

## **Day 14: Life**

### **Quote**

Life is a song - sing it. Life is a game - play it. Life is a challenge - meet it. Life is a dream - realize it. Life is a sacrifice - offer it. Life is love - enjoy it. Sai Baba

### **Bible Verse**

Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. Psalm 23:6

### **Inspiration**

Guinness Advert

<http://www.youtube.com/watch?v=xwndLOKQTDs>

### **Journaling**

What things, people or circumstances in your life are you thankful for?

### **Technique**

Use one of the techniques from the resist techniques list.

LIFE IS a SONG - SING IT. LIFE IS a GAME - PLAY IT. LIFE IS a CHALLENGE - MEET IT. LIFE IS a DREAM - REALIZE IT.  
LIFE IS a SACRIFICE - OFFER IT. LIFE IS LOVE - ENJOY IT. Sai BABA

SURELY YOUR GOODNESS AND LOVE WILL FOLLOW ME ALL THE DAYS OF MY LIFE, AND I WILL DWELL IN THE HOUSE  
OF THE LORD FOREVER. PSALM 23:6