

TOP 100

For standard 198 lb./90 kg. USA lifting in results received from November 1995 through December 1996.

SQUAT

- 1 903 Kellum, J., 10/27/96
- 2 832 Kamand, T., 6/1/96
- 3 782 Mastrean, M., 6/1/96
- 4 771 McCoy, J., 6/1/96
- 5 755 Wagner, R., 8/18/96
- 6 744 Sechrest, M., 6/1/96
- 7 738 Fessenden, M., 6/1/96
- 8 738 McAuliffe, J., 6/16/96
- 9 725 Zweng, M., 10/19/96
- 10 722 Sportsman, J., 4/17/96
- 11 722 Becker, B., 6/30/96
- 12 722 Franz, E., 6/30/96
- 13 716 Bell, G., 7/29/96
- 14 715 Anderson, S., 7/7/96
- 15 710 Johnson, L., 5/18/96
- 16 710 Brookins, S., 5/25/96
- 17 700 Stokes, B., 3/10/96
- 18 700 Dell, R., 7/7/96
- 19 700 Tibbs, 9/21/96
- 20 694 Garcia, J., 2/4/96
- 21 690 Meyers, T., 9/15/96
- 22 685 Bornstein, D., 7/7/96
- 23 677 Wright, R., 2/24/96
- 24 675 Macri, M., 3/3/96
- 25 675 Bentley, B., 4/6/96
- 26 675 Scialpi, S., 10/20/96
- 27 672 Thomas, W., 11/11/95
- 28 672 Chalmers, S., 4/27/96
- 29 672 Janca, T., 6/2/96
- 30 672 Benford, G., 6/30/96
- 31 670 Becker, M., 4/27/96
- 32 670 Clouden, 7/20/96
- 33 666 Rothger, D., 4/14/96
- 34 666 Adkins, T., 4/27/96
- 35 661 Hester, B., 11/4/95
- 36 661 Collins, P., 8/11/96
- 37 660 Baltimore, 3/16/96
- 38 660 Jeurink, J., 4/27/96
- 39 655 Evans, 11/11/95
- 40 655 Boyd, 3/16/96
- 41 655 Stroud, K., 10/27/96
- 42 650 Morris, 11/11/95
- 43 650 King, R., 2/4/96
- 44 650 Sinderud, K., 2/4/96
- 45 650 Succarotte, T., 2/10/96
- 46 650 Pacheko, J., 4/20/96
- 47 650 Terry, C., 5/5/96
- 48 650 Peto, T., 5/26/96
- 49 650 Autry, S., 6/2/96
- 50 650 DeCaprio, D., 10/19/96
- 51 644 Mader, D., 3/9/96
- 52 644 Taghivand, B., 6/16/96
- 53 644 Burnell, J., 9/1/96
- 54 640 Chase, 12/95
- 55 640 Gooch, J., 3/16/96
- 56 640 Talley, R., 6/22/96
- 57 640 Dubose, C., 6/29/96
- 58 640 Katsas, 7/96
- 59 639 Piatek, M., 2/4/96
- 60 635 Hill, M., 7/6/96
- 61 633 Ferstler, G., 12/10/95
- 62 633 Kuester, 12/10/95
- 63 633 Glumac, R., 3/23/95
- 64 633 Laney, M., 4/14/96
- 65 633 Lankford, N., 9/1/96
- 66 633 Lankford, B., 12/2/95
- 67 628 Traub, L., 11/11/95
- 68 628 Anderson, T., 4/14/96
- 69 628 Mash, T., 8/10/96
- 70 628 Buhl, H., 8/11/96
- 71 625 Bianchi, A., 11/5/95
- 72 625 Keyha, V., 4/6/96
- 73 625 Richard, J., 5/25/96
- 74 622 Titus, G., 2/11/96
- 75 622 Foy, D., 5/12/96
- 76 620 Perez, 11/4/95
- 77 620 Rogers, C., 3/16/96
- 78 620 Lawrence, D., 4/20/96
- 79 620 Terrell, L., 5/26/96
- 80 620 Cabrera, A., 9/21/96
- 81 620 Delsignore, M., 10/13/96
- 82 620 Florisi, P., 10/20/96
- 83 617 Frazier, G., 11/4/95
- 84 617 Rouse, J., 6/30/96
- 85 615 Pearce, 11/4/95
- 86 615 Gayton, R., 11/5/95
- 87 611 Goodson, J., 2/11/96
- 88 611 Smith, T., 3/3/96
- 89 611 Baertlein, B., 4/27/96
- 90 611 Kouf, D., 5/4/96
- 91 611 Scarlett, B., 5/18/96
- 92 611 Dix, G., 5/25/96
- 93 611 Mangum, M., 6/30/96
- 94 611 Lozano, P., 8/24/96
- 95 611 Mankamper, T., 10/27/96
- 96 610 Uvjang, J., 2/17/96
- 97 610 Hasker, D., 3/23/96
- 98 610 Deign, J., 10/20/96
- 99 607 Falbo, T., 2/10/96
- 100 606 Rhoades, 11/25/95

BENCH PRESS

- 603 Kellum, J., 6/1/96
- 575 Rorie, L., 5/4/96
- 545 Nealy, 5/18/96
- 545 Gee, S., 7/6/96
- 534 Bartlett, J., 1/2/1996
- 534 Gregory, B., 4/14/96
- 523 McCoy, J., 6/1/96
- 515 McAuliffe, J., 3/16/96
- 507 Egli, R., 11/11/95
- 505 Jackson, G., 11/18/96
- 501 Warrington, G., 9/14/96
- 500 Saluzzi, S., 12/16/95
- 500 Clerf, D., 4/13/96
- 500 Josey, D., 5/4/96
- 500 DeCourt, B., 5/4/96
- 490 Bell, G., 11/17/95
- 485 Gibson, J., 12/16/95
- 485 Succarotte, T., 2/10/96
- 485 Kelley, B., 2/10/96
- 485 Marcinkowski, K., 5/4/96
- 485 Mastrean, M., 6/1/96
- 485 Zweng, M., 10/19/96
- 480 Jones, B., 5/4/96
- 480 Beebe, B., 6/15/96
- 480 Knight, S., 8/24/96
- 480 Edwards, J., 9/7/96
- 475 Green, 1/21/96
- 475 Rutigliano, T., 2/10/96
- 475 Bossi, 9/15/96
- 475 Gibson, C., 9/21/96
- 475 Adams, J., 10/5/96
- 473 Williams, S., 10/26/96
- 470 Harris, R., 5/11/96
- 470 Perri, M., 6/15/96
- 470 Danison, J., 8/24/96
- 470 Moutos, K., 8/31/96
- 470 Mangum, M., 10/19/96
- 468 Dale, R., 4/28/96
- 465 Towns, J., 3/23/96
- 462 Mader, D., 8/3/96
- 462 Fran, J., 9/21/96
- 460 Flori, J., 2/24/96
- 460 Dougherty, J., 3/10/96
- 460 Takovrian, G., 3/31/96
- 460 Sim, E., 6/2/96
- 460 Schweines, W., 6/15/96
- 460 Cook, J., 9/21/96
- 457 Heruth, 12/16/95
- 457 Johnson, L., 5/18/96
- 457 Seibold, S., 8/10/96
- 457 Kanemoto, K., 10/19/96
- 455 Caldwell, J., 2/25/96
- 455 Ehrhardt, R., 3/16/96
- 451 Olson, 11/25/95
- 451 Benson, 11/4/96
- 451 Murphy, 1/14/96
- 451 Dale, E., 3/17/96
- 451 Ford, R., 5/19/96
- 451 Foy, C., 5/19/96
- 451 Gaugler, B., 6/1/96
- 451 Merickel, S., 9/1/96
- 451 Bilge, S., 9/21/96
- 451 Johnson, D., 9/21/96
- 450 Gillis, J., 12/16/95
- 450 Carthy, M., 2/10/96
- 450 Gibson, T., 6/96
- 450 Dell, R., 7/7/96
- 450 Lynch, W., 7/13/96
- 450 Vacaparr, M., 8/24/96
- 446 Cover, T., 12/2/95
- 446 Broughton, 1/14/96
- 446 Titus, G., 2/11/96
- 446 Wilkinson, E., 8/24/96
- 446 Lankford, N., 9/1/96
- 446 Ayers, R., 9/21/96
- 446 Adkins, T., 10/27/96
- 445 Richardson, R., 3/24/96
- 440 Jenness, R., 11/11/95
- 440 Kenny, M., 12/2/95
- 440 Marinkovic, D., 2/3/96
- 440 Blevins, B., 2/4/96
- 440 Fischer, R., 2/25/96
- 440 Larchick, J., 2/25/96
- 440 Storch, B., 3/10/96
- 440 Hunter, V., 3/23/96
- 440 Brookins, 5/25/96
- 440 Chalmers, S., 6/1/96
- 440 Bornstein, D., 7/7/96
- 440 Gregory, D., 7/20/96
- 440 Chevalier, D., 8/3/96
- 440 Sechrest, M., 9/21/96
- 440 Pochiba, M., 10/19/96
- 440 Florisi, P., 10/20/96
- 435 Trancoso, 11/11/95
- 435 Rescigno, J., 12/10/95
- 435 Wilks, J., 2/24/96
- 435 Niemi, H., 3/10/96
- 435 Cote, R., 4/14/96
- 435 Luciano, W., 4/20/96
- 435 Ozbourn, R., 5/11/96

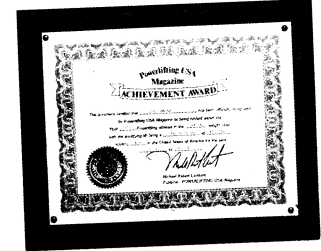
DEADLIFT

- 749 Bufkin, J., 2/17/96
- 745 Meyers, T., 7/7/96
- 730 Stokes, B., 3/10/96
- 730 Baltimore, 3/16/96
- 730 Scialpi, S., 10/20/96
- 725 Brookins, 3/16/96
- 720 Keyha, V., 4/6/96
- 710 Anderson, S., 7/7/96
- 705 Thomas, W., 11/11/95
- 700 Boyd, 3/16/96
- 694 Bell, G., 11/17/95
- 688 Laney, M., 6/29/96
- 683 Simon, T., 8/4/96
- 677 Glumac, R., 3/23/96
- 677 Safran, C., 6/16/96
- 675 Ray, B., 11/5/95
- 675 Terry, C., 5/12/96
- 672 Rook, S., 5/25/96
- 672 Jones, V., 6/2/96
- 666 Wagner, R., 5/19/96
- 666 Kamand, T., 6/1/96
- 665 Mash, T., 8/10/96
- 665 Gibson, C., 9/21/96
- 661 Gahagan, C., 12/2/95
- 661 O'Brien, C., 5/19/96
- 661 Stauninger, C., 8/11/96
- 661 Scarlett, B., 5/18/96
- 660 Casco, 12/95
- 660 Dickco, T., 2/10/96
- 655 Adams, R., 3/30/96
- 655 Kellum, J., 6/1/96
- 655 Becker, B., 6/30/96
- 655 Dell, R., 7/7/96
- 651 Hester, B., 3/10/96
- 650 Morris, 11/11/95
- 650 Wilson, T., 3/17/96
- 650 Fessenden, M., 11/12/95
- 650 Vincent, X., 3/23/96
- 650 Steele, K., 4/28/96
- 650 Ferstler, G., 5/12/96
- 650 McAuliffe, J., 6/16/96
- 650 Bornstein, D., 7/7/96
- 650 Beekley, B., 7/28/96
- 650 Traub, L., 8/25/96
- 650 Costa, J., 9/14/96
- 650 Sechrest, M., 9/21/96
- 650 Richard, J., 9/21/96
- 645 Rogers, C., 3/16/96
- 644 Burnell, J., 9/1/96
- 644 Stroud, K., 10/27/96
- 640 Wilcox, S., 3/31/96
- 639 Byas, A., 11/11/95
- 635 Corsito, J., 2/10/96
- 635 Bentley, B., 4/6/96
- 635 Cook, J., 4/14/96
- 635 Thumser, M., 4/27/96
- 633 Neiman, S., 1/21/96
- 633 Cash, K., 3/3/96
- 633 Kouf, D., 5/4/96
- 633 Grigsby, S., 6/2/96
- 633 Rice, F., 8/25/96
- 633 Adkins, T., 10/27/96
- 633 Johnson, A., 10/27/96
- 630 Evans, 11/11/95
- 630 Succarotte, T., 11/18/95
- 630 Takovrian, G., 2/10/96
- 630 Howard, B., 3/17/96
- 630 Moore, V., 6/15/96
- 630 Werner, R., 9/7/96
- 628 Bakos, J., 12/2/95
- 628 Bergman, J., 3/31/96
- 628 Lewis, R., 8/18/96
- 625 Uvjang, J., 2/17/96
- 625 Macri, M., 2/17/96
- 625 Dresback, B., 3/23/96
- 625 McGlynn, J., 5/4/96
- 625 Benjamimovich, B., 6/15/96
- 625 Zweng, M., 10/19/96
- 622 Snodgrass, D., 11/11/95
- 622 Solan, D., 5/4/96
- 622 McCoy, J., 6/1/96
- 622 Mastrean, M., 6/1/96
- 622 Autry, S., 6/2/96
- 622 Groves, J., 7/20/96
- 620 Siwak, S., 11/5/95
- 620 Ray, J., 1/13/96
- 620 Rutigliano, T., 2/10/96
- 620 Fabrizio, C., 3/3/96
- 620 Jakobson, A., 4/6/96
- 620 Carnaghi, T., 5/25/96
- 620 Rogers, R., 10/5/96
- 617 King, R., 2/4/96
- 617 Holt, T., 5/12/96
- 617 Janca, T., 6/2/96
- 617 Lemire, W., 7/20/96
- 617 Kutlin, E., 8/4/96
- 615 Carthy, M., 11/18/95
- 615 Savocka, G., 2/17/96
- 615 Reuther, 3/24/96
- 615 Kummer, C., 9/7/96

TOTAL

- 2070 Kellum, J., 6/1/96
- 1918 McCoy, J., 6/1/96
- 1901 Kamand, T., 6/1/96
- 1895 Bell, G., 11/17/95
- 1890 Mastrean, M., 6/1/96
- 1870 Stokes, B., 3/10/96
- 1869 McAuliffe, J., 6/16/96
- 1860 Brookins, 3/16/96
- 1845 Anderson, S., 7/7/96
- 1835 Scialpi, S., 10/20/96
- 1825 Zweng, M., 10/19/96
- 1815 Sechrest, M., 9/21/96
- 1807 Wagner, R., 7/28/96
- 1805 Fessenden, M., 11/12/95
- 1805 Meyers, T., 7/7/96
- 1802 Thomas, W., 11/11/95
- 1790 Baltimore, 3/16/96
- 1775 Dell, R., 7/7/96
- 1775 Bornstein, D., 7/7/96
- 1746 Adkins, T., 10/27/96
- 1735 Bentley, B., 4/6/96
- 1730 Johnson, L., 5/18/96
- 1719 Hester, B., 11/4/95
- 1719 Stroud, K., 10/27/96
- 1715 Succarotte, T., 2/10/96
- 1714 Mash, T., 8/10/96
- 1705 Boyd, 3/16/96
- 1695 Bufkin, J., 2/17/96
- 1695 Keyha, V., 4/6/96
- 1690 Gibson, C., 9/21/96
- 1686 Janca, T., 1/20/96
- 1686 O'Brien, C., 5/19/96
- 1681 Wright, R., 2/24/96
- 1681 Burnell, J., 9/1/96
- 1680 Morris, 11/11/95
- 1675 Chase, 12/95
- 1675 Titus, G., 2/11/96
- 1675 Macri, M., 3/3/96
- 1675 Adams, J., 10/5/96
- 1669 Sportsman, J., 4/27/96
- 1669 Becker, B., 6/30/96
- 1658 Mader, D., 3/9/96
- 1658 Benford, G., 6/30/96
- 1655 DeCaprio, D., 10/19/96
- 1653 Laney, M., 4/14/96
- 1650 Uvjang, J., 3/24/96
- 1650 Terry, C., 5/5/96
- 1650 Tibbs, 9/21/96
- 1645 Evans, 11/11/95
- 1635 Rogers, C., 3/16/96
- 1635 Mangum, M., 10/19/96
- 1631 Goodson, J., 2/11/96
- 1631 Kouf, D., 5/4/96
- 1631 Peto, T., 5/26/96
- 1631 Frantz, E., 6/30/96
- 1631 Buhl, H., 8/11/96
- 1630 Adams, R., 3/30/96
- 1630 Jakobson, A., 4/6/96
- 1630 Rothger, D., 4/14/96
- 1630 Delsignore, M., 10/13/96
- 1625 Garcia, J., 2/4/96
- 1625 Murrell, 3/8/96
- 1625 Gooch, J., 3/16/96
- 1625 Terrell, L., 5/26/96
- 1625 Chalmers, S., 4/27/96
- 1620 King, R., 2/4/96
- 1620 Holt, T., 5/12/96
- 1620 Clouden, 7/20/96
- 1615 Gahagan, C., 3/24/96
- 1610 Richard, J., 9/21/96
- 1609 Traub, L., 11/11/95
- 1609 Ferstler, G., 12/10/95
- 1609 Price, K., 5/18/96
- 1609 Rook, S., 5/25/96
- 1609 Safran, C., 6/16/96
- 1609 Collings, P., 8/11/96
- 1605 Costa, J., 3/17/96
- 1605 Hill, M., 7/6/96
- 1603 Glumac, R., 3/23/96
- 1603 Earl, J., 4/14/96
- 1603 Solan, D., 5/4/96
- 1603 Jenness, R., 5/19/96
- 1603 Taghivand, B., 6/16/96
- 1603 Beekley, B., 8/18/96
- 1603 Lankford, N., 9/1/96
- 1600 Rodgers, J., 3/16/96
- 1600 Becker, M., 4/27/96
- 1600 Curence, D., 6/15/96
- 1598 Stauninger, C., 8/11/96
- 1598 Scarlett, B., 8/24/96
- 1592 Autry, S., 6/2/96
- 1590 Niemi, S., 3/10/96
- 1590 Hasker, D., 3/23/96
- 1590 Cabrera, A., 9/29/96
- 1587 Huddins, A., 2/11/96
- 1587 O'Brien, J., 4/13/96
- 1587 Baertlein, B., 4/27/96
- 1585 Bianchi, A., 11/5/95
- 1581 Talley, R., 5/12/96
- 1580 Vincent, X., 3/23/96

PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 220s

Corrections.... the 4/16/94 lifts of John Hendrix at 242 were not reflected on the TOP 100 list (660 460 630 1750). Anthony Thomas's name was misspelled on the TOP 100 148 lb. list (1470 total), as was the name of Scott Hansen on the TOP 100 132 lb. list (955 total). Mark VanAlstyne should have been credited with a 600 lb. squat on the TOP 100 181 list. Raymond Jones 560 deadlift at 165 was not included in the TOP 100 compilations. Send any corrections you find to "ERRORS", Box 467, Camarillo, CA 93011. TOP 20 rankings for women, masters, and teenage lifters during the 1996 competition year will be published in the March 1997 edition of POWERLIFTING USA, and if you think you'll be making one of the lists and you haven't seen results of your best meets published in PL USA, please contact your meet director and urge that they be submitted if they haven't been already. We need to have the results on hand, in order to include them in the various ranking lists.

PRICE BREAKERS
Business/Schools
Coaches Call
1-800-897-5059