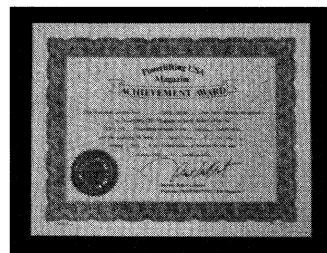


TOP 100

For standard 242 lb./110 kg. USA lifters in results received from January/04 thru March/05

PL USA Top 100 Achievement Awards



SQUAT	BENCH	DEADLIFT	TOTAL
1 1044 Goggins, S..3/5/05	772 Kelley, Brad..3/5/05	871 Goggins, S..3/5/04	2481 Goggins, S..3/5/04
2 1003 Patrick, J..6/26/04	771 Jackson, J..11/14/04	804 Coan, E..8/14/04	2352 Garcia, J..8/7/04
3 1000 Weston, B..5/30/04	766 Halbert, G..9/25/04	799 Garcia, J..8/7/04	2347 Patrick, J..8/7/04
4 986 Garcia, J..8/7/04	744 Carpenter, B..3/6/04	777 Dungan, P..8/28/04	2325 Bayles, J..11/21/04
5 920 Mason, C..10/10/04	733 Ladtner, J..3/5/05	775 Bayles, J..11/21/04	2243 Coan, E..8/14/04
6 909 Johnston, M..7/10/04	730 Fields, B..4/17/04	771 Capello, J..3/12/05	2204 Mason, C..6/6/04
7 905 Urchick, P..4/4/04	716 Simmons, C..3/12/05	766 Harris, T..11/14/04	2200 Deweese, K..4/4/04
8 903 Castile, C..3/5/04	711 Hein, B..10/2/04	760 Glover, N..12/4/04	2195 Weston, B..5/30/04
9 903 Solomine, J..3/28/04	705 Buechlein, G..9/04	755 Patrick, J..8/22/04	2160 Castile, C..3/5/04
10 900 Deweese, K..4/4/04	700 Bayles, J..11/21/04	750 Goodman, B..1/24/04	2154 Stussy, B..6/26/04
11 900 Bayles, J..4/4/04	688 Luyando, R..1/8/05	750 Cass, B..1/22/05	2137 Cass, B..1/22/05
12 881 Graalfs, J..10/16/04	665 Wardell, J..2/21/04	749 Brown, J..2/19/05	2116 Johnston, M..7/10/04
13 876 Coan, E..8/14/04	660 Conner, S..3/27/04	744 Mueller, B..5/22/04	2099 Graalfs, J..10/16/04
14 857 Cass, B..1/22/04	650 Putnam, R..3/28/04	740 Mash, T..1/22/05	2083 Harris, T..11/14/04
15 854 Pierce, R..6/6/04	650 Shovar, C..4/3/04	733 Davi, P..3/6/04	2060 Laird, J..11/21/04
16 840 Laird, J..11/21/04	650 Siegler, M..12/11/04]	733 Howard, B..11/14/04	2055 Pierce, R..6/6/04
17 832 Werner, T..12/4/04	650 Walker, D..3/13/05	725 Deweese, K..4/4/04	2033 Werner, T..12/4/04
18 826 Stussy, B..6/26/04	644 Stussy, B..6/26/04	725 Young, N..6/27/04	2022 Goldin, R..3/6/04
19 825 Angle, L..11/21/04	650 Parrish, K..9/18/04	725 Cooper..3/26/05	2020 Smith, M..11/21/04
20 825 Warren, B..12/11/04	640 Dowd, K..1/22/05	722 Davidson, D..6/12/04	2011 Douglas, J..7/11/04
21 810 Halliwell, P..12/18/04	640 Furman, M..3/13/05	710 Holmes, C..2/28/04	1973 Thomas, K..8/7/04
22 805 Avigliano, J..11/21/04	639 Patrick, J..8/7/04	710 Johnston, M..3/20/04	1962 Waits, S..11/13/04
23 804 Douglas, J..7/11/04	639 Mayer, K..9/12/04	710 Dahlen, C..8/28/04	1951 Mann, S..7/11/04
24 804 Waits, S..11/13/04	633 Doan, D..5/2/04	710 Graalfs, J..10/16/04	1950 Clark, E..9/25/04
25 804 Harris, T..11/14/04	633 Biewer, J..9/25/04	705 Lorentz, P..2/21/04	1950 Fausey, M..11/21/04
26 800 Plescia, M..4/17/04	633 Wakakuwa..11/14/04	705 Matheson, B..3/14/04	1950 Angle, L..11/21/04
27 800 Smith, M..11/21/04	630 Lewis, S..3/28/04	705 Thomas, K..8/7/04	1945 Ferris, R..3/19/05
28 785 Fausey, M..11/21/04	630 Clark, E..9/25/04	705 Fellure, T..8/7/04	1940 Hester, B..8/14/04
29 782 Mann, S..7/11/04	630 Tallman, C..3/19/05	705 Wylie, P..11/6/04	1935 Dick, P..7/11/04
30 777 Goldin, R..3/6/04	628 Mason, C..6/6/04	705 Tylutki, N..2/12/05	1935 Smith, B..9/11/04
31 777 DePalma, L..10/2/04	628 Hunter, J..3/5/04	700 Sorenson, M..3/6/04	1925 Warren, B..12/11/04
32 775 Hesse, C..3/14/04	625 Knight, M..8/7/04	700 Baker, C..3/27/04	1923 Lawrence, R..6/6/04
33 775 Smith, S..12/18/04	624 Burns, D..7/24/04	700 Soekardi, I..6/5/04	1920 Smith, S..12/18/04
34 771 Powers, D..8/7/04	620 Wilson, A..1/24/04	700 Grant..10/30/04	1918 Halliwell, P..3/28/04
35 765 Smith, B..9/11/04	620 Lawrence, R..12/11/04	700 Bagnell, B..3/13/05	1918 Tylutki, N..2/12/05
36 760 Swanson, B..3/5/04	611 Young, R..9/12/04	699 Klein, R..7/17/04	1915 Brock, T..4/4/04
37 760 Mistic, L..4/3/04	610 Grosso, P..4/17/04	699 Hester, B..8/14/04	1912 Swanson, B..3/5/04
38 760 Cole, Z..4/4/04	610 Dick, P..8/7/04	694 Field-Eaton, C..3/21/04	1907 Stills, R..7/11/04
39 760 Ladewski, M..12/18/04	610 Burke, J..3/20/05	694 Mason, C..6/6/04	1905 Grosso, P..8/21/04
40 755 Burgess, S..4/24/04	607 Kitani, R..11/14/04	688 Castile, C..3/5/04	1901 Field-Eaton, C..3/21/04
41 755 Kowal, T..5/9/04	606 Robertson, K..4/3/04	685 Bess, G..3/13/04	1901 Burgess, S..4/24/04
42 755 Gibson, J..8/22/04	606 Wilkinson, E..11/14/04	685 Smith, B..9/11/04	1901 Wylie, P..11/6/04
43 755 Montebault..10/14/04	605 Gibson, T..9/11/04	683 Williams, N..3/7/04	1901 Brown, J..2/19/05
44 750 Adams, J..4/4/04	605 Kelley, Bart..12/4/04	683 Jackson, P..4/10/04	1900 Plescia, M..4/17/04
45 750 Rundle, B..4/17/04	605 Ball, T.J..3/26/05	683 Stussy, B..6/26/04	1900 Crigger, C..10/23/04
46 750 Wylie, P..5/30/04	600 Anderson, D..4/17/04	683 Stills, R..7/11/04	1899 DePalma, L..10/2/04
47 750 Dick, P..7/11/04	600 Saviano, L..7/10/04	675 Young, C..3/28/04	1896 Austin, G..4/3/04
48 750 Grosso, P..8/21/04	600 Davi, P..8/22/04	675 Susco, P..11/6/04	1896 Powers, D..8/7/04
49 750 Reynolds, M..9/18/04	600 Knobler, J..9/26/04	675 Czerwicz, J..3/19/05	1896 Taylor, M..10/2/04
50 750 Clark, E..9/25/04	600 Jenkins, C..10/23/04	672 Goldin, R..3/6/04	1895 Ladewski, M..12/18/04
51 749 Tylutki, N..2/12/05	600 Hoorstra, J..12/4/04	672 Fryar, T..5/2/04	1890 Reynolds, M..9/18/04
52 744 Acome, T..3/27/04	600 Rogers, T..12/4/04	672 Douglas, J..7/11/04	1884 Parkhurst, S..11/7/04
53 740 Brock, T..4/4/04	600 Perkins, C..12/18/04	672 Parkhurst, S..11/7/04	1879 Silver, S..4/17/04
54 740 Donegan, S..5/30/04	600 Hummel, M..3/5/05	670 Adams, C..4/20/04	1868 Kowal, T..5/9/04
55 740 Chellino, M..9/25/04	600 Goggins, S..3/5/05	670 Skelley, W..3/12/05	1862 Gibson, J..8/22/04
56 740 Crigger, C..10/23/04	600 Stephens, G..3/5/05	666 Silver, S..4/17/04	1860 Cole, Z..4/4/04
57 738 Ward, R..5/9/04	590 Barrett, P..3/28/04	666 Burgess, S..4/24/04	1857 Mistic, L..10/14/04
58 738 Steiner, E..7/11/04	585 Larson, G..8/7/04	666 Krych, E..5/29/04	1857 Donegan, S..11/6/04
59 735 Ferris, R..3/19/05	580 Laird, J..4/4/04	666 Mitchell, K..7/17/04	1855 Miller, S..11/7/04
60 733 Lawrence, R..6/6/04	580 Schwab, B..4/4/04	666 Waits, S..8/14/04	1855 Hairston, M..3/19/05
61 733 Thomas, K..8/7/04	580 Smith, M..11/21/04	666 Gnerre, J..10/2/04	1851 Steiner, E..7/11/04
62 730 Herrera, J..7/11/04	580 Caporosso, J..3/19/05	661 McKay, I..6/26/04	1850 Erikson, R..3/19/05
63 727 Holmes, C..2/28/04	578 Edwards, B..4/3/04	661 Steiner, E..7/11/04	1846 Williams, N..3/7/04
64 727 Zenzen, D..10/14/04	578 McKeefler, R..11/14/04	661 Capps, J..10/10/04	1840 Holmes, C..2/28/04
65 725 Martinez, M..3/27/04	575 Peterson, J..1/17/04	661 Riedy, M..2/12/05	1835 Fritz, A..5/22/04
66 725 Coppola, S..4/4/04	575 Deweese, K..4/4/04	660 Smith, T..3/28/04	1835 Gnerre, J..10/2/04
67 725 Mayes, J..11/21/04	575 Thomas, S..10/2/04	660 Davis, R..11/21/04	1830 Hesse, C..3/14/04
68 725 Hairston, M..3/19/05	575 Hawkins, S..12/18/04	660 Bullock, B..12/4/04	1830 Adams, J..4/4/04
69 722 Anderson, J..5/9/04	575 Robinson, R..1/15/05	660 Casemier, J..12/4/04	1830 Chellino, M..9/25/04
70 722 Stills, R..7/11/04	575 Becker, S..2/5/05	660 Ladewski, M..12/18/04	1829 Lorentz, P..2/21/04
71 722 Wheeler, K..10/14/04	573 Goldin, R..3/6/04	660 Mann, S..2/5/05	1829 Newark, S..7/11/04
72 722 Jordan, J..3/19/05	573 Clugston, R..8/22/04	660 Cancelino, R..3/12/05	1825 Coppola, S..12/18/04
73 716 Taylor, M..10/2/04	573 Ota, M..3/5/05	660 Ferris, R..3/19/05	1813 Acome, T..3/27/04
74 716 Brown, J..2/19/05	570 McIntire, B..12/18/04	660 Erikson, R..3/19/05	1810 Hoorstra, J..12/4/04
75 715 McFerrer, S..3/12/05	570 Mann, S..2/5/05	660 Furlow, T..3/19/05	1802 Reape, J..7/11/04
76 710 Austin, G..4/3/04	567 Castile, C..3/5/04	655 Fenti, L..2/15/04	1820 Bowman, T..10/14/04
77 710 Roberts, R..8/22/04	567 McConaughy, E..6/26/04	655 Cedenro..2/21/04	1800 McIntire, B..5/30/04
78 710 Zemken, J..11/21/04	567 Finegan, S..7/24/04	655 Coffey, S..3/6/04	1800 Covey, E..6/12/04
79 710 Hurdridge, T..2/19/05	567 Garcia, J..8/7/04	655 Kahanek, C..7/11/04	1800 Avigliano, J..11/21/04
80 705 Field-Eaton, C..3/21/04	567 Briggs, R..10/2/04	655 Callahan, B..8/7/04	1800 Mayes, J..11/21/04
81 705 Dunn, J..4/3/04	567 Werner, T..12/4/04	655 Miller, S..11/7/04	1796 Ward, R..5/9/04
82 705 Hypes, T..4/4/04	565 Donati, R..2/1/04	650 Cox, B..1/17/04	1790 Seabrook, J..12/18/04
83 705 Silver, S..4/17/04	565 Levers, B..11/21/04	650 Higgins, T..1/17/04	1790 Seabrook, J..12/18/04
84 705 Adams, C..4/20/04	565 Hairston, M..3/19/05	650 Padgett..2/7/04	1790 Czerwicz, J..3/19/05
85 705 Schar, D..6/26/04	562 Coan, E..8/14/04	650 Porter, R..2/29/04	1785 Tillinghast, G..11/6/04
86 705 Hester, B..8/14/04	562 Haycraft, D..11/14/04	650 Swanson, B..3/5/04	1785 Havrilesko, D..11/21/04
87 705 Younger, D..8/22/04	560 Baldwin, J..3/27/04	650 Shirey, M..3/7/04	1780 Bollby, P..9/11/04
88 705 May..10/30/04	560 DeFalco, R..4/17/04	650 Sandberg, C..3/13/04	1779 Boell, D..6/16/04
89 705 Chavez, R..10/31/04	560 Weston, B..5/30/04	650 Hesse, C..3/14/04	1775 Adams, C..4/20/04
90 705 Parkhurst, S..11/7/04	560 Paskell, E..9/26/04	650 Author, G..3/21/04	1775 Skelley, W..3/12/05
91 701 DeWalt, B..12/4/04	560 DePalma, L..11/6/04	650 Nault, J..4/17/04	1774 Solomine, J..3/28/04
92 700 Penno, T..3/27/04	560 Barley, R..12/11/04	650 Crigger, C..4/24/04	1770 Perrotta..5/18/04
93 700 Perrotta..5/18/04	560 Price, C..12/18/04	650 Rasmussen, L..4/24/04	1765 Cooper..3/21/04
94 700 Parks, D..12/11/04	560 Fumiano, 12/18/04	650 Hopkins, G..5/15/04	1765 Baker, C..3/27/04
95 700 Heisinger, J..3/19/05	556 Gunn, B..4/3/04	650 Fritz, A..5/22/04	1765 Furlow, T..3/19/05
96 699 Garcia, C..4/3/04	556 Stiverson, J..2/26/05	650 Pierce, R..6/6/04	1757 Mangum, M..8/14/04
97 699 Reape, J..7/11/04	555 Feisner, B..4/3/04	650 Wasniewski, C..6/9/04	1757 Ebner, R..12/11/04
98 699 Tillinghast, G..11/6/04	555 Malmgren, P..12/4/04	650 Clark, J.D..6/17/04	1752 Callahan, B..5/2/04
99 694 Shirey, M..3/7/04	551 Austin, G..4/3/04	650 Dawson, A..8/22/04	1752 Connor, M..6/26/04
100 690 Ebner, R..11/28/04	551 Pierce, R..6/6/04	650 Mistic, L..10/14/04	1752 Kahanek, C..7/11/04

Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7% tax).

NEXT MONTH... TOP 275s

CORRECTIONS ... Jules

Pellegrino did not receive credit for his 319 BP on the TOP 20 Masters 148 list. Mike Van Cleave's 661 squat should have been reflected on the TOP 20 Masters 198s. Elaine Grimwood did not receive credit for her 355 squat on the Women's 105 lb. class TOP 20 rankings. Brandon Cass should not have been credited with an 805 deadlift on the recent TOP 100 220 lb. listing. The results of the West Virginia High School Championships in the May '05 PL USA were under USPF sanction. Glenn Buechlein's 705 BP @ 242 was not recognized on the all time bench press listing (DEC/04 PL USA). The 675 lb. deadlift by Mr. Draper was not included on the TOP 100 220 lb. list. Alfredo Evangelista's 435 BP on the Masters TOP 20 list was actually done in the 165 lb. class. Jeff McVicar should have been credited with a 635 BP @ 198 on the TOP 100 list. Cory Dexter did not miss his 523 BP attempt at the Mendelson Classic on February 20th.