

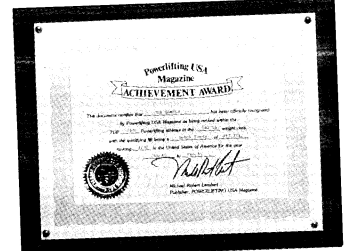
# POWERLIFTING USA MAGAZINE

123 lb./56 kg.

## TOP 100

for USA lifters competing  
October 1990 to September 1991

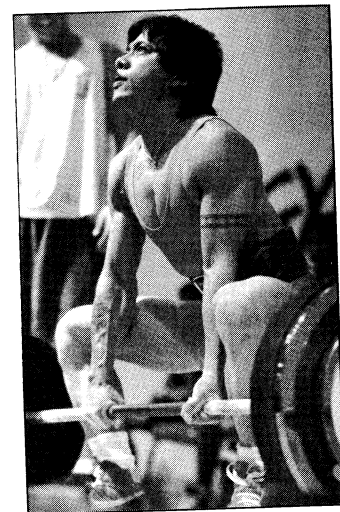
### PL USA TOP 100 Achievement Awards



Powerlifting USA TOP 100 Achievement Certificates are printed in Red and Gold ink on exquisite paper, embossed with the gold seal of Powerlifting USA Magazine, and signed by Mike Lambert. They specify your name, TOP 20, 50, or 100 ranking division, weight class, and actual numerical ranking in your class. The price for this documentation of your achievements is \$5. We also offer a wood grain plaque with a clear cover, ready to hang. The certificate and display plaque are available together for \$18.95. If you have appeared on a TOP 100 list, you are eligible. Send your name, street address, weight class, lift, date it was made, the amount of weight, and the list that your name appeared on. Send \$5 per certificate or \$18.95 for certificate and deluxe mounting plaque, payable to Powerlifting USA, Box 467, Camarillo, CA 93011. CA residents add 6% sales tax.

### NEXT MONTH...TOP 132s

**Corrections:** Richard Sorin's deadlift of 675 was not reflected on the TOP 100 275 lb. class listing. Art Coumoyer should have been credited with a WPA world record 265 in the bench in the results of the Jack's Iron Den Open Bench Press meet. Mike Mack's squat of 675, deadlift of 630, and total of 1725 were not on the TOP 100 SHW listing. Randy Patterson's squat of 881 was not listed on the TOP 100 SHW list, nor was Jeff Zedeker's deadlift of 606 lbs. Send corrections you find to any of our ranking lists to "ERRORS", Box 467, Camarillo, California 93011.



Lambert Villatoria of Hawaii is ranked in all categories on this month's TOP 100 listing for the 123 lb. class

### SQUAT

- 1 507 Pattaway, D...5/31/91
- 2 468 Hartman, M...7/13/91
- 3 451 Ramsey, D...6/22/91
- 4 450 Kendrick, ...12/1/90
- 5 445 Baker, G...5/19/91
- 6 440 Jenkins, B...10/20/90
- 7 435 Garcia, H...12/1/90
- 8 430 Brownstein, E...11/10/90
- 9 429 Clemens, K...4/20/91
- 10 429 Carter, J...5/25/91
- 11 424 Taylor, T...7/26/91
- 12 418 Miller, B...6/22/91
- 13 418 Fielder, C...9/4/91
- 14 413 Mays, ...4/20/91
- 15 413 Higgins, F...6/22/91
- 16 405 Bullock, C...2/16/91
- 17 402 Shrader, J...3/23/91
- 18 402 Bel, E...3/23/91
- 19 402 Villatoria, L...4/7/91
- 20 400 Smith, G...12/1/90
- 21 400 Dahstrom, K...2/23/91
- 22 396 Ganigan, D...4/7/91
- 23 385 Cordero, J...12/1/90
- 24 385 Burris, R...2/24/91
- 25 385 Moore, ...2/28/91
- 26 385 Weiss, D...6/22/91
- 27 385 Graffam, C...2/26/91
- 28 380 Bolden, L...2/9/91
- 29 380 Duval, D...4/20/91
- 30 374 Ho, N...3/2/91
- 31 370 Lord, S...5/4/91
- 32 369 Brocius, W...10/12/90
- 33 365 Snell, K...3/30/91
- 34 365 Bowman, R...3/30/91
- 35 365 Holliman, S...5/11/91
- 36 363 Gonzales, V...2/24/91
- 37 363 Arzu, C...3/16/91
- 38 363 Kagan, R...4/27/91
- 39 360 Sano, S...4/27/91
- 40 360 Mendez, A...6/15/91
- 41 358 Anderson, R...5/18/91
- 42 355 Nguyen, V...2/9/91
- 43 355 Herrera, D...2/16/91
- 44 355 Bozzelli, B...3/30/91
- 45 355 Chrisco, J...9/21/91
- 46 352 Terry, E...10/6/90
- 47 352 Gray, ...4/20/91
- 48 350 Sanchez, J...12/15/90
- 49 350 Kruezer, A...3/9/91
- 50 350 Stisser, A...4/27/91
- 51 350 Kim, C...5/11/91
- 52 350 Chick, ...6/91
- 53 350 Jenkins, T...6/91
- 54 347 Moore, D...10/13/90
- 55 347 Walker, V...11/17/90
- 56 347 Finley, K...3/23/91
- 57 345 Loebel, D...2/16/91
- 58 341 Weisberger, A...11/17/90
- 59 341 Dyer, P...12/8/90
- 60 341 Aulridge, R...2/28/91
- 61 340 Kennedy, C...10/6/90
- 62 340 Nguyen, H...3/30/91
- 63 340 Sevastos, L...4/6/91
- 64 340 Jones, K...4/6/91
- 65 340 Wider, M...5/25/91
- 66 340 Ing, B...8/17/91
- 67 340 Balanga, C...8/24/91
- 68 337 Cantu, L...4/6/91
- 69 336 Richman, M...3/16/91
- 70 336 Middleton, P...4/20/91
- 71 336 Caston, ...4/27/91
- 72 335 Jackson, M...2/9/91
- 73 335 Avila, J...2/16/91
- 74 335 Lamont, B...4/27/91
- 75 335 Drewrey, L...6/8/91
- 76 330 Dier, J...3/16/91
- 77 330 Schillinger, S...5/4/91
- 78 330 Schlegel, B...5/4/91
- 79 330 Kenny, A...5/11/91
- 80 325 Viler, B...12/1/90
- 81 325 Meyer, M...12/1/90
- 82 325 Rahman, D...2/9/91
- 83 325 Gennaro, ...2/28/91
- 84 325 Raney, ...2/28/91
- 85 325 Richards, W...4/6/91
- 86 325 Green, B...4/27/91
- 87 325 Denmon, ...5/11/91
- 88 320 Schwartzkopf, M...1/19/91
- 89 320 Cross, M...9/21/91
- 90 319 Schneidmill, A...10/27/91
- 91 319 Sherin, M...4/6/91
- 92 319 Barriga, ...6/22/91
- 93 315 LaFave, D...12/8/90
- 94 315 Paoli, J...12/29/90
- 95 315 Nockerts, Q...3/9/91
- 96 315 Livingston, M...4/27/91
- 97 315 Howerin, J...5/11/91
- 98 314 Hack, R...4/6/91
- 99 310 Sanchez, R...3/2/91
- 100 310 Hearn, D...4/27/91

### BENCH

- 1 370 Couch, R...3/17/91
- 2 310 Olson, T...6/22/91
- 3 303 Murillo, G...3/17/91
- 297 Fielder, ...12/1/90
- 297 Higgins, F...6/22/91
- 290 Miller, B...2/3/91
- 286 Cheatham, M...5/11/91
- 285 Chick, ...6/91
- 281 Coronado, D...10/20/90
- 281 Ganigan, D...4/7/91
- 280 Caston, ...4/20/91
- 275 Ford, T...3/23/91
- 275 Ramsey, D...6/22/91
- 270 Kim, C...12/1/90
- 265 Ford, T...2/3/91
- 265 Baker, G...2/16/91
- 265 Artiga, E...2/23/91
- 265 Sevastos, L...4/6/91
- 265 Knight, C...9/1/91
- 264 Mann, L...10/27/90
- 264 Weiss, D...3/23/91
- 264 Taylor, T...7/26/91
- 260 Fiore, D...10/14/90
- 260 Jenkins, B...12/1/90
- 260 Garvey, F...4/7/91
- 259 Manzo, P...12/1/90
- 259 Kagan, R...2/28/91
- 255 Sanchez, J...12/15/90
- 255 Tapp, R...3/9/91
- 255 Snell, K...3/30/91
- 253 Terry, E...10/6/90
- 253 Ruppel, R...11/3/90
- 253 Ho, N...3/2/91
- 253 Bel, E...3/23/91
- 250 Orsoco, L...2/23/91
- 250 Grillo, D...4/14/91
- 250 Cartier, C...4/20/91
- 250 Blose, J...4/27/91
- 250 Jenkins, T...6/91
- 250 Pretencek, S...8/4/91
- 250 Wiles, K...8/10/91
- 248 Moore, D...10/13/90
- 248 Farling, D...10/20/90
- 248 Shrader, J...3/23/91
- 248 Tran, T...7/27/91
- 245 Benson, L...11/10/90
- 245 Gabriel, J...2/9/91
- 245 Weinstein, P...3/9/91
- 245 Duval, D...4/20/91
- 245 Stisser, A...4/27/91
- 245 Balanga, C...8/24/91
- 245 Peak, B...8/24/91
- 242 Hartman, M...7/13/91
- 240 Brownstein, E...11/10/90
- 240 Garcia, H...12/1/90
- 240 Waskiewicz, B...2/2/91
- 240 Dahstrom, K...2/23/91
- 240 McDougall, M...3/23/91
- 240 Bozzelli, B...3/30/91
- 240 Freiter, R...4/7/91
- 240 Griffith, B...4/7/91
- 240 Mendez, A...6/15/91
- 240 Morgan, B...7/20/91
- 240 Brucker, W...8/3/91
- 240 Spellman, B...8/4/91
- 236 Coronado, P...11/10/90
- 236 Moore, ...2/28/91
- 236 Pattaway, D...5/31/91
- 235 Wright, C...11/3/90
- 235 Jackson, M...2/9/91
- 235 Kruezer, A...3/9/91
- 235 Craig, J...4/27/91
- 235 Mason, T...7/28/91
- 231 Vilner, B...12/1/90
- 231 Stern, J...1/19/91
- 231 Clemens, K...4/20/91
- 230 Woo, P...7/27/91
- 225 Thomas, M...10/20/90
- 225 Villatoria, L...11/10/90
- 225 Nguyen, P...2/23/91
- 225 Ramos, J...3/2/91
- 225 Anderson, R...3/9/91
- 225 Arzu, C...3/16/91
- 225 Finley, K...3/23/91
- 225 Matera, J...3/23/91
- 225 Gibson, G...7/14/91
- 225 Gibson, M...7/20/91
- 220 Thomas, J...12/29/90
- 220 Washington, H...2/23/91
- 220 Gonzales, V...2/24/91
- 220 Aulridge, R...2/28/91
- 220 Padova, C...3/2/91
- 220 Estes, S...3/9/91
- 220 Suzuki, P...4/7/91
- 220 Beveridge, D...4/13/91
- 220 Mays, ...4/20/91
- 220 Ing, B...8/17/91
- 215 Haber, J...11/10/90
- 215 Nguyen, V...2/9/91
- 215 Cargado, J...3/16/91

### DEADLIFT

- 545 Pattaway, D...5/31/91
- 518 Taylor, T...7/26/91
- 484 Fielder, C...9/4/91
- 473 Bolden, L...2/9/91
- 468 Mays, ...4/20/91
- 468 Hartman, M...7/13/91
- 452 Kim, C...3/1/91
- 451 Weiss, D...6/22/91
- 451 Snell, K...8/17/91
- 451 Madigan, M...8/17/91
- 450 Kendrick, ...12/1/90
- 445 Baker, G...2/16/91
- 441 Someda, D...10/13/90
- 440 Cross, M...10/27/90
- 440 Shrader, J...3/23/91
- 440 Ramer, D...6/22/91
- 435 Garcia, H...12/1/90
- 425 Cordero, J...10/20/90
- 425 Mendez, A...6/15/91
- 424 Higgins, F...2/24/91
- 424 Burris, R...2/24/91
- 424 Trujillo, R...4/6/91
- 418 Walker, V...11/17/90
- 418 Finley, K...3/23/91
- 418 Carter, J...5/25/91
- 418 Graffam, C...6/24/91
- 415 Brownstein, E...11/10/90
- 413 Gennaro, ...2/28/91
- 413 Arzu, C...3/16/91
- 410 Bullock, C...2/16/91
- 407 Hearn, D...5/25/91
- 405 Villatoria, L...11/10/90
- 405 Cordero, J...12/1/90
- 405 Jenkins, T...3/9/91
- 405 Sano, S...4/27/91
- 405 Bowman, R...9/28/91
- 402 Vilner, B...12/1/90
- 402 Medlin, S...2/28/91
- 402 Green, B...4/27/91
- 402 Schillinger, S...5/4/91
- 402 Miller, B...6/22/91
- 402 Clemens, K...9/21/91
- 400 Stisser, A...12/1/90
- 400 Chick, ...6/91
- 396 Gonzales, V...2/24/91
- 396 Ho, N...3/2/91
- 395 Nguyen, V...2/9/91
- 395 Schlegel, B...4/13/91
- 391 Moore, D...10/13/90
- 390 Jenkins, B...12/1/90
- 390 Duval, D...4/20/91
- 390 Aulridge, R...9/21/91
- 385 Terry, E...10/6/90
- 385 Bozzelli, B...3/30/91
- 380 Sanchez, J...12/15/90
- 380 Estes, S...3/9/91
- 380 Hinman, A...4/6/91
- 380 Wider, M...5/25/91
- 375 Cheatham, M...12/1/90
- 375 Meyer, M...12/1/90
- 375 Loebel, D...2/16/91
- 375 Vezina, G...3/30/91
- 375 Beveridge, D...4/13/91
- 375 Hollimon, S...5/11/91
- 375 More, A...5/11/91
- 375 Ceja, ...6/91
- 374 Ellard, L...11/3/90
- 374 Moore, ...2/28/91
- 374 Kagan, R...2/28/91
- 374 Dier, J...3/16/91
- 374 Meskew, K...3/16/91
- 370 Lamont, B...4/27/91
- 369 Beil, E...3/23/91
- 369 Ganigan, D...4/7/91
- 369 Barriga, ...6/22/91
- 369 Marchese, R...8/17/91
- 365 Herrera, D...2/16/91
- 365 Kruezer, A...3/9/91
- 365 Balanga, C...8/24/91
- 363 Dyer, P...12/8/90
- 363 Raney, ...2/28/91
- 363 Monroe, ...4/20/91
- 363 Weisberger, A...7/26/91
- 363 Henry, C...7/26/91
- 363 Gibson, G...8/17/91
- 360 Kennedy, C...10/6/90
- 360 Lopez, M...3/2/91
- 360 Jones, K...4/6/91
- 360 Drewrey, L...6/8/91
- 360 Strickland, ...6/91
- 358 Caston, ...2/28/91
- 358 Suzuki, P...4/7/91
- 358 Middleton, P...4/20/91
- 355 Paoli, J...12/29/90
- 355 Sellers, D...2/2/91
- 355 Rahman, D...2/9/91
- 355 Sevastos, L...4/6/91
- 355 Livingston, M...4/27/91
- 355 Howerin, J...5/11/91
- 352 Ing, B...12/1/90

### TOTAL

- 1289 Pattaway, D...5/31/91
- 1207 Taylor, T...7/26/91
- 1190 Fielder, C...9/4/91
- 1179 Hartman, M...7/13/91
- 1168 Ramsey, D...6/22/91
- 1155 Baker, G...5/19/91
- 1118 Higgins, F...2/24/91
- 1110 Garcia, H...12/1/90
- 1102 Mays, ...4/20/91
- 1102 Weiss, D...6/22/91
- 1096 Miller, B...6/22/91
- 1091 Shrader, J...3/23/91
- 1085 Brownstein, E...11/10/90
- 1075 Kendrick, ...12/1/90
- 1070 Snell, K...3/30/91
- 1070 Kim, C...5/11/91
- 1065 Jenkins, B...10/20/90
- 1063 Clemens, K...9/21/91
- 1041 Ganigan, D...4/7/91
- 1035 Chick, ...6/91
- 1030 Carter, J...4/27/91
- 1025 Ho, N...3/2/91
- 1025 Beil, E...3/23/91
- 1025 Mendez, A...6/15/91
- 1019 Villatoria, L...4/7/91
- 1015 Duval, D...4/20/91
- 1003 Burris, R...2/24/91
- 1003 Arzu, C...3/16/91
- 997 Bolden, L...2/9/91
- 997 Moore, ...2/28/91
- 995 Stisser, A...4/27/91
- 995 Bullock, C...2/16/91
- 992 Terry, E...10/6/90
- 992 Moore, ...3/23/91
- 986 Moore, D...10/13/90
- 982 Finley, K...3/23/91
- 985 Sanchez, J...12/15/90
- 985 Dahstrom, K...2/23/91
- 981 Gonzales, V...2/24/91
- 981 Graffam, C...7/26/91
- 980 Cordero, J...12/1/90
- 980 Bozzelli, B...3/30/91
- 970 Walker, V...11/17/90
- 970 Jenkins, T...3/9/91
- 965 Nguyen, V...2/9/91
- 965 Sano, S...4/27/91
- 960 Sevastos, L...4/6/91
- 959 Vilner, B...12/1/90
- 955 Bowman, R...3/30/91
- 953 Caston, ...4/27/91
- 950 Cross, M...10/27/91
- 950 Kruezer, A...3/9/91
- 950 Balanga, C...8/24/91
- 942 Aulridge, R...2/28/91
- 942 Kagan, R...4/27/91
- 931 Gennaro, ...2/28/91
- 920 Cheatham, M...12/1/90
- 920 Schillinger, S...5/4/91
- 915 Loebel, D...2/16/91
- 914 Medlin, S...2/28/91
- 914 Dier, J...3/16/91
- 914 Trujillo, R...4/6/91
- 910 Jackson, M...2/9/91
- 910 Lord, S...5/4/91
- 910 Hollimon, S...5/11/91
- 903 Brocius, W...10/12/90
- 903 Ing, B...12/1/90
- 903 Raney, ...2/28/91
- 903 Meyer, M...3/16/91
- 900 Wiler, M...5/25/91
- 895 Kennedy, C...10/6/90
- 895 Herrera, D...2/16/91
- 895 Hearn, D...4/27/91
- 895 Lamont, B...4/27/91
- 895 Chrisco, J...9/21/91
- 892 Weisberger, A...11/17/90
- 892 Anderson, R...5/18/91
- 890 Jones, K...4/6/91
- 890 Schlegel, B...5/4/91
- 887 Dyer, P...12/8/90
- 881 Middleton, P...4/20/91
- 881 Green, B...4/27/91
- 881 Howerin, J...5/11/91
- 880 Drewrey, L...6/8/91
- 875 Rahman, D...2/9/91
- 870 Paoli, J...12/29/90
- 870 McDougall, M...3/2/91
- 870 Nguyen, H...3/30/91
- 870 Barriga, ...4/20/91
- 870 Gibson, G...4/27/91
- 865 Richman, M...3/16/91
- 865 Craig, J...4/27/91
- 865 Ceja, ...6/91
- 859 Suzuki, P...4/7/91
- 859 Gray, ...4/20/91
- 850 Tapp, R...3/9/91
- 850 More, A...5/11/91
- 843 Cantu, L...4/6/91
- 840 Vezina, G...3/30/91
- 835 Livingston, M...4/27/91
- 832 Hinman, A...4/6/91