99 600 Lanier, L..3/29/08
- 100 600 Koo, E..5/3/08

- 473 Bridges, M..10/3/08
- 473 Steck, M..11/20/08
- 470 Maxwell, M..8/23/08
- 468 Buffington, G..5/17/08
- 468 Frank, J..11/15/08
- 465 Sischo, M..8/9/08
- 462 Clark, R..4/13/08
- 462 Hines..6/14/08
- 462 Adams, J..6/14/08
- 462 Walker, B..8/2/08

- 600 Hibdon, W..11/17/08
- 600 Bruno, M..11/22/08
- 600 Tokarski, C..10/18/08
- 600 McMillan, G..1/17/09
- 600 Tealston, T..1/18/09
- 595 Toole, R..3/30/08
- 595 Wright..4/26/08
- 595 Conklin, T..6/21/08
- 590 Mack..6/14/08
- 590 Myers, T..7/12/08

- 1580 Fields, G..10/4/08
- 1576 Rybinski, M..3/16/08
- 1576 Hennigar, R..4/19/08
- 1576 Gibson, T..7/27/08
- 1575 Yeargin..5/3/08
- 1570 Ibarra, C..3/29/08
- 1559 Hubbard, D..12/13/08
- 1554 Sesler, C..9/12/08
- 1554 White, E..11/9/08
- 1554 Billiot, J..1/17/09

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, 1 and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7.25% tax).

**NEW MONTH...TOP 220s**  
**CORRECTIONS...** Master lifter Gregory Kleyn's deadlift of 562 and total of 1350 were not reflected on the TOP 100 for the 165 lb. class. 17 year old Jordan Dunn's lifts of 744, 457, 501, 1702 were not reflected on the TOP 100 for the 165 lb. class as well. Also on the TOP 100 list for 165s, Dave Anderson's squat of 529 and total of 1333 were not recorded. There were some omissions from the results of the IPA Nationals (published in the FEB/09 issue of Powerlifting USA) involving Elaine Grimwood's 4th attempt deadlift of 345, and Tim Myers lifts of 600 375 625 1600 at 220 lbs (45-49). If you find errors in our articles, TOP 100/20 weight class rankings or in the competition results that we publish, let us know at POWERLIFTING USA Errors Department, Post Office Box 467, Camarillo, California 93011 for a proper analysis of the manner (which can take a variable length of time, depending on the specific situation) and an appropriate correction in a following issue.