

Identity: Recreated Journaling Prompts

How you feel about yourself affects how you live your life. What does this mean for you?

What comes to mind when you read about your old attitudes and lifestyle?

How has your life changed since you were 'born again'? Do you relate to the changes that Rob talks about?

- our desires being different
- we want to change
- awakened conscience
- attitude to church
- hatred of injustice
- other people notice you are different

Being recreated is an ongoing work. What area of your life is God working on at the moment?

Are you preoccupied with your condition? How does that manifest in your spiritual life?

What thoughts try to undermine your identity? How can you counteract these thoughts?

How can you focus on your position instead of your condition?