

Day 22 Thanksgiving

Starting Point:

Find out more about Thanksgiving here.

<http://en.wikipedia.org/wiki/Thanksgiving>

Quote:

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow. Melody Beattie

Bible verse:

Let us come before him with thanksgiving and extol him with music and song. Psalm 95:2

Inspiration:

Song video: http://www.youtube.com/watch?v=3y5_obQsN6g

Technique Challenge:

Find a way to add texture to your journal page.

http://blog.paperartsy.co.uk/2009_11_01_archive.html

Or try texture stamping with gesso

Put gesso onto your page and press a clean rubber stamp into it. Clean the stamp immediately.

or

Lightly smear gesso onto a rubber stamp and press it on to your page. Clean the stamp immediately.

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