



2014 LA LECHE LOCO RUN

5k and 1 mile

August 2, 2014 8:00 AM

Mahoney Park - 70th & Fremont St.
Lincoln, Nebraska

- Early packet pick-up will be Friday, Aug. 1, from 3:30 pm - 5:30 pm at Gere Library (56th & Van Dorn).
- Packet pick-up and late registration will begin at 7:00 a.m. the morning of the race at Mahoney Park Shelter (*t-shirt not guaranteed*).
- Strollers allowed in the 1 mile ONLY. No dogs allowed. The use of personal music devices is strongly discouraged at this race.
- Children age 3 and under may participate for free.
- Awards Ceremony and refreshments to follow at the Mahoney Park Shelter (approx. 9:00 am)
- Prizes will be awarded to the top three male and female finishers in the 5K run. All registered children 15 and under will receive a participation award.
- Carpooling is encouraged due to limited parking.

Participant Information:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Registration fees and info:

Age on race day: _____ Male Female

5K walk/run \$20

1 mile walk/run \$15

T-shirt Size: YS YM YL

AS AM AL XL XXL

Please add \$3 for XXL

Late Registration - After July 7, 2014 (add \$5)

Individuals may complete a late registration at the Friday early packet pickup or Saturday beginning at 7:00 am at the Mahoney Park Shelter. (Late entrants will not receive a T-shirt.)

I can't participate, but would like to contribute to La Leche League of Lincoln: \$ _____

Waiver of Liability:

By Signing below, I acknowledge and represent that I am physically fit and have trained sufficiently to participate in the La Leche Loco Run. I hereby authorize La Leche Loco Run to act according to their best judgment in any emergency requiring medical attention. I hereby RELEASE, WAIVE, DISCHARGE and HOLD HARMLESS La Leche League of Lincoln, La Leche Loco Run, their sponsors, agents, employees, volunteers, organizers and officials from any and all liability, claims, demands, actions and causes of action whatsoever, arising out of or related to any loss, damage or injury, that may be sustained by me, or to any property belonging to me, while participating in the events. I also accept any and all responsibility for injury, accident, or loss of personal or group property resulting in my participation in the La Leche Loco Run event.

Signature: _____ Date: _____

Parent or Guardian if under 18 years of age .

Signature: _____ Date: _____

Make checks payable to:
La Leche League of Lincoln

Return registration and check to:

Angela Pearson, Treasurer
1104 W. Dilin St.

Lincoln, NE 68521

402-440-9826

angela.pearson@hotmail.com