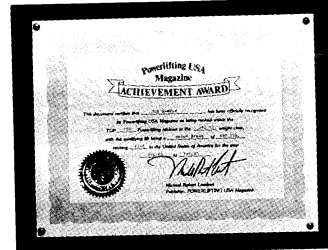


TOP 100

For standard 242 lb./110kg. USA lifters in results received from January 1999 through January 2000.

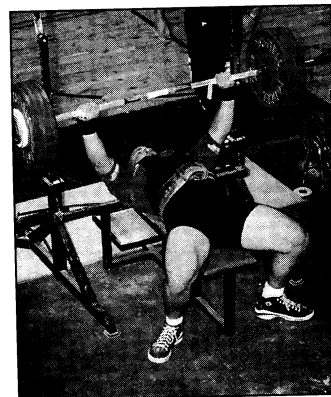
PL USA Top 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievement is \$6. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$21.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$6 per certificate or \$21.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. (CA residents - 7 1/4% tax).

NEXT MONTH... TOP 275s

Corrections... In the report of the WABDL Worlds, Theresa Hams was incorrectly referred to as Theresa Harms. T. Ray on the TOP 100 198 deadlifters is actually J. Ray. The photo on the top of p. 68 of the Jan/2k issue of PL USA is not the correct image, and is an inadvertent duplicate of a photo on another page in the magazine. We apologize for any mistakes and please send any corrections that you find to "PL USA ERRORS" Department, Post Office Box 467, Camarillo, California 93011.



At the 1999 IPF Jr. Worlds, Ryan Goldin was actually the only American to receive a gold medal and he made the biggest bench press of the entire competition

SQUAT	BENCH PRESS	DEADLIFT	TOTAL
1 1019 Coan, E. 7/25/99	699 Patterson, K. 10/9/99	848 Coan, E. 7/25/99	2441 Coan, E. 7/25/99
2 931 Urchick, P. 7/11/99	683 Halbert, G. 3/6/99	800 Evans, 10/30/99	2205 Urchick, P. 2/28/99
3 900 Simmons, L. 11/21/99	661 Blakley, J.M. 10/9/99	800 Lavitola, N. 11/21/99	2175 Lavitola, N. 11/21/99
4 881 Muratori, D. 7/11/99	650 Smith, S. 4/18/99	785 Cahill, J. 7/17/99	2100 Simmons, L. 6/26/99
5 850 Lavitola, N. 11/21/99	640 Zemmin, J. 6/27/99	760 Owens, E. 10/2/99	2088 Muratori, D. 7/11/99
6 835 Centano, B. 7/24/99	625 Walsh, R. 4/25/99	755 Urchick, P. 2/28/99	2060 Davis, A. 11/7/99
7 820 Reitter, G. 11/21/99	617 Taylor, C. 7/11/99	750 Holmes, C. 1/30/99	2020 Reitter, G. 11/21/99
8 820 Green, J. 11/21/99	605 Buechlein, G. 9/25/99	749 Howard, K. 7/17/99	2015 Young, C. 8/25/99
9 815 Douglas, J. 7/17/99	600 Brownfield, K. 7/10/99	744 Arizumi, B. 7/3/99	2000 Taylor, C. 7/11/99
10 793 Smith, S. 7/25/99	584 Birgado, L. 11/7/99	733 Smith, S. 7/25/99	2000 Stewart, K. 8/28/99
11 785 Young, C. 8/29/99	580 Klpp, D. 5/9/99	730 Seeker, C. 1/17/99	1989 Douglas, J. 7/17/99
12 780 Clark, E. 11/21/99	580 Simmons, L. 6/26/99	710 Wilson, R. 7/17/99	1985 Owens, E. 10/2/99
13 775 Stewart, K. 4/25/99	580 Davis, A. 11/7/99	730 Littlejohn, F. 10/24/99	1945 Jacobs, J. 4/11/99
14 760 Susco, P. 2/20/99	573 Coan, E. 7/25/99	730 Davis, A. 11/7/99	1945 Green, J. 11/21/99
15 760 Hoffman, J. 2/28/99	573 Wakaluwa, F. 11/7/99	727 Cain, S. 7/17/99	1944 Bruner, T. 3/20/99
16 760 McFerren, T. 9/25/99	570 Ferebee, B. 1/23/99	725 Dricoll, C. 7/31/99	1940 Croner, W. 2/7/99
17 755 Graham, J. 5/23/99	567 Brown, E. 6/20/99	725 Stewart K. 8/28/99	1920 Seeker, C. 1/17/99
18 751 Bruner, T. 3/20/99	562 McShane, S. 11/7/99	722 Bruner, T. 3/20/99	1900 Centano, B. 7/24/99
19 750 Davis, A. 11/7/99	560 Nichols, M. 4/24/99	720 Lorentz, P. 1/23/99	1896 Hoffman, J. 2/28/99
20 745 Weston, B. 9/26/99	557 Kitan, R. 9/25/99	715 Ballard, D. 4/25/99	1895 Susco, P. 2/20/99
21 745 Hawkins, M. 11/21/99	552 Croesen, W. 5/23/99	711 Muratori, D. 7/11/99	1890 Rerucha..6/13/99
22 744 Gorrell, J. 3/14/99	551 Beaudoin, S. 5/23/99	710 Simmons, L. 2/28/99	1884 Gonzalez, D. 7/17/99
23 740 Jacobs, J. 4/11/99	550 Vellake, T. 6/19/99	710 Campbell, I. 4/24/99	1875 Clark, E. 11/21/99
24 740 Hampton, S. 4/11/99	550 Stewart, K. 8/28/99	710 Young, C. 8/29/99	1870 Zemmin, J. 2/27/99
25 740 Ruquet, E. 11/21/99	550 Coulter, M. 11/20/99	710 Donati, R. 10/10/99	1870 Zemmin, J. 2/27/99
26 740 Rooney, J. 11/21/99	550 Reitter, G. 11/21/99	705 Croner, W. 2/7/99	1857 Hester, B. 11/6/99
27 738 Croner, W. 2/7/99	550 Fields, B. 11/21/99	705 Susco, P. 2/20/99	1851 Crowder, G. 10/31/99
28 738 Garcia, J. 3/7/99	545 Doan, D. 5/2/99	705 Jackson, P. 2/28/99	1850 Evans..10/30/99
29 738 Garcia, L. 5/23/99	545 Donati, R. 9/19/99	705 Beatty, J. 3/20/99	1846 Cahill, J. 7/17/99
30 738 Hester, B. 11/6/99	545 Thompson, A. 11/21/99	705 Capello, J. 3/28/99	1846 Cain, S. 7/17/99
31 733 Fortin, D. 9/19/99	540 Lealifano, G. 8/21/99	705 Douglas, J. 7/17/99	1846 Story, P. 11/6/99
32 733 Garcia, C. 11/6/99	530 Laskin, E. 2/6/99	705 Crowder, G. 10/31/99	1835 D'lorio, M. 3/14/99
33 730 Pincock, S. 12/18/99	530 Urchick, P. 2/28/99	700 D'lorio, M. 3/14/99	1835 Blankley, M. 3/20/99
34 725 Bailey, D. 2/28/99	530 Cioe, M. 3/7/99	700 Robinson, D. 3/20/99	1835 Hampton, S. 4/11/99
35 725 Owens, E. 10/2/99	530 Jacobs, J. 6/12/99	700 St. Laurent, S. 4/10/99	1835 Wilson, R. 7/17/99
36 725 Kroczaewski, M. 10/2/99	530 O'Neil, J. 6/27/99	700 Hogan, G. 4/11/99	1835 Littlejohn, F. 10/24/99
37 725 bade, S. 10/30/99	530 Beckwith, S. 11/6/99	700 Auxer, R. 1/22/00	1830 Stiegel, S. 11/20/99
38 725 Stiegel, S. 11/20/99	529 Meeks, D. 9/19/99	699 Barclay, B. 5/29/99	1824 Gorrell, J. 3/14/99
39 725 Smith, K. 11/21/99	529 Ahlo, S. 11/7/99	696 Davis, R. 7/10/99	1824 Smith, S. 7/11/99
40 725 McIntosh, D. 11/21/99	525 Alsteen, C. 1/30/99	690 Riffle, D. 7/18/99	1820 Lorentz, P. 1/23/99
41 725 Clausen, T. 11/21/99	525 Gibbons, K. 9/18/99	690 Peterson, F. 7/18/99	1815 King, B. 8/29/99
42 722 Gonzalez, D. 7/17/99	525 Mayer, K. 10/9/99	688 Rerucha..6/13/99	1813 Garcia, J. 3/7/99
43 715 D'lorio, M. 3/14/99	525 Lavitola, N. 11/21/99	688 Taylor, C. 9/9/99	1813 Fortin, D. 9/19/99
44 715 Johnson, A. 9/26/99	523 Weiss, B. 3/7/99	688 Camlin, M. 11/7/99	1810 Kroczaewski, M. 10/2/99
45 715 Gerhardt, J. 11/6/99	523 Gallagher, C. 11/7/99	685 Green, J. 2/28/99	1810 Dejammet, D. 12/4/99
46 711 Smith, S. 7/11/99	520 Seeker, C. 1/17/99	680 Edelein, M. 1/23/99	1807 Barclay, B. 5/29/99
47 710 Zemmin, J. 2/27/99	520 Coventry, M. 1/17/99	680 Saltschneider, B. 4/24/99	1800 Ferebee, B. 3/21/99
48 710 Roehsch, T. 7/24/99	520 Fishcer, D. 4/10/99	680 Turner, G. 6/12/99	1800 Ruquet, E. 11/21/99
49 710 Thorbahn, P. 10/24/99	520 Reid, S. 5/2/99	677 Darrah, M. 5/22/99	1801 Villeneuve, D. 7/17/99
50 710 Rerucha..11/21/99	520 Ota, M. 6/27/99	677 Denison, S. 10/2/99	1785 Roesch, T. 7/24/99
51 705 Jackson, K. 1/9/99	520 Young, C. 8/29/99	675 Hampton, S. 4/11/99	1780 Floyd, T. 4/11/99
52 705 Bower, S. 5/1/99	520 Arnold, J. 10/9/99	675 Centano, B. 7/24/99	1780 Johnson, P. 7/17/99
53 705 Taylor, C. 7/11/99	520 Holmes, L. 11/13/99	675 Trowel, J. 11/13/99	1779 Siders, B. 4/25/99
54 700 McCandless, D. 1/17/99	520 Miller, J. 12/18/99	675 Dejammet, D. 12/4/99	1775 Weston, B. 9/26/99
55 700 Peterson. 4/24/99	520 Hicks, A. 1/15/00	675 Dejammet, D. 12/4/99	1774 Defoor, J. 7/17/99
56 700 King, B. 8/29/99	518 Blankley, M. 3/20/99	672 Blankley, M. 3/20/99	1770 Ballard, D. 4/25/99
57 700 Davidson, D. 10/23/99	518 Black, D. 5/23/99	672 Anquish, D. 6/6/99	1768 Graham, J. 5/23/99
58 694 Murphy, J. 3/28/99	518 Golden, R. 6/20/99	672 Gonzales, D. 7/17/99	1765 Earnest, T. 1/16/99
59 685 Turner, J. 6/26/99	518 Floyd, T. 9/19/99	672 Story, P. 11/6/99	1765 Rooney, J. 11/21/99
60 685 Littlejohn, F. 10/24/99	515 Robert..3/27/99	672 Allison, J. 11/21/99	1765 Smith, K. 11/21/99
61 683 Boyle, B. 4/11/99	515 Feehan..11/21/99	670 Norris, R. 2/6/99	1763 Tatum, D. 3/20/99
62 683 Crowder, G. 10/31/99	512 Siders, B. 4/25/99	670 Cass, B. 3/20/99	1757 Capello, J. 3/28/99
63 683 Mistrick, L. 11/6/99	512 Johnson, K. 6/6/99	668 Glover, R. 6/12/99	1752 Bower, S. 5/1/99
64 680 Fecteau, R. 11/20/99	512 Wright..7/10/99	666 Thumser, M. 5/8/99	1752 Pastorello, A. 12/4/99
65 677 Heldman, R. 6/6/99	512 Dunham, B. 11/21/99	666 Villeneuve, D. 7/17/99	1750 Peterson..4/24/99
66 677 Villeneuve, D. 7/17/99	510 Wendling, M. 2/27/99	665 Earnest, T. 1/16/99	1750 Gerhardt, J. 11/6/99
67 677 Johnson P. 7/17/99	510 Kelly, B. 3/21/99	665 Stiegel, S. 11/20/99	1750 Coulter, M. 11/20/99
68 675 McFarland, M. 1/17/99	510 Walker, D. 10/24/99	661 Bower, S. 5/1/99	1746 Golden, R. 6/20/99
69 675 Lorentz, P. 1/23/99	510 Clark, E. 11/21/99	661 Mazmanian, J. 5/23/99	1741 Howard, K. 7/17/99
70 675 Almy, K. 3/27/99	510 Lade, S. 1/22/00	661 Hill, S. 12/5/99	1741 Edelstein, M. 7/17/99
71 675 Rozinski, T. 4/24/99	509 Green, P. 4/18/99	660 Fonio, 4/25/99	1740 Darrah, M. 3/21/99
72 675 Wilson, R. 7/17/99	508 Kramer, S. 4/18/99	660 Beauchamp, C. 5/22/99	1740 Fonio..4/25/99
73 675 Seeker, C. 9/12/99	507 Lancaster, R. 1/30/99	660 Roesch, T. 7/24/99	1736 Garcia, L. 5/23/99
74 675 Zimmerman..11/21/99	505 Powell, S. 1/17/99	660 Kroczaewski, M. 10/2/99	1735 Davidson, D. 10/23/99
75 672 Corum, S. 4/10/99	505 Hildebrand, R. 1/23/99	660 Davidson, D. 10/23/99	1735 Pincock, S. 12/18/99
76 672 Sample, L. 5/23/99	505 Cromer, T. 2/28/99	655 Spaeni, G. 3/21/99	1730 McCandless, D. 1/17/99
77 672 Cain, S. 7/17/99	505 Edmondson, G. 5/23/99	655 Fortin, D. 5/2/99	1730 Jackson, P. 2/28/99
78 672 Story, P. 11/6/99	505 Caldwell, S. 11/20/99	655 Garcia, L. 5/23/99	1725 Cass, B. 3/20/99
79 670 Ballard, D. 4/25/99	501 Foeter, S. 3/20/99	655 Freeman, F. 10/30/99	1725 McCartney, J. 5/22/99
80 670 Grasso, D. 9/26/99	501 Bianchi, J. 5/16/99	650 Hoffman, J. 2/28/99	1725 McIntosh, D. 11/21/99
81 670 Hendrix, R. 11/20/99	501 Zupko..6/13/99	650 Tatum, D. 3/20/99	1725 Clausen, T. 11/21/99
82 665 McCartney, J. 5/22/99	501 McCoy, R. 6/20/99	650 Floyd, T. 4/11/99	1720 McFarland, M. 1/17/99
83 665 Smith, R. 10/30/99	501 Muratori, D. 11/21/99	650 Bradley, W. 5/1/99	1720 Robinson, D. 10/24/99
84 661 Barclay, B. 5/29/99	501 McDonald, S. 8/8/99	650 McCartney, J. 5/22/99	1719 Boyle, B. 4/11/99
85 661 Andrich, P. 8/21/99	501 Pierce, R. 10/31/99	650 Currie, C. 6/20/99	1710 Whittle, D. 6/19/99
86 661 Schade, T. 12/4/99	501 Story, P. 11/6/99	650 Brown, S. 6/27/99	1710 Thompson, J. 9/9/99
87 660 Kristoff, T. 6/27/99	500 Arterburn, T. 3/27/99	650 Defoor, J. 7/17/99	1708 Sample, L. 5/23/99
88 660 Angle, L. 8/29/99	500 Bayles, J. 3/27/99	650 Padgett, R. 7/18/99	1708 Hirsch, J. 12/5/99
89 660 McDaniel, S. 11/20/99	500 Kyle, B. 3/27/99	650 Sker, D. 8/7/99	1705 Jackson, K. 1/9/99
90 660 Dejammet, D. 12/4/99	500 Smith, S. 4/24/99	650 Carter, J. 9/11/99	1705 Burrese, R. 2/28/99
91 655 Darrah, M. 3/21/99	500 Leventry, M. 5/11/99	650 Leblanc, E. 9/26/99	1703 Zupko..6/13/99
92 655 Capello, J. 3/28/99	500 King, B. 8/29/99	650 Corum, S. 10/9/99	1702 Mistrick, L. 11/6/99
93 655 Salschneider, B. 4/24/99	500 Owens, E. 10/2/99	650 Hinton, E. 10/26/99	1702 Bianchi, J. 11/14/99
94 655 Golden, R. 6/20/99	496 Cromer, W. 2/7/99	650 Reitter, G. 11/21/99	1700 Budenski, M. 1/23/99
95 655 Cahill, J. 7/17/99	496 Rerucha..6/13/99	650 McComas, W. 12/11/99	1700 Salschneider, B. 4/24/99
96 655 Culppeper, D. 10/31/99	495 Larsen, A. 10/9/99	650 Landry, S. 12/19/99	1700 McDaniel, S. 11/20/99
97 650 Earnest, T. 1/16/99	490 Elmore, S. 2/6/99	645 Kingeter, J. 6/12/99	1700 Auxer, R. 1/22/00
98 650 Burrese, R. 2/28/99	490 Johnson, P. 2/28/99	645 Furtado, 9/25/99	1698 Kingeter, J. 6/12/99
99 650 Tatum, D. 3/20/99	490 Russell, R. 3/27/99	645 Lopez, R. 10/30/99	1697 Schade, T. 12/4/99
100 650 Cass, B. 3/20/99	490 Ely, B. 4/10/99	644 Harper, R. 2/28/99	1691 Denison, S. 10/2/99