

I am driven to live in joy, to realize God within self, and be a living example for others.

The time is now. Humanity is waking up. Love is the answer to every problem. I believe we all sabotage ourselves. NO ONE ELSE is responsible for me. It is only through a willingness to see my own self-sabotage that true joy can be found. If I am to uncover my true, amazing self, I must be willing to see my self-sabotage with compassion, gentleness, and acceptance.

I believe acceptance is the greatest transformational force in the universe. I believe nothing can upset me unless I give it permission to do so. I believe my mind and heart are tools for life, and not necessarily who I am. I seek to empower these tools by clearing the layers of pain, fear, anger, anxiety, grief, and narrow mindedness. I do this so I can utilize the tools of thought and feeling to create a world of my desire, a world of joy and peace. I believe I AM a light house of God's love. I Am this Love. I believe God/Love/Spirit is my true identity. I vow to embrace the Love I Am with every thought, feeling, and breath. I believe I can free others only after I have freed myself.

*I believe as I love myself and embrace the LIGHT I AM, I will change the world.*

Thank You.

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